

Name:

GRADES 9–12



Friendships & Boundaries Online

1. As you watch [Teen Voices: Friendships and Boundaries](#), write down examples of relationships and forms of communication that feel positive and ones that do not.
2. How do you think your friendships have been affected positively and negatively by using digital devices and social media?
3. How do you decide on the best way(s) to communicate with your friends? Do you text, call, FaceTime, comment on a post, or meet face-to-face? Does it depend on the person?
4. What are some strategies or boundaries for building healthy and rewarding relationships with your friends and family when communicating online?



RELATIONSHIPS & COMMUNICATION

*We know the power
of words & actions.*

Adapted from <https://commonsense.com/education>.