The Best Male Enhancement Techniques and Products on the Market Today

Male enhancement remedies are nowadays the best they have ever been. With the advent of such wildly popular drugs as Viagra and Cialis, the subjects of erectile dysfunction and male enhancement were brought of out of the dark secrecy of the bedroom and into the light of discussion and innovation.

This has led to a revolution in the fields of erectile dysfunction, premature ejaculation, and best of all, male enhancement. The best male enhancement tools and techniques on the market today are a combination of ancient remedies proven over centuries of constant use, and innovative new solutions proven to show the best results to date.



VigRX For Men - Male Enhancement Solutions

Let's have a closer look at the best male enhancement options available to you today:

Option #1: Surgery

Surgery remains one of the best male enhancement remedies available, with average improvements of approximately one inch achieved by most men. Since the results are practically guaranteed, some men find this a viable option.

However, male enhancement surgery may not be the best option for you if you are concerned about expense, recovery time, or potential injury. Numbness and loss of sensation can result from even the best male enhancement surgery. A large percentage of men who receive the

surgery are unhappy with the results following their recovery. Note that exercise programs are recommended following surgery to complete and enhance the transformation.

Option #2: Exercises and Devices

Exercises and enhancement devices may be the best male enhancement option out there - for men who are willing to commit to the program. While this technique is a reliable, tested and proven method to achieve noticeable, visible male enhancement, it takes considerable time and effort to achieve results. If you can stick to a daily exercise regimen for months on end, then an exercise program (or stretcher device) may be the best male enhancement technique for you.

Be aware that the risk for injury, from bruising and swelling to more traumatic tearing of tissues, is a concern with this male enhancement technique. Your best bet is to follow a program designed by a male enhancement expert (they do exist!) to progress properly and avoid injury.

Option #3: Medication

Drugs like Viagra and Cialis were designed with one thing in mind: to give men suffering from ED (erectile dysfunction) the ability to get, and keep, and erection. But with regular use, enhanced erections can help the penis feel fuller and firmer, as the chambers of the penis (the corpus cavernosa) expand to accommodate blood flow and over time are forced to stretch. However, these medications were not designed as anything more than erectile dysfunction drugs, and as such may not be the best male enhancement option available to you. If you are suffering from ED, though, and are able to get a prescription for one of these ED drugs (if it is not contraindicated by any other medications you may be taking), you may notice a slight improvement in the appearance of the penis as a side benefit.

The real drawbacks of these drugs are the side effects - and these side effects are why prescription medications may not be the best male enhancement solution for you. Side effects can include altered vision, headaches, painful erections that won't go away for several hours, and even heart attacks. Another thing to note is that ED drugs enable an erection solid enough for sexual intercourse, but do not aid in sexual arousal.

Option #4: Natural Supplements

Today's all-natural supplements may just be the best male enhancement option available to men wanting to improve penis appearance and sexual performance. With male enhancement supplements, there's no painful surgery, no need for awkward exercises or cumbersome devices, and no potentially risky drugs. Best of all, the newest formulations contain natural herbs scientifically proven to promote libido, blood flow, and circulation, in combination with the latest advancements in delivery systems that ensure your body can use these nutrients to their fullest capacity.

And the best news is, they work. However, note that only one all-natural male enhancement supplement on the market today has been clinically proven using human studies. The product, called VigRX Plus, was shown in third-party clinical trials to have a significant impact on men's ability to achieve and sustain an erection, including penetration and climax. The study showed a

47 percent increase in sexual drive and desire, and a 61 percent increase in overall sexual satisfaction.

In fact, the study's findings indicate that VigRX Plus Penis Enlargement Pills is equal to the active ingredient in Viagra in its ability to promote an erection - with the additional benefit of promoting sexual libido as well. The supplement is safe and without side effects, and does not require a subscription (meaning that it does not contain pharmaceuticals and has no known contraindications).

By improving sexual desire and promoting blood flow, this product leads naturally to fuller, thicker erections, which over time allow the chambers of the penis to expand and result in visible increases. There are other products out there, but only VigRX Plus Pills Review has been proven on human subjects, making it the best male enhancement supplement on the market today.

