British Club Active Living Section

Lunch Presentation on 7th March 2025:

"THE AMAZING HISTORY OF THE ORIENTAL HOTEL BANGKOK"

Introduction of the Speaker: "Bangkok Pat" by Section Committee Chair Terry Adams

Pat's arrival into this world didn't exactly go according to plan. He was *supposed* to be born in Thailand, but fate (and a hospital-bound Grandad in London) had other ideas. His English father and Thai mother had to rush to the UK at a rather crucial moment, and Pat made his grand entrance in London. And just like that, he became "British" instead of the "expected" Thai.

London became home, and Pat grew up as a true Londoner. He admits to having been a bit of an "unruly teenager"—but let's not press him for details. Some mysteries are best left unsolved!

Fast forward to his early 20s, and Pat had big plans—New Zealand-bound in 2001 to make a fortune on deep-sea fishing boats. But en-route, he stopped off in Thailand to see what all the fuss was about… and, well, he never left. Bangkok got its hooks into him, and the fishing boats in the Land of the Long White Cloud never saw a penny of his hard-earned sweat.

Pat spent some years teaching English and DJing before spotting a golden opportunity. As YouTube was just beginning to explode, he noticed that early Bangkok-based vloggers and tour guides were putting out content so bad that he knew he could do *much* better.

So, he jumped on Twitter, grabbed a camera, and started creating his own videos. Turns out, he wasn't just good at it—he excelled and he *loved* it. The rest, as they say, is history… or at least a very entertaining video playlist!

To get up to date I researched Bangkok Pat on ChatGPT – here's what was reported: Pat McKay, widely known as "Bangkok Pat," is a prominent content creator and vlogger based in Bangkok, Thailand. Since 2021, he has been producing engaging videos that delve into the city's rich history, culture, and daily life, attracting a substantial following on platforms like YouTube.

"Bangkok Pat" offers viewers in-depth explorations of various Bangkok districts, shedding light on their unique histories and cultural nuances. His content often uncovers lesser-known stories and hidden gems, providing both residents and visitors with fresh perspectives on the city.

Pat's engaging storytelling and meticulous research have garnered him a dedicated audience, particularly among expatriates and those interested in Bangkok's multifaceted identity. In addition to his digital content, Pat extends his expertise to personalized walking tours, allowing participants to experience Bangkok's neighborhoods firsthand. These tours, inspired by his videos, offer deeper insights into the city's evolution and its vibrant communities.

If you haven't already, do yourself a favor—subscribe to *Bangkok Pat* on YouTube and for your own visitors, offer them a Bangkok adventure with Pat. His vlogs but not his walks, are fast-paced, engaging, and packed with insight (and probably a few things you didn't even know you *needed* to know). Please give a warm welcome to the man himself—**Bangkok Pat!**