

Free Value

Avatar

- Rosé (26)
- The Pilates instructor, runs Pilates classes every day.
- Loves her dog Hank a lot and plays with him after Pilates classes.
- Sweet, charismatic, and pretty woman
- Has blonde hair, good posture, perfect body healthcare
- Deals with restricted flexibility, her legs can't execute body split properly.
- Desire to achieve her full potential in flexibility (a correct form of body split)
- She prefers learning new Pilates movements on her own.



Day in life

- Wakes up early to arrive for a morning stretch-up.
- She tries her best to uphold a body-split position every day but fails after 1 min.
- Takes shower and makes a bread avocado breakfast.
- Arrives at her training hall, where she teaches clients till lunchtime.
- Records TikTok's inside training halls for a high engagement.
- She doesn't catch up on a TikTok trend of using Pilates reformer.
- Her machines for stretching are constantly deteriorating, some parts are falling apart.
- Many of her students are expecting a Pilates studio update, her studio was updated 2 years ago.
- At 6. pm she arrives back at her apartment to complete her daily checklist (marketing her classes, management, and preparing an exciting program for her clients)
- She doesn't forget to cool down her mind by learning new Pilates movements.
- Always finds herself struggling to activate her elastic thighs- poor training.
- She takes care of her dog, calls her parents, and goes to sleep around 10.- 11. pm

Roadblocks

- She can't execute a full-body split for a long period.
- Her clients are demanding an upgrade of her Pilates studio, which makes her stressed every time.
- Her legs are sore after performing a complex Pilates position, she often feels unproductive after this.
- Not feeling satisfied with Tiktok content creation, she doesn't receive the same high stats.
- Her training isn't satisfying enough to calm her body, she experiences anger emotion state.
- All Pilates reformers are overpriced, she feels very desperate to not be on the top.

Dream State

- Achieve a fully flexible state of a body split.
- Create more content on her TikTok and increase traffic and engagement.
- Provide the best experience for clients.
- Enjoy midnight training, the body relieve.
- Replace deteriorated machines.

Product (AeroPilates Pro XP 556 Reformer)

- sturdy, stable, and quiet to use.
- the endless variety of exercises
- easy and gentle
- every inch of my body getting the benefit of every single motion generated.
- perform exercises with different resistance according to your needs and capabilities.
- much easier and keeps the body in correct alignment more than on the floor.



Fascinations

- Tired of hurting your legs... try this instead.
- Are you struggling to execute a full-body split?
- Why do your thighs keep being stiff?
- Achieve a stable body split within 30 days!
- The SECRET of executing a full body split.
- The only approved step to improve flexibility.
- 7 ways to overcome leg soreness.
- Discover the principle of fulfilling a flexible body.
- Exhausted from a broken reformer... try this instead.
- Doing Pilates on the floor gives a huge benefit. WRONG...
- Why your body parts are sticky as a rock?
- Performing a full split on the floor is difficult. WRONG...
- Why does body splitting on a floor destroy your body alignment?
- The SECRET of a charming Pilates instructor.

Email Sample

DIC

SL: Tired of struggling with a broken reformer during your Pilates sessions?

Are you still trying barely perform on old equipment?

Either it creates an uncomfortable pain in your body or overstretches every single muscle.

However, the new generation of reformers has been used by recent Pilates trainers.

Improving any body part, performing a leg split with ease, and potentially teaching in effective ways don't make you regret it anymore.

[>>Transform your Pilates practice with a fully functional stretching machine right here.](#)

PAS

SL: Are you struggling to execute a full-body split?

86% of fitness scientists claim that exercising on an old reformer can lead to a risk of muscle injury.

Is it going to guarantee progress in your Pilates career, while using it?

Remember last training when you tried to fix a reformer on your own, but it fell apart like wooden dominos?

The times when you tried to enjoy a single Pilates exercise after a while, but over thoughts of not well-made practices always ruined it?

Everything you've tried so far...

Hasn't given any mindblowing expectations because of exercises on old equipment.

In fact, many instructors switched to secretive reformers to silence their recent struggles.

While being approved by top verified Pilates instructors and healthcare experts.

The reformer has allowed many people to expand their Pilates practice and try new exercises and positions.

Begin your body-positive journey towards self-love and body positivity today.

[>>Discover the solution to your Pilates struggles and experience a transformational leap today!](#)

HSO

SL: Start pursuing the agility and poise of a Pilates enthusiast!

Being frustrated and desperate for not enjoying your everyday workout will make you run into the same issues again and again.

What would you do?

I'll tell you what I've done.

I've been improving my Pilates positions for years since I tried to execute a full-body split.

But now I've seen zero progression in performing certain movements and even a rest day didn't help me at all.

When I came back to my apartment, I tend to feel exhausted, and unable to cook myself a dinner meal.

My emotions have overtaken my soul without leaving a single footstep of self-control behind...

I fell on a constant run in a hamster wheel as days pass by.

Till one day I found myself staring at my old reformer.

I struggled to achieve the most potential Pilates movements of my entirety.

Suddenly my Pilates competition was around the corner...

I could only stretch all my extremities without any equipment.

While I experienced an unexpected improvement, I came to the realization...

I need one SIMPLIEST piece of equipment to spread my influence like wildfire.

Found the most recent stretch-based machine which I instantly rolled into a cart in a matter of seconds.

And in a decade of a painful lifestyle, my jaws dropped for being so CLOSE to my goals.

The streets were recognizing me in an ant crowd waiting for my signature.

But I knew it was quadrupling my social media engagement every day while uploading a new post.

Ever since I defeated all negative emotions, my well-being can be taken care of by verified experts.

[>> Experience an evolutional progression of a Pilates mankind, while silencing all major problems today.](#)

Instagram Caption



Achieving a full movement of your body could be disastrous to do so.

Overstretching and hurting muscles would disable any fairytale positions.

Most people tend to remain in that similar hamster ball forever...

Are your legs keep soaring out of a complex Pilates exercise of the everyday stress?

However, if you want to have ballet-like stretching abilities or enjoyable midnight training of your life.

Then...

Take the first step towards achieving a flexible and graceful body by [clicking here!](#)

P.S. I reviewed it many times by myself and ChatGBT.