

2018 Sports Day

Prep – Grade 2

25 October, 2018

Preps - 11.30am – 1.00pm

Grade 1-2's - 2.00 - 3.15pm



Students are encouraged to wear their house coloured t-shirts and sun protection.

Timings:

	Preps	Grade 1+2
Welcome	11.30am	2.00pm
Rotation 1	11.40am	2.10pm
Rotation 2	11.50am	2.20pm
Rotation 3	12.00pm	2.30pm
Rotation 4	12.10pm	2.40pm
Rotation 5	12.20pm	2.50pm
Rotation 6	12.30pm	3.00pm
Closing	12.40pm	3.10pm

Station	Activity
1+7	Shot Putt – Using modified shot putts, students push the ball into the designated hoop targets.
2+8	Shuttle Relay – Students merge with opposite group and complete a shuttle relay. One group at each end, students run baton across to other side. Each team will run a designated number of times.
3+9	Discus – Using quoits, students throw discus style as far as they can.
4+10	Sack Relay – students are divided up into four teams to complete a traditional sack relay.
5+11	Javelin – Foam javelins are thrown as far the students are able
6+12	Sprints – Students run as fast as they can over a certain distance.

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Starting Positions

Station	Prep	Grade 1*	Grade 2*
1	PNP Girls	Girls A-H	
2	PSD Girls	Girls I-P	
3		Girls Q-Z	
4	PAA Girls		Girls A-H
5	PEK Girls		Girls I-P
6			Girls Q-Z
7	PNP Boys	Boys A-H	
8	PSD Boys	Boys I-P	
9		Boys Q-Z	
10	PAA Boys		Boys A-H
11	PEK Boys		Boys I-P
12			Boys Q-Z

5
Javel
in

4
Sack
Relay

6
Sprint
s

3
Discu
s

7
Shot
Putt

2
Shuttle
Relay

8
Shuttle
Relay

1
Shot
Putt

9
Discu
s

12
Sprint
s

10
Sack
Relay

11
Javel
in

2018 Sports Day
Prep – Grade 2
18 October, 2018
Preps - 11.30am –
1.00pm
Grade 1-2's - 2.00 -
3.15pm