

## Go Deep

## The Season of Recovery

10.8.2023

Psalm 23:3

What song touches your emotions? What kind of music speaks most to you?

Read and think about Psalm 23:3

What does this verse say to you?
What emotion does it stir up in you?
What questions do you have about this verse?

"Restore my soul" literally means to "bring back my life"

When was a time that you felt like your life was lost, gone?

What happened to "bring back" your life?
Are you still in the process of bringing it back?

"Path of righteousness" literally means "circle of conforming to God."

Since God is love, life is a journey of conforming to love.

Jesus tells us that the Shepherd's sheep hear and know the Shepherd's voice (John 10:4). What does that voice sound like?

How do you know if you're hearing the Shepherd's voice?

What do you think about Fr Richard Rohr's view of this: "If something comes toward you with grace and can pass through you and toward others with grace, you can trust it as the voice of God. Shaming, accusing, or blaming is simply not how God talks. God is supremely nonviolent. God only cajoles, softens, and invites us into an always bigger field and it is always a unified field."

What words do you hear the Shepherd say from within?