



Senior Rugby

1. League format will be at the discretion of the Commissioner/ Sport Coordinator
2. CISAA will have the option to play a rugby 7s and/or 15s format for league play for Junior and Senior Varsity boys and girls.
3. If there are less than 4 schools interested in league play, a school may submit two teams in the same division.
4. ASAA handbook used for guidelines for all other rules and regulations.

<https://www.asaa.ca/sport/rugby>