

Tuesday, December 26, 2017 - Arlington Triangle hike - From Bluemont Park, the hike will follow local bike trails with a loop around Roosevelt Island for a total of 18.5 miles at a fast pace, with negligible elevation change.

Leader: Tom Kloster twk07@comcast.net

Tuesday, December 19, 2017 - Dicky Ridge -AT Northern District SNP (Map 9) – We will begin at the Dickey Ridge Trail from the entrance of SNP and hike to the DRT / Appalachian Trail intersection at (Carson Mountain) where we will turn South on the AT to Compton Peak. After enjoying the views we will head back North on the AT until we reach Rt 522. This hike will involve a SHUTTLE so please be on time at the Dickey Ridge trail head in order to arrange shuttles.

Approximately, 3700 feet and 17 miles.

Leader - Mike Christiani, mike@cptrllc.com

Tuesday, December 12, 2017 - Hemlock Overlook to Fountainhead Park and Return. We will hike the Bull Run Occoquan Trail from Hemlock Park in Clifton, Va. through Bull Run Marina to Fountainhead Park. Out and back, 22 miles and 3300 ft of ascent.

Leader - Steve Brown, swbmit77@verizon.net

Tuesday December 5, 2017 - SNP – Marys Rock Bushwhack and Hazel Mountain Hike. (PATC Map 10) Something for everyone. Starting at Thornton Gap, we will determine whether it's faster to bushwhack up to Marys Rock or take the trail. Afterward the bushwhackers and hikers will join forces for some fast paced hiking in the Hazel Mountain region including White Rocks and The Pinnacle. 16 miles and 4000 feet of ascent with short cut options.

Leader - Dave Green dkgreenva@hotmail.com 703-536-5189

Tuesday, November 28, 2017 - Potomac Heritage Trail- Potomac Heritage Trail from Turkey Run Park to Teddy Roosevelt Island and return. 18 miles with 2000' of elevation. Meet 8am at Turkey Run Park off of George Washington Parkway.

Leader: Lou Hurwitz lou.nutshell@hotmail.com

Tuesday, November 21, 2017 - Sugarloaf Mt. Triple-Loop Tour, Maryland. We'll complete 6 of 7 colored trails along with part of the 7th, the Yellow Trail, to total 15.5 miles and 3500 feet of ascent.

Leader: Bob Livezey bobbilbo@msn.com

Tuesday, November 14, 2017 --Signal Knob and Three Top--Beginning at the Signal Knob parking lot, hikers will climb the Tuscarora and do a counterclockwise loop to Signal Knob before descending to the Tuscarora and Three Top. We will drop down to Mudhole Gap and return to parking lot. Around 16 miles and 3200' of elevation. PATC Map G.

Leader: David Saah, davidm.saah@gmail.com

Tuesday, November 7, 2017 – Pass Mtn., The Pinnacle & Buck Ridge. (PATC Maps 9 &10) From the Pass Mtn. Trail parking area off Rt. 211 above Sperryville will take the Pass Mtn. trail to the AT. Then down and up the AT to the Pinnacle. We will take Hanna Run, Catlett Spur, Hazel Mtn., and Buck Ridge trails back to the Buck Ridge Trail parking area. (Approximately 18 miles and 4,200 feet of total ascent.)

Leader: Gene Whitaker, GeneWhit@gmail.com

Tuesday October 31, 2017 - Fast tour of Rock Creek Park and D.C. Trails. - (PATC Map N) This is the 9th annual DC grand circuit. We will travel around 19 miles and ascend over 2000', yet only need to use a handful of city blocks to do it. The rest of the way will be through Washington's beautiful and historic parks, with half of the trip near and along Rock Creek.

Leader: Bob Livezey bobbilbo@msn.com

Tuesday, October 24, 2017 - AT Out and Back, Thornton Gap to Little Stony Man Cliffs, Central District SNP. (PATC Map 10) Non-stop great views on this AT out and back with a short side trip to Mary's Rock - 17 miles and about 4000 feet of ascent.

Leader: Tom Kloster twk07@comcast.net

Tuesday, October 17, 2017 -- Browns Hollow/Catherine Furnace—(PATC Map H) Starting at the commuter lot on rt. 211 near New Market we will do a partial loop of the Massanutten trail before continuing on to Roaring Run and a fire road to do a clockwise loop ending at Browns Hollow. We take Browns Hollow back to the Massanutten Trail and the cars. 20

miles, 4400' of elevation.

Leader: David Saah davidm.saah@gmail.com

Tuesday, October 10, 2017 – Rocky Mtn. Fire Hike. (PACT Map 11) From the Brown Mtn. Overlook (mile 77 on the Skyline Drive) we will take the Brown Mountain Trail over Rocky Mountain to Big Run seeing the effects of the 2016 fire. We will then go up the Rockytop trail through an area burned in 2002, 1986 and down the Big Run Portal trail and up Rocky Mountain Run trail and back to the parking area. About 19 miles and 4,000 elevation.

Leader: Gene Whitaker genewhit@gmail.com

Tuesday, October 3, 2017 – New Market Gap North – Beginning at New Market Gap we'll take the Massanutten Connector Trail to the Massanutten Trail. We will then go north visiting the summits of both Strickler and Duncan Knobs. Then return to parking via the Scothorn Gap and Massanutten Trails. Approximately 15 miles with 3,800' of elevation gain.

Leader: Steve Brown swbmit77@verizon.net

Tuesday, September 26, 2017 - Buzzard Rock/North Massanutten. (PATC Map G). 8:00am. Starting at the Buzzard Rock Trailhead on Route 613, we will take the Buzzard Rock Trail to Shawl Gap, where we will make a loop including the Shawl Gap Trail, Route 613, Sherman Gap Trail, and the Massanutten Trail, and then return on the Buzzard Rock Trail. About 16 miles.

Leader: Joan D'Alonzo joandalonzo@gmail.com

Tuesday September 19, 2017 - A T from Panorama/Thornton Gap north to Elkwallow Wayside and return. – (PACT map 9) 17 miles RT on the A T from Thornton Gap to Elkwallow Wayside and return

Leader: Lou Hurwitz lou.nutshell@hotmail.com

Tuesday September 12, 2017 - Around Hazel Mountain. (PACT Map 10) We'll circle Hazel Mt., starting at Rt. 600 and ascending to the AT via Hazel River, White Rocks, Hazel Mt., and Meadow Spring Trails. We will then follow the AT to the Leading Ridge Trail (or shortcut) and return to the start via the Skyline Drive and Hanna Run, Catlett Mt., Hazel Mt. and Sam's Ridge Trails. About 16 miles with a total of 3600' of ascent.

Leader: Philip Ayliff philip.ayliff@kwccpa.com

Tuesday, September 5, 2017 – Pennsylvania's Pine Grove Furnace and Kings Gap State Parks and Michaux State Forest – Starting at Pine Gove Furnace's Laurel Lake, we will explore some of the trails in the area including Pole Steeple, the AT, Buck Ridge, Hammonds Rocks, and Kings Gap. Added features may include a cabin stay at PATC's Michener Cabin and a splash down in Laurel Lake; about 18 miles with 3000 feet of ascent with shortcut options.

Leader: Dave Green, dkgreenva@hotmail.com – 703/536-5189

Tuesday August 29, 2017 - Appalachian Trail, Jenkins Gap (SNP), Northern SNP - Northern District SNP (Map 9) - AT south from Route 522 trailhead over Compton Peak (2 interesting side trails, view and/or hexagonal columns) to Jenkins Gap; Jenkins Gap Trail to Route 634; right onto Route 622 to Lands Run Gap Road up to the gap at Skyline Drive; down Hickerson Hollow Trail to 600 to right on 602; left on AT back to cars. We will head for ice cream, frozen yogurt, etc at Spelunker's located in Front Royal.

Leader: Mike Christiani mike@cptrllc.com

Tuesday, August 22, 2017 – Snickers Gap to Keys Gap and return (PATC Map_7) Starting from the parking lot located at the north side of Rt. 7 at the intersection with Rt. 601, we will hike north on the AT towards Keys Gap. After 8 miles, we will stop for lunch and return. 16 mi. 3500 ft.

Leader: Barry Winkelman (cfarerinc@gmail.com) 301-367-7547

Tuesday August 15, 2017 - Nethers, Nicholson Hollow, Skyland and Return.- Central SNP. (PATC Map 10) From the Old Rag parking lot we will go up Nicholson Hollow Trail, the AT, and returning via the Horse Trail, Old Rag Fire Road, Corbin Mtn., and Nicholson Hollow Trails. Approximately 18 miles and 3300 feet ascent. Short cut alternatives are available.

Leader: Mina Goodrich Larrymina@gmail.com

Tuesday, August 8, 2017 - Overall Run - Northern SNP (PATC Map 9). Parking at the end of VA 630 out of Bentonville, we'll start on the Thompson Hollow Trail, turning right on the Overall Run Trail to the Beecher-Overall Connecting Trail. From there we'll ascend to the Matthews Arm Campground on the Heiskell Hollow Trail. From Matthews Arm, we'll follow the Elkwallow Trail to turn north on the AT and then back to the starting point on the Overall Run Trail. This circuit is about 16 miles with about 3500 ft of climb.

Leader: Tom Kloster twk07@comcast.net

Tuesday, Aug. 1, 2017 --Trout Pond/Gr. N. Mtn. (PATC Map F) We will do a figure-8 circuit to include Trout Pond, Great N. Mtn, Laurel Spur and Run, Stack Rock, and Long Trails back to TPRA. We will be able to cool off in Rockcliff Lake. 17 mi. 3200' elevation.

Leader: David Saah davidm.saah@gmail.com

Tuesday, July 25, 2017 - Great Falls, Md. We will meet at 8am at the parking lot across from Old Angler's Inn on MacArthur Blvd at 8am. We will hike Billy Goat B, C, and A, to the Overlook, River, Ford Mine, and Gold Mine trails and return on the Berma rd. Total approx. 17 mi and 1500' elevation.

Leader: Lou Hurwitz at lou.nutshell@hotmail.com 703-623-9619

Tuesday, July 18, 2017 - Neighbor Mountain, Jeremy's Run - We will start on Jeremy's Run Road near Rileyville. The hike will go up Neighbor Mountain, pick up the AT Northbound and then hike back down Jeremy's Run. It should give us plenty of opportunities for getting wet in the final miles. We cross Jeremy's Run about 13 times on our way down, and there is supposed to be a nice waterfall towards the end. We can have lunch at Elkwallow Wayside. The hike is approximately 18 miles and includes about 3500 feet of ascent.

Leader: Mike Evanoff evanoffmj@gmail.com

Tuesday, July 11, 2017 - Cacapon State Park - (PATC Map L). Starting at the nature center, we will explore the park using the park trails, a fire road and a gravel road, making two climbs of Cacapon Mountain. Optional splashdown at the swimming beach afterward. About 16 miles, 3400 feet elevation gain.

Leader: Joan D'Alonzo joandalonzo@gmail.com

Tuesday, July 4, 2017 - Pine Hill Trail to AT – Back on Broad Hollow Trail –We will start at the parking area off Rt. 681 and go down the road, up Pine Hill Gap trail down, down the Short Mtn Trail, up up the Hannah Run trail and across to and up the AT. We will return via the Hazel Mtn and Broad Hollow trails to the start. Approximately 18 miles and 3900 feet elevation gain. Numerous short cut alternatives available. See attached map.

Leader: Gene Whitaker, GeneWhit@gmail.com

Tuesday, June 27, 2017 – Big Meadows Luncheon with Rose River Splash Down – Central District SNP. From the Rose River trailhead, we will visit President Hoover's Rapidan Camp before having a leisurely lunch in the Spottswood Dining Room of Big Meadows Lodge. After lunch we will descend to the trailhead for a splash down in the Rose River; about 18 miles with 2800 feet of ascent with shortcut options.

Leader: Dave Green, dkgreenva@hotmail.com – 703/536-5189

Tuesday, June 20, 2017 - Little Schloss, White Rocks and Big Schloss. (PATC Map F) A big (18 to 19 miles) loop in the Great North Mt. area of GWNF to its prominent rock outcropping views with about 3000' of ascent.

Leader: Bob Livezey bobbilbo@msn.com

Tuesday, June 13, 2017 - Old Rag/Robertson/White Oak Canyon. (PATC Map 10) Start at White Oak Parking lot, climb up Berry Hollow Fire Road to the Old Rag Parking Lot. Climb Old Rag. Then take Saddle Trail to Weakley Hollow onto Robertson Mountain. From Old Rag Fire Road, connect to seldom used Bridle Trail to White Oak Canyon back to the parking lot. Swimming break optional at end of the hike. About 16-17 miles, 5000 ft. ascent

Leader: Mike Christiani mike@cptrllc.com

Tuesday, June 6, 2017 - AT/Sky Meadows. (PATC map 8). Beginning at the AT parking lot on Rte. 601 just north of Rte. 50, we will head south on the AT to Sky Meadows State Park where we will explore the trails and enjoy the views. About 17 miles with 3000 ft. of ascent.

Leader: Joan D'Alonzo - joandalonzo@gmail.com

Tuesday, May 30, 2017 - Little Devils Stairs, Northern District SNP. (PATC Map 9) Parking at the base of Little Devils Stairs Trail (near the end of SR614), we'll climb Little Devils Stairs Trail to the AT via the Pole Bridge and Sugarloaf Trails. We'll then head south on the AT to the Neighbor Mountain trail and back to the start via the Hull School trail and the Keyser Run Fire Rd. Total of about 18 miles, with 4300 ft. of climb.

Leader: Tom Kloster

Tuesday, May 23, 2017 – Massanutten Hike and Shenandoah Paddle. (PATC Map G) Beginning at the Downriver Canoe Company at Bentonville Landing on the South Fork of the Shenandoah River, we will climb the Tuscarora Trail and follow the Massanutten Trail south. We will descend the Indian Grave Ridge Trail to Seak Ford Landing where we will eat lunch and pick up the delivered kayaks or canoes to paddle down the Shenandoah back to Bentonville Landing; about 12 miles of hiking with 1800 ft. of ascent and 12 miles of paddling. Check the Downriver Canoe Company website at <http://www.downriver.com> for directions, rental fees, release forms, and water levels. Canoe/kayak reservations will be made by the Leader in advance. A non-paddling option will be available.

Leader: Barry Winkelman (cfarerinc@gmail.com) 301-367-7547

Tuesday, May 16, 2017 - Conway River Over and Back, Central District SNP. (PATC Map 10) We will park in a small area on the left side of 667 about ¾ mile past trailhead of Pocasin Hollow Trail. We will go on up Rt. 667 to the Conway River Trail and up to Skyline Drive. We will go up the drive a ways and down the Powell Mtn. Trail to Rt. 759. Then up Rt. 759 that morphs into the Meadows School Trail, across Skyline Drive and down the Slaughter Trail to the Conway River Trail and back to parking area. 19 Miles and a total of about 4200 feet of ascent.

Leader: Gene Whitaker (genewhit@gmail.com)

Tuesday, May 9 -- Knob and Neighbor Mtns. (PATC Map 10). Starting at Elkwallow Wayside we will do a counterclockwise circuit of Knob and Neighbor Mtns. 18.5 miles and 4000' of elevation.

Leader: David Saah davidm.saah@gmail.com

Tuesday, May 2, 2017 -- White Oak Canyon – Hawksbill – Rose River - This hike is a point to point hike starting at the White Oak Canyon Trail Head and ending at the Rose River Trailhead. We will have cars pre-positioned at the Rose River Trailhead. We will climb the White Oak Canyon Trail to the Limberlost Trail and then head south to summit Hawksbill for lunch before heading south on the AT to the Rose River Trail, which we will follow down to the cars. (Approximately 19 miles and 4,500 feet of ascent)

Leader: Phil Ayliff - payliff@gmail.com

Tuesday April 25, 2017 – AT North from Linden - (PATC Map 8) A fast paced hike on the AT from Linden to Sky Meadows SP; annual Trillium Hike. Distance will be 18 miles with around 3000 feet of elevation gain.

Leader: Joan D Alonzo joandalonzo@gmail.com

Tuesday, April 18, 2017 – South from Buck Hollow & Back - We'll climb the Buck Hollow Trail to the drive. After a little way south we will take the access road to Birds Nest 3 and then AT south. We will take Corbin Cabin Cutoff trail and Nicholson Hollow trails east. We'll then take the Hannah Run Trail and Catlett Spur Trail north to the Hazel Mountain trail and descend the Buck Ridge trail to our start. Approximately 18.3 miles and 3800 feet elevation.)

Leader: Gene Whitaker, genewhit@gmail.com

Tuesday, April 11, 2017 – Mt Marshall and Around. Northern Section of SNP (PATC Map 9). Starting at the end of SR 625, we'll climb the Mt Marshall trail to the Bluff trail which we'll follow to the AT. Hiking north on the AT to Jenkins Gap, we'll return to the cars via the Mt Marshall trail. About 18 miles and 3000 feet of ascent.

Leader: Josh Silverman betula54@msn.com

Tuesday, April 4, 2017 - 14th Redbud, Maryland Edition (PATC Map 5) – The 13th Redbud in April 2015 didn't work out so well, but let's try for a 14th this year with something entirely different. We'll attempt the entire length of the Catoctin Trail, 26.5 miles and about 5000' of ascent. And we'll do it with a normal carpool meeting time! Bailouts at approximately 20.5 and 22.5 miles possible.

Leader - Bob Livezey bobbilbo@msn.com

Tuesday, March 28, 2017 --Roller Coaster - Beginning at the parking lot on route 7 we will hike south on the AT 12 miles to the trail leading to the Myron Glaser cabin and return to 606. Elev. 5000', 17.25 miles. PATC Map 8.

Leader: David Saah davidm.saah@gmail.com 703.596.2358

Tuesday March 21, 2017 – Vigorous Hikers- Austin Mountain-Blackrock Loop - (PATC Map 11) Parking at the end of VA Rt. 663, we'll ascend the Madison Run Road and Austin Mountain Trail to the AT, hike north to turn on the Doyles River Trail, then follow the Jones Run Trail back to the AT, and back to the cars via the Blackrock Spur and Furnace Mountain Trails. The distance is 17 miles with 4100 feet of ascent

Leader: Tom Kloster twk07@comcast.net

Tuesday March 14, 2017 - Cancelled because of show on roads.

Tuesday, March 7, 2017 – Fox Hollow, Hickerson Hollow, and Dickey Ridge (Northern SNP). Beginning at the Front Royal Skyline Drive Entrance Station, we will climb Dickey Ridge via the abandoned Fox Hollow Trail and the little used Hickerson Hollow Trail. Some bushwhacking and road walking will be required, but non-bushwhackers and non-road walkers can do an out and back on the Dickey Ridge Trail. About 17 miles with 3400 feet of ascent.

Leader: Dave Green dkgreenva@hotmail.com

Tuesday, February 28, 2017 –Cabin John Trail in Bethesda, Md. - We will do 17.6 miles in an out and back on the Cabin John Trail in Bethesda, Md. Start on MacArthur Blvd and go to Goya Drive and return.

Leader: Lou Hurwitz lou.nutshell@hotmail.com

Tuesday, February 21, 2017 – Maryland Appalachian Trail: A Second Helping of Ham (I70 to PennMar). Maryland AT - Starting at the parking lot just above I-70 we'll hike north on the AT to Pen Mar Park. Cars will be pre-positioned at the end to shuttle hikers back to the beginning. A distance of 18.6 miles with about 3000 feet of ascent.

Leader: Phil Ayliff payliff@gmail.com

Tuesday, February 14, 2017 – Pass Mtn., The Pinnacle & Buck Ridge. (PATC Maps 9 &10) From the Pass Mtn. Trail parking area off Rt. 211 above Sperryville will take the Pass Mtn. trail to the AT. Then down and up the AT to the Pinnacle. We will take Hanna Run, Catlett Spur, Hazel Mtn., and Buck Ridge trails back to the Buck Ridge Trail parking area. (Approximately 17.8 miles and 4,200 feet of total ascent.)

Leader: Gene Whitaker, GeneWhit@gmail.com

Tuesday, February 7, 2017 –Cedarville State Forest, Brandwine, MD. Cedarville Easy (relatively flat), but fast (3.5 mi/hr), hike of all the trails in Cedarville State Forest, southern P.G./northern Charles County, MD. 20 mi. Negligible elevation. Cedarville State Forest is 15 mi. south from Beltway exit 7A.

Leader: Barry Winkelman cfarerinc@gmail.com

Tuesday, January 31, 2017--Prince William Forest. We will do a counter-clockwise circuit of the Prince William Forest Park starting on the east side of the park and covering several trails for 18.5 miles with 1700' of elevation. [PWF Map](#)

Leader: David Saah davidm.saah@gmail.com

Tuesday January 24, 2017 - Knob Mountain/Neighbor Mountain Loop . Starting near Rileyville VA, we will hike the Knob Mountain Trail over Knob Mountain eventually gaining the Appalachian Trail(AT). We will take the AT south to the Neighbor Mountain Trail which we will use to complete our circuit. Approximately 15 miles with 4000' of elevation gain.

Leader: Steve Brown swbmit77@verizon.net

Tuesday January 17, 2017 - Great Falls and Riverbend Parks (VA). Description: We'll hike about 15 miles exploring Great Falls NP trails, up Difficult Run a bit, and then over to Riverbend Park. Rocks, cliffs, woods, streams, and the Potomac.

Leader: Bob Livezey bobbilbo@msn.com

Tuesday January 10, 2017 - A Slice of HAM. - A fast paced end-to-end hike on the Maryland AT from the Weaverton Rd parking lot north to the parking lot just over the Interstate 70 footbridge. Cars will be pre-positioned for return to the

starting point. The distance will be 19.5 miles with about 2500 feet of ascent.

Leader: Tom Kloster twk07@comcast.net

Tuesday January 3, 2017 - SNP – Mary's Rock Bushwhack and Hazel Mountain Hike. (PATC Map 10) Something for everyone. Starting at Thornton Gap, we will determine whether it's faster to bushwhack up to Marys Rock or take the trail. Afterward the bushwhackers and hikers will join forces for some fast paced hiking in the Hazel Mountain region including White Rocks and The Pinnacle. 16 miles and 4000 feet of ascent with short cut options.

Leader - Dave Green dkgreenva@hotmail.com 703-536-5189