



Social Emotional Learning Resources

(Fridays @ wRight Choice) Rivers of Hope

Connected for Life Speaker Time at wRight Choice (25-26)

Rivers of Hope- Mel Harmon- MHarmon@riversofhope.org

Friday- 9/5/25-Rivers of Hope- Coping Skills (Mel)12:30 p.m

Friday- 9/19/25-Rivers of Hope-Anger Management (Mel)12:30 p.m

Friday-10/10/25-Rivers of Hope- Healthy Relationships (Mel)12:30 p.m.

Friday- 10/31/25-Rivers of Hope- Media (Mel)12:30 p.m.

Friday- 11/14/25-Rivers of Hope- Dating Violence (Mel)12:30 p.m.

Friday- 12/5/25-Rivers of Hope- ACES (Mel)12:30 p.m.

Friday- 12/19/25-Rivers of Hope- Self Esteem (Mel)12:30 p.m.

Friday- 1/9/26- Rivers of Hope- Friendships (Mel)12:30 p.m

Friday- 1/16/26-Rivers of Hope- Coping Skills (Mel)12:30 p.m

Friday- 1/30/26-Rivers of Hope-Loneliness (Mel)12:30 p.m

Friday- 2/6/26-Rivers of Hope- Healthy Relationships (Mel)12:30 p.m.

Friday- 2/20/26-Rivers of Hope- Media (Mel)12:30 p.m.

Friday- 3/6/26-Rivers of Hope- ACES- (Mel)12:30 p.m.

Friday- 3/20/26- Rivers of Hope- Self Care (Mel)12:30 p.m

Friday- 4/10/26-Rivers of Hope- Self Esteem (Mel)12:30 p.m.

Friday- 4/24/26-Rivers of Hope- Friendships(Mel)12:30 p.m.

Friday- 5/8/26-Rivers of Hope- Coping Skills (Mel)12:30 p.m.

Friday- 5/22/26-Rivers of Hope-Anger Management (Mel)12:30 p.m



A Rivers of Hope staff member provides services every other Friday at wRight Choice. This service is offered during Connected for Life speaker time from 12:30 p.m. - 1:30 p.m. Educational presentations include information on the following topic areas: coping skills, self-esteem, healthy relationships, anger management, media, dating violence, self-care, and friendship.

Rivers of Hope services are funded by Rivers of Hope. **THANK YOU!**



[Character Strong- SEL Curriculum \(6th-8th Grade\)](#)