



Sports Medicine in Duluth

FMCH 7538

AY 2025-26

SYLLABUS STATEMENT

This course was designed by a team of faculty utilizing the evidence-based design processes. The purpose of the syllabus is to provide clarity about course expectations and contact information. Consider using this document as a guide for the course and to provide transparency and accountability for all.

COURSE DESCRIPTION

This course is an opportunity for students interested in primary care or a musculoskeletal specialty to develop an appreciation for the role of sports medicine in his/her practice. The student will work closely with full-time sports medicine physicians and allied health providers, including physical therapists and athletic trainers. This will include work in an office practice, rehabilitation facilities, training rooms, and various athletic events.

CANVAS SITE

[FMCH 7538 AY25-26 Canvas Site](#)

Clinical Sites: DU-1012:

Essentia Health - 3rd St. Clinic

Essentia Health Proctor Clinic

Essentia Health Hermantown Clinic

SL-1003: Aspirus St. Lukes Hospital

Prerequisites: N/A

Terms offered: S1-S4, F1-F4, SP1-SP4

Length of course: 2 weeks

CLERKSHIP DIRECTOR

[Role descriptions & how they can assist](#)

Luke Widstrom, MD

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CLERKSHIP COORDINATOR

[Role descriptions & how they can assist](#)

Joann Scozzari

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REFERENCES & ALIGNMENT TO GRADUATION REQUIREMENTS

Institutional Goals & Objectives	Entrustable Professional Activities	Methods of Instruction
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UMN Competencies Required for Graduation	Refer to EPAs	Refer to AAMC Categories
Be able to take a problem oriented sports injury history and perform a focused physical examination, especially for shoulder and knee problems.	EPA 1, EPA 6	Clinical Experience - Ambulatory (IM002) Patient presentation (IM015, IM016, IM031)
Appreciate the comprehensive care of the sport injured patient by following patients longitudinally through initial office/training room/on field assessment, physical therapy, surgery if necessary, follow-up reassessment, and stepwise resumption of athletic activity, with emphasis on preventive measures; and especially in this regard know how to manage acute ankle sprains.	EPA 1, EPA 2, EPA 3, EPA 8, EPA 9	Clinical Experience - Ambulatory (IM002) Patient presentation (IM015, IM016, IM031)
Have an understanding of the basic approach to overuse injuries with emphasis on the importance of rehabilitation and prevention of recurrence.	EPA 7	Clinical Experience - Ambulatory (IM002)
Have an understanding of the role of other health care providers in the assessment and treatment of sports injuries.	EPA 9, EPA 10	Clinical Experience - Ambulatory (IM002)
Have an appreciation of the role of primary care physicians in the assessment and treatment of sports injuries, including an understanding of when and how specialty consultation/referral is made.	EPA 9, EPA 10	Clinical Experience - Ambulatory (IM002)

CLERKSHIP CURRICULUM ALIGNMENT TABLE

[Learning goals aligned to Graduation Competencies](#)

Methods of Assessment - Formative & Summative	Methods of Instruction
<i>Clinical Performance</i> <i>Rating/Checklist (AM002)</i> <i>Oral patient presentation (AM011)</i> <i>Participation (AM012)</i>	<i>Clinical Experience - Ambulatory (IM002)</i> <i>Patient presentation (IM015, IM016, IM031)</i>

CLERKSHIP OUTLINE AND CONTENT

Sample Clerkship Weekly Calendar

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	A typical schedule is M-F 8am-5pm						
2							

Site Specific Information: [FMCH 7538 Site Details](#)

Clerkship Resources: See Canvas course "Resources" for most up to date list

GRADING AND ASSESSMENT

Graded Element Description	Summative or Formative	Timing	# Questions	Percentage of Final Course Grade
Clinical Assessment by Attending - Medtrics Preceptor Evaluation of Student: General Form (P/N)	Summative	End of Rotation	N/A	Pass/No Pass
			TOTAL	PASS

ATTENDANCE REQUIREMENTS

- **Excused Absences:** Please see the Medical School's [Attendance Requirements and Excused Absence Policy](#) for details/process related to absences. Requests for an excused absence should be emailed to the course director.

COURSE EVALUATION REQUIREMENTS

Student course evaluations represent an important contribution to the educational stewardship of the U of MN Medical School. Each year, the curriculum is carefully re-evaluated in the light of specific student suggestions, and student feedback is taken very seriously. Therefore, completing the course evaluation for each course is a required professional expectation of medical students. The Course Evaluation is open for approximately two weeks following the end of the course, and must be completed in the CourseEval system while it is open.

OTHER COURSE GUIDELINES AND POLICIES

Remediation	Students who fail to meet the minimum requirements for passing this course will have their performance reviewed by a campus-specific Scholastic Standing Committee (SSC). SSC will determine eligibility for make-up, retakes, or a different path of remediation. Grading & Grade Appeals information
Mistreatment	Mistreatment and Harassment Policy and Reporting Information
Professionalism	Student Conduct Code

Intellectual Responsibility	Procedures for Reporting Ethics Violations to the Peer Review Committee can be found here , in the event that a student, faculty, or staff member witnesses a violation of the Statement of Intellectual Responsibility .
Disability Resources	<p>Accommodation information:</p> <p>Duluth: DRC website, umddr@d.umn.edu, 218.726.6130</p> <p>Twin Cities: DRC website, drc@umn.edu, 612.626.1333</p> <p>If you have, or think you have, a disability in any area such as, mental health, attention, learning, chronic health, sensory, or physical, please contact the campus-specific DRC office to arrange a confidential discussion regarding equitable access and reasonable accommodations.</p>
All Medical Education Policies	Medical Education Policies
*Syllabus Change	Except for changes that substantially affect implementation of the evaluation (grading) statement, this syllabus is a guide for the course and is subject to change with advance notice.