

21 Day Race Equity Challenge

Sample Reflection Questions:

- 1. How did today’s challenge make you feel?
- 2. What is something new you learned by taking today’s challenge?
- 3. Did you notice anything about yourself after taking today’s challenge?

Day	Today, my challenge was...	Reflection
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Use this log as a way to reflect after each daily challenge. Share your reflection online using the hashtags #SBLChallenge