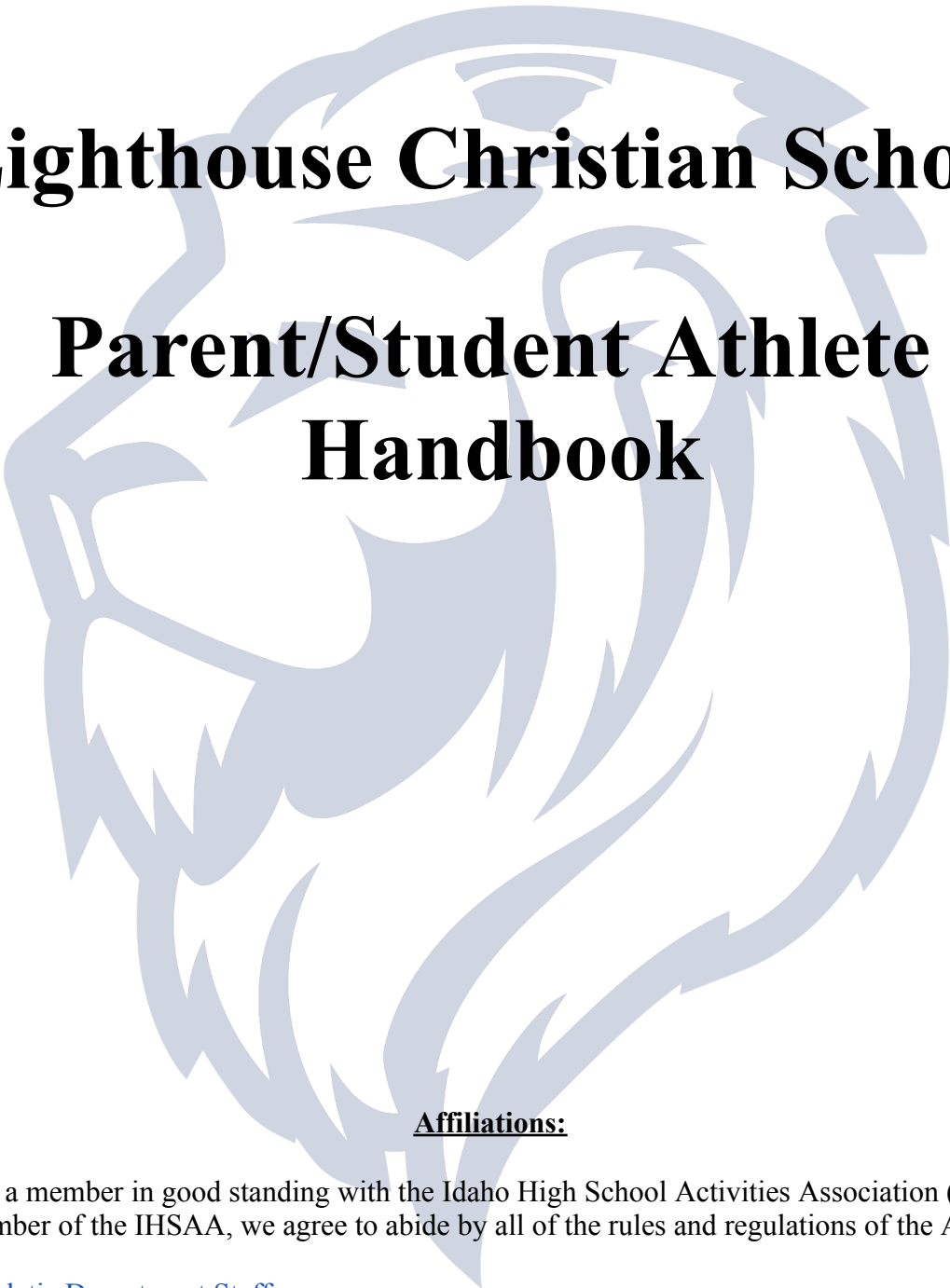




Lighthouse Christian School

Parent/Student Athlete Handbook

Affiliations:

LCS is a member in good standing with the Idaho High School Activities Association (IHSAA).
As a member of the IHSAA, we agree to abide by all of the rules and regulations of the Association.

Contact us: [Athletic Department Staff](#)

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Our Mission.

The Lighthouse Christian School Athletic Program exists to glorify God through athletic competition while developing Christian character, leadership, and sportsmanship in every student-athlete. We are committed to fostering teamwork, discipline, perseverance, and physical excellence as students grow in their athletic abilities. Through every practice, competition, and interaction, our goal is to represent Lighthouse Christian School, our community, and ultimately Christ with integrity, humility, and excellence.

Leadership

We will develop leaders who serve with humility, integrity, and courage. Coaches and student-athletes will model Christ-centered leadership by setting a positive example, serving others, and pursuing excellence in every aspect of the program.

Christian Modeling

We will intentionally reflect Christ in our attitudes, actions, and relationships. Every practice, competition, and interaction is an opportunity to demonstrate faith, character, sportsmanship, and respect while glorifying God.

Communication

We will foster open, honest, and respectful communication among coaches, athletes, parents, officials, and administrators. Clear communication builds trust, strengthens relationships, and promotes unity within our athletic community.

Parental Support

We will partner with parents as essential members of our athletic program. By working together to encourage, support, and develop student-athletes, we create an environment that reinforces our shared commitment to Christ-centered growth and excellence.

Physical and Mental Development

We will challenge student-athletes to grow physically, mentally, and emotionally through purposeful training, healthy habits, and resilience. We are committed to developing disciplined competitors who pursue excellence while prioritizing safety, wellness, and lifelong health.

Community Engagement

We will represent Lighthouse Christian School with integrity by serving others and building meaningful relationships within our school and community. Through competition, service, and outreach, we will seek opportunities to share Christ's love and positively impact those around us.

Parent & Family Partnership

At Lighthouse Christian School, we believe athletics is an extension of the classroom and an opportunity to glorify God through competition, character, and community. Parents are essential partners in helping us fulfill this mission by encouraging student-athletes to pursue Christ, academic excellence, teamwork, and personal growth.

What You Can Expect From Us

Our coaches and athletic department are committed to:

- Communicating schedules, expectations, and team information in a timely manner.
- Providing a Christ-centered environment where student-athletes are challenged to grow spiritually, academically, and athletically.
- Modeling integrity, respect, and sportsmanship in every aspect of the program.
- Prioritizing the safety and well-being of every student-athlete.

What We Ask of Parents

As members of the Lion family, we ask parents to:

- Encourage and support all student-athletes with positivity and respect.
- Model Christlike behavior toward officials, opponents, coaches, and other spectators.
- Allow coaches to coach and officials to officiate.
- Communicate concerns respectfully and directly with the coach before involving the Athletic Director.
- Refrain from negative conversations or social media posts regarding players, coaches, or the athletic program.
- Support the athletic program through volunteer service, including concessions and team needs.

Parent-Coach Communication

Strong communication strengthens our partnership.

Parents should expect coaches to communicate:

- Team philosophy and expectations.
- Practice and game schedules.
- Team requirements and policies.
- Athlete development and safety information.

Parents are encouraged to communicate:

- Schedule conflicts or absences.
- Concerns regarding their child's well-being or development.
- Questions after first speaking directly with the coach.

Concerns regarding playing time, team strategy, play calling, or other student-athletes are coaching decisions and are not appropriate topics for discussion.

If additional support is needed after meeting with the coach, parents may schedule a meeting with the Athletic Director.

Game Day Expectations

Our athletic events should reflect the mission of Lighthouse Christian School. We expect all spectators to demonstrate Christlike sportsmanship by treating officials, opponents, coaches, players, and fellow fans with dignity and respect. Profanity, unsportsmanlike conduct, artificial noisemakers, and unapproved signs or promotional materials are not permitted.

Working Together

Our greatest measure of success is not championships, but young men and women who love Christ, lead with integrity, compete with excellence, and positively influence others. When coaches, parents, and student-athletes work together with a shared commitment to our mission, we create an athletic program that honors God and impacts lives.

Team Parent Role & Expectations

The Team Parent serves as a ministry-minded support role that partners with the coach and Athletic Department to strengthen communication, encourage parent involvement, and help create a positive team experience for student-athletes and families.

Team Parents will assist with:

Assist with coordinating game-day needs, including concessions, scorebook/libero, clock, line judges, chains, announcer and spotter, team meals, video support (as requested by the coach), and any other areas that help create a successful event experience. Parents are required to help with concessions and other sport specific needs throughout the year (approximately three times per season).

The Athletic Department will provide a master list of volunteer needs and areas of responsibility to assist with organization and communication.

Overall Facility Guidelines

Locker Room Expectations

Locker rooms are provided for athletes to change, prepare, and store personal belongings. Coaches will supervise locker room areas whenever team members are present.

Athletes are expected to:

- Use locker rooms appropriately and respectfully.
- Keep personal belongings organized and secure.
- Leave the space clean and ready for the next team.
- Demonstrate responsibility and respect for school facilities.

Facility Use Expectations

Lighthouse Christian School facilities are a shared resource and should be used with care, respect, and responsibility. Students may only use athletic facilities when proper supervision is provided.

Priority for facility use is given to current LCS students and programs. Outside groups or organizations may use school facilities with approval from the Athletic Director, proof of appropriate insurance coverage, and placement on the school calendar to prevent scheduling conflicts.

All athletes and facility users are expected to help maintain a safe, clean, and respectful environment.

Weight Room Expectations

The weight room is designed to support athlete development and strength training. Athletes must be supervised by a coach at all times.

Expectations include:

- Follow all safety guidelines and coach instructions.
- Use approved exercises and proper training techniques.
- Maintain a respectful and focused environment.
- Return all equipment to its proper place after use.
- Leave the facility clean and secure when finished.

Transportation Expectations

LCS will make every effort to provide bus transportation for away contests. For local events, parent transportation may occasionally be needed.

Expectations include:

- Written permission is required if a student-athlete rides with someone other than a parent/guardian.
- Student-athletes may leave an event with their parent/guardian if the Athletic Department is notified in advance.
- Coaches will coordinate parent transportation when needed.
- Coaches are responsible for ensuring buses are clean and orderly after team travel.

Uniform & Equipment Expectations

Uniforms and equipment are valuable resources that support our athletic programs. Student-athletes and families share the responsibility of caring for all issued items.

Coaches are responsible for:

- Maintaining accurate inventory records.
- Using check-out/check-in procedures for uniforms and equipment.
- Ensuring safety equipment meets required standards.
- Addressing repairs, maintenance, and replacements as needed.

Student-athletes are responsible for:

- Caring for uniforms and equipment.
- Returning all issued items at the end of the season.
- Reporting lost or damaged items promptly.

Lost or damaged uniforms and equipment may result in replacement costs being charged to the student-athlete's family.

Student Athlete Responsibilities

Your education is your first priority as a student-athlete. At Lighthouse Christian School, our goal is to help you reach your full academic potential while recognizing that athletics is an important part of your overall development. As a student-athlete, you are expected to uphold the responsibilities that support both your academic success and athletic growth.

A Lighthouse Students Athlete will:

- Strive to achieve sound citizenship and desirable social traits, including emotional control (verbally and physically), honesty, cooperation, dependability, and respect for others and their abilities, including maintaining Christlike character..
- Maintain appropriate [athletic physical](#) documentation on file.
- Meet academic and eligibility standards established by LCS and IHSAA.
 - Students must maintain a cumulative 2.0 GPA based on the previous semester or, at the beginning of the school year, the cumulative GPA from the previous school year.
 - Grades will be checked at the beginning of the season and again mid season. Students must be passing all classes at these grade check points.
 - If a Student Athletes receives a failing grade they will be given a two week period to bring up any failing grade.
 - Should a student fail to improve during the two week period the result will be: One week ineligibility
 - If a student is failing any class at any time, the coach will be notified and may implement appropriate team or participation consequences.
 - ***Should a student fail to improve their grade after being ineligible, the student may be removed from the team, pending a review by administration and coaches.***
- Show respect for authority and property while learning the value of hard work and sacrifice.
- Desire to excel to his or her potential.
- Accept leadership roles instilled in the athletic programs.
- Be in school half of the academic day (11:30) to participate in practices or games that day, unless prior arrangements have been made with the administration.

- Be responsible for any missed work and should work with the teacher to make up work within the time limits set by the teacher.
- Plan their time so they devote sufficient time to their academic workload and so their involvement in an athletic activity does not interfere with their studies. Academic commitments must be met before athletic events take place. Coaches should discuss these requirements with the athletes and monitor their success.

Student Athlete Appearance Policy

- Not participate in LCS athletic events and/or activities with exposed temporary body art which is insensitive, derogatory, and/or deemed inappropriate by state officials.
- Not participate in athletic events and/or activities with exposed body decorations (piercing). Exemptions would be determined by the IHSAA.
- Uphold standards for the school dress code, with the exception of athletic apparel approved by the Athletic Director.

