

I am realistic—I expect miracles.
—Wayne Dyer

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Miracle question

Because you are human, you are struggling with something (if not more than one thing). What are you currently struggling with?

Now, imagine going about your life as normal and heading off to sleep at your usual time.

Unknown to you, during the night something happens—a miracle.

When you wake up the following day, something exciting has happened—the very problem you have been struggling with is no longer there. What would be the first difference you would notice in your life? How would you know the miracle has happened?

What else would you notice has happened?

What would others notice about you that would indicate to them that things were different or better for you?

What would you do next?

And next?

And next?

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Bonus:

What would you do if you knew you could not fail?

Source: [Positive Psychology](#)