

Gravel Iowa River Greenbelt Ride, Sunday, Sept. 19 @ 9 AM. Iowa Falls, IA

100 km / 62 mile bike ride (other distances available). Start & end outside <u>Timbukbrü</u> (corner of River St. & Washington Ave). Come enjoy a scenic ride through the rolling hills and river valley along the <u>Iowa River Greenbelt</u>. This multi-surface ride is mostly on gravel roads, but includes some paved county roads near towns and a bit of <u>Level C</u> grass/dirt road (yes, we have permission from an adjacent landowner to ride it that day). Mixing it up a bit with a new start/end location and a few different gravel roads this year.

Routes / Distances & Departure

Something for every gravel rider, 30-100 miles, depending on experience / how long you want to be out. Routes with GPX files linked below-

GIRG - 100K / 62 miles Mini-GIRG-30 miles

Medio-GIRG - 45 miles Mega-GIRG - 100 miles

Cue sheets also available <u>HERE</u> (print your own if using this option)

GIRG & Mini / Medio departs at 9 AM. Mega-GIRG 100 mile departs at 7:30AM.

These are group "semi-official" start times since really...you can start whenever you want...

Just for a little fun...each route crosses the Iowa River Swinging Bridge at Assembly Park towards ride's end. A nice view of the river/cliffs, but it's really NOT a "ride your bike across it" kind of bridge...please walk your bike across.

Food / Drink / Towns

Optional stops as needed (mile listed specific to GIRG 62 mile route).

Mile 24 - Steamboat Rock "east" (Rock Stop convenience store)

Mile 32 - Eldora- Sunshine Cafe (just east of Courthouse), Casey's General Store.

Mile 38 - Steamboat Rock "west" (Happenings Bar, also has Pasquale's pizzas).

Mile 55 - Iowa Falls Kwik Star convenience store.

Mile 62 / End in Iowa Falls. Timbukbrü (open at 1PM) and River Tap Bar & Grill (open at 11AM)

PARKING - Please park in the Iowa Falls library / city hall lot just west of Timbukbrü or use street parking so we can leave Timbukbru's small parking lot open for other customers

Entry fee / donation

The <u>House of Compassion</u> in Marshalltown serves those in need, and they were very grateful for the supplies and funds donated in GIRGs past, so the "entry fee" is the same...bring a couple items from the list here to throw in the tub near the ride's start, and they'll be delivered to the HOC Supply Closet.

House of Compassion Needs: Toiletry and household supplies,ie: toilet paper, paper towels, tissues, garbage bags, body wash, shampoo, hand soaps, dish soap, laundry soap, tooth paste, denture cream, shaving cream, deodorant, diapers for both children and adults, feminine products, pain relievers, band-aids, hand lotion, light bulbs, batteries, etc.

Camping Options

Gehrke's Campground & Lake is a private campground about 10 miles south of Iowa Falls. Primitive camping along the river east of Iowa Falls at Eagle City Park or free "very primitive" camping at Cross' Ford (just a large mowed area at this canoe access).

You are Responsible for You

The organizer of the GIRG Ride is compensated through good vibes and the enjoyment that comes from hanging out with gravel-people on a long, dirty, fun ride. The ride is free, and therefore totally self-supported / no SAG services. Each rider is considered to be on a private excursion and remains solely responsible for him/herself and any accidents in which he or she may be involved. No responsibility can be accepted for riders becoming lost, stranded, injured, crashing into a donkey on a Level C road, falling into the river, or otherwise inconvenienced or upset about anything. The route is un-marked and roads are (obviously) open to vehicle traffic. You should also pull off to the right and stop if any large agricultural vehicles / equipment are passing by in either direction. While gravel is generally low traffic, we'll also be on some paved county roads for a few short stretches.

It's going to be another <u>beautiful September Sunday</u>. But if not, rain date TBD...



