

High School Guidance News

Thursday, May 22, 2025

Contact: Chrissy Kafkalas - kafkalac@jtowndrakes.org

Guidance Website: <https://sites.google.com/a/jtowndrakes.org/jenkintown-hs-guidance/>

To view this online —> [HERE](#).

Important Guidance Dates for next year - Mark Your Calendars!

- ★ **August 19 & 28, 2025: College Boot Camp for rising Seniors ([REGISTER TODAY](#))** - Students chose one of two dates to attend (*Students must be signed into their jtowndrakes account to register for the event*)
- ★ **October 15, 2025: PSAT for 10th and 11th Grade** (given during the school day)
- ★ **October 15, 2025: Financial Aid Night for Senior Parents** - 6:30pm (This will be a virtual event)
- ★ **October 16 & 17, 2025: Graduation Project Presentations for Seniors** (Seniors should be working on their community Service this summer!!!!!!)
- ★ **November 12, 2025: EASTERN Presentation to 10th Grade Class** (given during the school day)
- ★ **December 11, 2025: EASTERN Field Trip** (11:30am to 2:45pm)

CHROMEBOOK RETURN INFORMATION - IMPORTANT

Chromebook Return Time —> SENIORS - Wednesday June 11 - 9:00 - 10:00 AM (Prior to Awards Assembly) - Location: Community Room

Chromebook Return Time —> 9-11th Grade - Monday June 16 - 8:00 - 11:30 AM (after Math exam finishes) - Location: Community Room

SENIOR NEWS

AP Scores will be available starting July 7th on the [student AP scores website](#).

SENIORS! Are you going to plan a DI or DII Sport in College? Don't forget to Request your Final Amateurism. Student-athletes enrolling this fall must request their final amateurism certification. *Note:* This certification is required before your student can participate with their college team.

<https://www.ncaa.org/sports/2021/2/8/student-athletes-future.aspx>

Chromebook Return Time —> SENIORS - Wednesday June 11 - 9:00 - 10:00 AM (Prior to Awards Assembly) - Location: Community Room

JUNIOR NEWS

Chromebook Return Time —> JUNIORS - Monday June 16 - 8:00 - 11:30 AM (after Math exam finishes) - Location: Community Room

Register NOW for the August or September 2025 SAT:

Registration is NOW OPEN!!! **Space is limited ----> Register today HERE!!**

Remember - students already have college board accounts - no one should be creating a NEW account! *If a student doesn't remember their username or password have them first try logging in or doing a password reset using their Jtowndrakes email address.*

Test Dates	Registration Deadlines	Late Registration Deadlines
August 23, 2025	August 8, 2025	August 12, 2025
September 13, 2025 (New)	August 29, 2025	September 2, 2025
October 4, 2025	September 19, 2025	September 23, 2025
November 8, 2025	October 24, 2025	October 28, 2025
December 6, 2025	November 21, 2025	November 25, 2025
March 8, 2026	February 27, 2026	March 3, 2026
May 3, 2026	April 17, 2026	April 21, 2026
June 7, 2026	May 22, 2026	May 26, 2026

JUNIOR WORK SESSIONS

Tuesday, May 27 & Wednesday, May 28, 2025

~These sessions will be held during the day and are for students only~

Tuesday - May 27: Periods 1, 2, 3, 4

- ★ **Common Application Account Creation** - Ms. Geary/Ms. Kafkalas
- ★ **Financial Literacy** - Mr. Woz
- ★ **The College Essay Philosophy** - Mr. Mac
- ★ **Personal Statement Session #1** - Ms. Regan

Wednesday - May 28: Periods 1, 2, 3, 4

- ★ **Senior Panel to offer their advice to juniors on the College Admissions Process/Post-High School Plans** - Ms. Geary
- ★ **Junior/Senior Checklist/Common App Work Session** - Ms. Kafkalas
- ★ **College Admissions Insider** - Devon Miller - Arcadia University
- ★ **Personal Statement Session Session #2** - Ms. Regan

~COLLEGE BOOT CAMP~

Registration is NOW OPEN - SIGN UP TODAY! Register [HERE!!](#)

(Students must be signed into their jtowndrakes account to register for the event)

College Boot Camp for rising Seniors will be held on Tuesday, August 19, 2025 OR Thursday, August 28, 2025:

We will revisit how to use SCOIR for college applications, go over the Common Application, and more...

If you have a senior who will be applying to colleges, we highly encourage them to attend this workshop!

Students will be able to sign up for a DATE and TIME that works best for them:

- Tuesday, August 19th: 8am to 9:30am
- Tuesday, August 19th: 9:30am to 11am
- Tuesday, August 19th: 12noon to 1:30pm
- Thursday, August 28th: 8am to 9:30am
- Thursday, August 28th: 9:30am to 11am
- Thursday, August 28th: 12noon to 1:30pm

~GRADUATION PROJECT INFO~

The School District of Jenkintown requires a culminating graduation project. The strategic plan for the district requires implementation of a “hands-on, service-based learning requirement as a graduation requirement.” Therefore, all students are required to complete 30 hours* of community service and present their experience to a panel of judges during either their junior or senior year.

How many hours do I need to complete and what is the deadline?

- You need to complete 30 hours
- **MUST be completed by the START of your senior year.**
- Be prepared to turn in your log sheet in September of your Senior year **to Ms. Dewees.**

Graduation Project Site - [HERE](#)

Graduation Project Steps - [HERE](#)

Find Pre-Approved Sites - [HERE](#)

Keep a Service Log - [HERE](#)

Presentation Tips - [HERE](#)

7 Tips for Amazing College Visits

- [College Visit 101](#): Questions Students and Parents Should Ask During a College Visit
- [NACAC College Visit Checklists](#): Packet includes ---->Campus Diversity, Student Organizations & Support, Financial Aid, Academic Support, Campus Safety, Housing
- [Which College to Choose Checklist](#)
- [College Non-Negotiables Checklist and Self-Reflection](#)
- [How to get the MOST out of a College Fair checklist and questions](#)

REMINDER ~ COLLEGE PREPARATION CHECKLIST

Are you prepared for Senior Year? Are you considering applying to College?

Have you done the following? See the Junior/Senior Checklist [HERE](#).

1. [Transcript Release Form](#)
2. [Teacher Recommendation Forms](#) - please make sure to ask two teachers for recommendations
3. SCOIR Personal Bio/Activities/Achievements
4. Students must turn in a Resume in Guidance Google Classroom Class of 2026
5. Students must complete the Guidance Memo in Guidance Google Classroom Class of 2026
6. Parents/Guardians/Grandparents are encouraged to complete the [Brag Sheet](#)



*Social & Emotional
Learning is Lifelong...
Progress can start here!*

**Join Our
Upcoming
Summer
Programs!**

Emotion Explorers

Better Together : Building Friendships

Feelings First

Unplugged

Healthy Relationships

Summer Programs!

Feelings First



Eileen Black, M.A

5-7 years old

6 Weeks, \$300

Mondays 4:30PM-5:30PM

Through activities, peer interaction, and clinician-led discussions, participants will work on friendship-building, emotional awareness, regulation, and effective interpersonal communication to help gain confidence, connect with others, and develop crucial tools to use for life.

Better Together : Building Friendships



Eileen Black, M.A

8-11 years old

6 Weeks, \$300

Mondays 6:00PM - 7:00PM

Is your child smart but struggling to make friends? Help them thrive socially by building essential skills like communication, understanding social cues, developing empathy, and navigating everyday social situations with confidence.

Emotion Explorers



Juli Macgregor, M.S

6 Weeks, \$300

• 6-8 years old

**Thursdays 4:00-5:00 PM: June 19-
July 31**

This play-based therapeutic group helps children connect with their bodies and emotions in a safe space. Through creative activities and somatic tools, kids learn to identify and express feelings in healthy ways while building a personalized coping toolbox to use beyond the group.

Optional Parent Session for Emotion Explorers

One optional parent session for those interested for an additional \$50 to learn how to apply the skills taught in the group.

Healthy Relationships For Young Adults: Coming In July !



Janaeyah Reid, LSW

Weeks, Virtual, \$180

• 17+ years-old

Unplugged



Eileen Black, M.A

**\$50-\$75 (Depending on
number of children)**

5-8 years old

Tuesdays 10AM - 3:00pm

Schedule an hour of screen free therapeutic play. This is to support kids who need a tech break and can benefit from learning how to connect with others and play. Up to three kids per slot.

**Scan The QR Code
Below to Register!**



**If you have any questions, feel free to call us
at 215-657-4545.**