



# Eastern Region U14 Thanksgiving Prep Project

November 19-21, 2022

Sunday River, ME

## **PROJECT GOALS:**

- Provide in-region preparation period training for Eastern U14s.
- Begin winter with strong fundamentals.
- Promote camaraderie and regional team culture amongst eastern athletes.
- Create an opportunity for peer group training

## **TRAINING PROJECT SELECTIONS: 50 athletes total**

- 25 men, 25 women
- First come, first served registration. Registration opens Saturday, October 1st 1 at 4 PM EST and closes Monday, October 10th at 8 PM EST.
- Registration page: <http://www.skireg.com/u14-thanksgiving-prep-camp-sunday-river-2022>

## **PROJECT PAYMENT AND WAIVERS:**

- Cost: \$120
  - Includes training. Tickets, food, and lodging on your own.
  - Discounted Sunday River Tickets:  
<https://shop.sundayriver.com/s/eastern/p/eastern-u14-project>
    - 12 and under: \$40
    - 13 and up: \$45
- [Click here to access waivers](#) (NEW online waiver, no need to print and sign!)

## **SCHEDULE (details pending):**

Saturday, November 19

- SL

Sunday, November 20

- SL

Monday, November 21

- SL

Zoom link for meetings-<https://usskiandsnowboard-org.zoom.us/j/2389889120>



### **COACHING STAFF:**

- Scott Graham - Eastern Youth Dev. Coach - [scott.graham@usskiandsnowboard.org](mailto:scott.graham@usskiandsnowboard.org)
- Club coaches as available

### **LODGING AND MEALS:**

- On your own
- Discounted Sunday River lodging link:  
<https://www.sundayriver.com/booklodging?pid=23841>

### **IMPORTANT CONTACTS:**

Scott Graham (435-962-0545) [scott.graham@usskiandsnowboard.org](mailto:scott.graham@usskiandsnowboard.org)

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