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***Off-Service Resident Rotations***  
***Physical Medicine & Rehabilitation Residency Program***

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**Introduction**

Welcome to the Physical Medicine & Rehabilitation program! If you are reading this document, you are likely a resident in another specialty such as neurology, orthopedic surgery, vascular surgery, neurosurgery, family medicine, palliative care, or another psychiatry program outside of Calgary.

The purpose of this document is to outline communication and expectations during this rotation, as well as additional learning opportunities and points of contact if needed.

**Contacts**

If you have questions about your rotation, on-call responsibilities or learning opportunities during this block, please email any of the following:

- Program Administrator Daphne Bates: [daphne.bates@ahs.ca](mailto:daphne.bates@ahs.ca)
- Program Director Dr. George Francis: [george.francis@ahs.ca](mailto:george.francis@ahs.ca)
- Assistant Program Director Dr. Rebecca Charbonneau: [rebecca.charbonneau@ahs.ca](mailto:rebecca.charbonneau@ahs.ca)
- Lead Residents:
  - Dr. Mattea Lee, PGY-3: [mattea.lee@ucalgary.ca](mailto:mattea.lee@ucalgary.ca)
  - Dr. Kara Sidhu, PGY-3: [kksidhu@ucalgary.ca](mailto:kksidhu@ucalgary.ca)
  - Dr. Scott Moorman, PGY-5: [swjmoorm@ucalgary.ca](mailto:swjmoorm@ucalgary.ca)

**Prior To Your Rotation**

**3 months prior to your rotation, you should submit any vacation requests during the block to both our Program Administrator (Daphne) and our Lead Residents who organize the call schedule.** Within 2 weeks of starting your rotation, you should have received your schedule for the rotation. If not, please contact Daphne to ensure it is ready and you can be sent a copy.

**Location**

The majority of neurorehabilitation psychiatry occurs in the Special Services Building of FMC. On the main floor are the outpatient clinic area, inpatient rehabilitation services, resident room, and all physician & administrative offices.

You may use the resident room to store your belongings and use the computers. The door has a numerical padlock - please contact one of the Lead Residents to obtain the code.

There will also be clinics and rotations in other acute care sites and community clinics. Please contact your preceptor to confirm all locations and clinic scheduling.



## On-Call

You may be on-call for Physiatry during your rotation. The lead residents organize the call schedule, and Daphne sends the call schedule out, block by block. Please contact them if you have questions/concerns about the call schedule.

Please read through our call document as it's a bit different from other services:

[https://docs.google.com/document/d/1nSVdRUjHxKsup0QmGaGCFNpkq2zp3UT9h\\_trPUO5N4E/edit?usp=sharing](https://docs.google.com/document/d/1nSVdRUjHxKsup0QmGaGCFNpkq2zp3UT9h_trPUO5N4E/edit?usp=sharing)

Some information about call:

- You are on home-call for the Tertiary Neurorehabilitation unit (TNR or Unit 58). TNR is located on the 5th floor of SSB at FMC, Unit 58. It consists of 45 beds (3 services: 15 brain injury, 15 stroke and 15 spinal cord injury). For all 3 services, the MRP are hospitalists (2 per service or 6 total) and each service has a physiatrist consultant (3 total). However all the physiatrists rotate call for one week at a time so it is very possible that the staff on call with you does not know the patients since they're likely not on service.
- Home call consists of weeknight call from 5pm-8am, and weekend call from Friday at 5pm until Monday at 8am (or until Tuesday at 8am if there is a statutory holiday).
- You are on call for inpatient ward issues only. The phone number for the TNR unit is 403-944-4258. **Please call the unit and provide them with your cell phone number in case there is an issue trying to reach you via paging you.**
- You are not on-call for any inpatient or outpatient consults, or for calls outside of TNR (such as calls from the ERs throughout the city). If you get any calls outside of TNR, you can defer them to daytime physiatry consult services. If there is trouble or miscommunication about a service requesting a physiatry service, please call your staff physician on call and discuss/defer to their recommendations, as they may need to discuss it directly with the physician who paged you.
- When you start your on-call shift, any issues that may arise or may be pre-existing should be handed over by the hospitalists or any physiatry residents on-service. They will page you to let you know about issues, around the time you start call. If you want to ensure no handover has been missed, you can also contact them directly (page or call the unit if you are unsure of who the hospitalists/residents are, and how to reach them.)
- If there are issues for you to handover to any of the inpatient rehabilitation hospitalists/teams the next day, you can call or page the appropriate hospitalists to let them know. For weekend call in particular if there are multiple updates, it is most appropriate to



keep a running document of issues to discuss. This can be sent to the hospitalists by AHS email but you must also speak with them directly to ensure they received the handover. Please see the end of this document for a handover template.

- On the weekends, you go in to round on patients yourself and no staff will be present. Please see anyone who nursing staff may have concerns about. There is a black book on the unit by the nursing desks where nursing writes issues for the doctor on-call (you) to look at. Take a look at it on both Saturday and Sunday. If there are non-acute issues, you can defer them to the hospitalists for Monday.
- If ever you have trouble getting a hold of the staff and you need to speak to them (ie. they're not answering their pages) - call TNR and ask the unit clerk for the staff's cell or home phone number. You may also find this information on ROCA or by calling switchboard.

### **Academic Activities**

Thursday afternoons are Physiatry Academic Half Day. You are welcome to attend if you are not scheduled for other clinical duties. Half Day runs from 1pm - 5pm and may be over Zoom or in-person. Please contact Program Director Dr. Francis - who organizes the half day schedule - if you require further information.

Friday mornings are the Department of Clinical Neuroscience (DCNS) Grand Rounds from 8am-10am. Please attend these. The first hour consists of case-based presentations, and the second hour is a presentation by a visiting guest speaker. Please note there are no grand rounds during July and August.

The second Wednesday of every month from 8am-9am is province-wide Alberta Physiatry Rounds, in collaboration with the University of Alberta Physical Medicine & Rehabilitation program. These occur on zoom. Please attend these.

Please visit this link for the academic half day schedule and Zoom links:

<https://sites.google.com/view/uofcpmr/schedules/academic-half-day>

Please visit this link for DCNS Grand Rounds and Alberta Physiatry Rounds schedules:

<https://cumming.ucalgary.ca/departments/dens/rounds>

If you have difficulty finding rounds schedules or locations, please email the Lead Residents.

### **Other Learning Opportunities**

If you do not have any learning opportunities scheduled for a particular time, or a staff physician has a phone clinic and it may not be an ideal learning experience, here are some other opportunities:



- Contact a staff physiatrist doing inpatient consults to see if they have additional consults to be seen. This includes all of the neurorehabilitation services (brain injury, stroke, and spinal cord injury), and general inpatient consults at the various hospitals including RGH, PLC and SHC.
- Spend time with the therapists working with TNR patients to see how patient rehabilitation sessions work. These occur on the main floor of the Special Services Building, near the physiatry outpatient clinic space.
- Join NCS/EMG clinic with a physiatrist. There are EMG clinics running at FMC, RGH and SHC throughout the week.

If you are looking into any of these opportunities and specific dates/times, please contact the Program Director Dr. George Francis.

### **Evaluations on Rotation**

If you are in a time-based residency program, you will have a final ITER evaluation at the end of your rotation. Please let Daphne know who your primary preceptor was during the rotation, so she can send them an ITER to fill out on One45.

If you are in a competency-based residency program, please use the guidelines of your home program to gather EPAs and/or narratives from staff physicians you work with over the course of the rotation.

### **Resources**

There are a number of guidelines and textbooks that can be utilized during your rotation. Please visit our resident room textbook library, and also visit our program website for an abundant list of resources: <https://sites.google.com/view/uofcpmr>

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Please contact any of us as mentioned if you have any questions. We hope you enjoy your rotation with us!



**Email Template for Handover on Monday morning after weekend call (or Tuesday morning after a long weekend): Include all hospitalists and consultant physiatrists.**

Hi everyone,  
Please see the following for your teams patient updates:

**Stroke Team**

**Dr. Hospitalist #1**

Patient name

Acute issue + plan

**Dr. Hospitalist #2**

Patient name

Acute issue + plan

**TBI Team**

**Dr. Hospitalist #1**

Patient name

Acute issue + plan

**Dr. Hospitalist #2**

Patient name

Acute issue + plan

**SCI team**

**Dr. Hospitalist #1**

Patient name

Acute issue + plan

**Dr. Hospitalist #2**

Patient name

Acute issue + plan

Please feel free to contact me if you have any questions or concerns via phone (insert your cell # here) or pager (insert your pager # here).

Thank you,  
(your name here)