# Academic Study Skills Tutoring at TASC

#### The schedule

TASC academic study skills tutors are available to work with you in person and online during <u>all</u> the hours that TASC is open. Feel free to make a one-time appointment for yourself or with the assistance of the front desk, or request a weekly appointment using this form.

All tutors at TASC are trained to help with academic study skills. If you schedule your own appointment on Navigator, select "reading/writing tutoring" for general support with academic study skills, reading, and writing. Select "course-specific tutoring" to talk with a tutor who specializes in math, science, business, oral communication, or critical thinking, in addition to academic study skills.

# Our philosophy/approach

Learning in a 1x1 setting can be useful for all of us. Think of tutoring as two people working collaboratively to solve problems, share passions, and develop skills. The focus will be on you and how you learn best.

#### Why get tutoring for academic study skills

TASC tutors can help you build study skills that you can use this semester and beyond, including time management, breaking down assignments and tasks, preparing for tests, organizing your notes and readings, and managing stress. You already paid for tutoring, so why not take advantage of the service to learn new academic strategies for studying and managing your workload?

### When to get weekly vs one-time tutoring

Weekly tutoring is great if you'd like to work with the same tutor on the same day and at the same time each week. You'll get to know each other; the tutor will learn more about how you learn and what you have to do for your classes.

One-time tutoring is great if you have an assignment you'd like another pair of eyes on, or a specific area you want to focus on for 50 minutes. Some students prefer the freedom and flexibility of one-time appointments.

## How to prepare for your session

The most important thing you can do is come to your session. If at all possible, come on time so that you can make the most of the 50 minutes. Bring your questions. Bring your assignment, if you've started it, or be ready to look it up on iLearn/Canvas. If you haven't started reading, bring a willingness to get started. Bring your calendar so that you can plan your future reading.

#### Useful links

**TASC** website

TASC Online Resources and Handouts

TASC Agreements for Tutoring Success