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Solo Analysis of Sprout, Mycelium-based Anomalous Entity:

Literature Review

Clinical Impressions and Recommendations

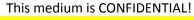
Jarvis Hardman, PhD CADC-II

Research Intern

Licensed Clinical Psychologist

Site-66 Research Department





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Introduction

This literature review examines two research documents authored by Tyrp Collins: "Sprout Questioning" and "Sprout - The Mycelium-based Entity". The aim of this literature review is to understand the psychological and behavioral nuances of the entity called "Sprout", including past and future implications of Sprout's interactions with humans or other biologicals. This literature review also provides discussion which explores potential research avenues and clinical impressions and recommendations.

Overview of Sprout

Sprout is described as a sentient, feminine-presenting humanoid entity with a mycelium-based structure and numerous anomalous abilities. Key (documented) anomalous abilities include the ability to create mushrooms, electrical signal detection, and touch-activated "neurological connection" allowing for telepathic communication and emotional manipulation. Sprout's way of interacting with its environment (and people around it) appear to be driven by its mycelium-based physiology and learned need for connection (Drippy, 2024, pp. 3-12).

Psychological and Behavioral Characteristics

Sprout, based on my initial encounter on 12/22/24, presented with behaviors akin to childlike curiosity paired with a need for social and physical connection. I received a first-hand report from CN Drippy explaining that Sprout survived a traumatic event, being partially burned alive by another anomalous entity. Outside of this event, Sprout is



reported to be typically cooperative and eager to support everyone, which other researchers attribute to this childlike curiosity. However, other events led to a gradual shift in its demeanor, following multiple negative experiences, including confinement, harassment, and mistreatment by Foundation personnel. (Drippy, 2024, p. 7). If compared to a neuro-typical human's response to those same experiences, one can draw the same conclusions that it would result in a decline from Sprout's described naivety to arguably defensive, survival-based behaviors. Some key psychological characters include:

- 1. Trauma Response: Sprout's personality shift following negative experiences with Foundation personnel (e.g., becoming harsher and forcing things to get their needs met) suggest a natural psychological response to multiple traumatic events. One can argue that these behaviors would also present in humans experiencing the same events, natural defense mechanism and survival behaviors.
- 2. Emotionally Influenced: Sprout demonstrates the ability to sense and understand the emotions of others. Sprout can use their anomalous ability to forcibly project emotions onto another person (Drippy, 2024, p.12). This anomalous ability could be used positively to establish rapport with others as a means for connection. However, the ability could also be used negatively because of their previous behaviors. Perhaps manipulating emotionally-vulnerable researchers in order to get [Sprout's] needs met.





3. **Social Dependence:** Although Sprout does not have documentation discussing their adult form, it's beneficial to highlight their current childlike behavior. Sprout has a profound need for belonging, akin to an anxious attachment style. The history of abuse and isolation, following the above traumatic events, indicates to me that Sprout may struggle with emotional reliance.

Neurological and Physical Interactions

Sprout's ability to establish a direct neurological link using touch raises questions around the ethical implications, short and long term effects of such interactions.

Documented observations and interpretations include:

- Neural Connection: Sprout's anomalous ability of "connection" requires touching
 another person, at their temples so far, and its mycelium will break the person's
 skin (bypassing the blood-brain barrier). This connection allows for telepathy,
 body control, and emotional manipulation. Lasting damage has not been
 documented or studied at time of writing.
- Potential Risks: Unknown control / understanding of Sprout's ability to influence emotions or memories using touch or other sensations. Undocumented cognitohazards. Unsupervised use of this anomalous ability could have harmful psychological effects, such as dependency, manipulation, or irreparable harm to the connected individual. Drippy (2024) further explains that "when connected she can...push or force feelings into you (as when I made a comment on my concern and she tried to make me feel calm and soothed), can physically take



over the person's body (she did this to a D-Class who wouldn't stop talking during their connection)" (p. 12); what could have happened to the involved Foundation staff if Sprout decided to forcibly take over and go on a rampage?

Spore Infections

Another anomalous effect that Sprout has is the "spore infection", caused by the consumption of its mushrooms, actual spores released by Spore or its mushrooms. The spore infection is described to progress in three (or possible more) stages which mimics influenza. The end stage is theorized to transform the infected individual into another Sprout. However, research has not been completed to support this hypothesis. Stage 3 is particularly concerning because symptoms suddenly disappear unless exposed to extremely cold temperatures. A comparison to STIs and how their signs and symptoms are often non-existent comes to mind, medical staff would be helpful to review the progression of these stages.

Clinical Impressions and Recommendations

- The anomalous ability to alter emotions, access memories, and control bodies
 poses an ethical dilemma and raises safety concerns. Specifically if Sprout were
 to overstep boundaries and potentially harm another individual.
- Given Sprout's recent history of surviving traumatic experiences, this further supports my concern for Sprout's mental well being. The entity may benefit from CBT, play therapy, and a mix of other treatment modalities to help further our understanding.



- Additionally, Sprout's desire for connection further suggests a psychological vulnerability. This potential dependency could negatively influence interactions, creating conflict OR opportunities for cooperation.
- 4. Emotionally vulnerable Foundation staff should exercise additional caution when interacting with Sprout. Bringing a chaperone is suggested.

Recommendations for Further Research

- Long-term study on "connection" effects: Complete multiple tests/studies to assess the short and long-term physical and psychological impacts of Sprouts "connection" ability on humans.
- 2. **Ethical concerns:** Review Sprout's classification, consider employing additional safety measures to support Foundation staff AND Sprout's wellbeing.
- Understanding the Spore Infection: Consider involving medical staff to complete a study examining the physical effects of a fully-progressed spore infection. D-Class subjects should have a range of physical health: healthy, chronic conditions, etc.
- 4. Therapeutic Interventions: Explore if any therapeutic interventions used on humans would also support Sprout's mental wellbeing. Determine if their connection ability has any healing properties that could support psychological treatments of Foundation staff, particularly with traumatic-event support.





Conclusion

Sprout is a particularly interesting anomalous entity, unique in some ways. Sprout invites thought-provoking insights into possible research into both the human and anomalous psyche. Although Sprout's abilities appear promising for research and their potential therapeutic applications, we should hold ethics and safety considerations at the forefront of our minds. Ethics and safety will be our compass, guiding all interactions to safeguard both Sprout and Foundation personnel. Further studies are needed to understand Sprout and their potential role within the Foundation.





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