



St Winefride's Football League Code of Conduct, Rules and Guidelines



All players must conduct themselves in a manner that demonstrates excellent behaviour and respect for their fellow players at all times.

St Winefride's operates a zero tolerance behaviour policy and failure to comply with the rules and guidelines, a three card system will be implemented and adhered to with no exceptions.

Yellow card = One game ban

Orange card = Two game ban + Two weeks of training ban

Red card = At the club leader's or Head Teacher's discretion - Immediate ban from all football for the rest of the current term.

Please note all penalty cards will be retracted after six weeks of effectively following the core values.

The Core Values

- **Good Sportsmanship**

This is identified as being a "Good Winner" and being a "Good Loser." After the game, all players must shake hands.

- **Using positive language**

This requires being supportive during and after the game. No animosity towards your team mates or opponents.

- **Respectfulness.**

Players should treat others as they would like to be treated, working together to establish a positive atmosphere. However, if a player is disrespectful to another player, they should not retaliate, but remind their peers of the guidelines in a polite manner.

There is nothing more wonderful in football than scoring a goal or winning a game, so these rules do not prohibit you from celebrating a win or a goal. Just please keep in mind the "Core values".

Rules & Guidelines

1. Games

The league(s) will consist of 8 teams over 4 year groups, each of which will play at least 12 games beginning in September 2025 and ending in July, 2025, with the top two teams participating in a championship match in the last week of the academic year.

- A maximum of 9 players in a squad.
- 6 A-side games.
- Games last **30 mins for Premiership. 20 mins for Championship.**
- A total of 2 minutes of added time may be added on for subs.
- Captains to be chosen before kick off.
- A coin toss decides which teams wear red or blue bibs and who kicks off.
- The referee's decision is final.

The games are to be held on the playground rubber surface. However, for safety reasons during the wetter months, our football zone may be used.

2. Fixtures

The fixtures will be made available for players to view at the start of the season and will be displayed on the notice board under the main canopy in the school playground as well as in the weekly newsletter. Plenty of notice will be given of any changes to fixture dates due to school activities.

All games will be played on Thursdays in the school playground. The after school games will start at 4:20 pm promptly. A training session will take place for the two teams playing that afternoon at 3:20 pm to 4:15pm. The morning games will start at 11:30 am. If a game must be postponed due to the weather conditions, a new date and time will be scheduled and you will be notified by letter.

3. During the Games

Under no circumstances are you permitted to enter the main section of the school without adult supervision, unless they are using the toilets. Substitutes are to be seated at all times during the match and in their designated area.

Only water bottles to be used during games. No food/snacks are permitted to be eaten during the session. If you do not have a water bottle, there are water fountains next to where the matches are played. During hotter weather, there will be a 5 minute half time water break.

4. Substitutions

Only the captain has the authority to request that the game be stopped so that substitutions can be made. A total of **six** substitutions are permitted during a single game.

5. Protective Equipment

Players are required to bring their own shin pads and socks to the sessions. Goal keeping gloves will be provided.

6. Final whistle

Once the final whistle blows, players will collect their belongings promptly from the substitutes area under the canopy. A member of staff will then escort the players to be dismissed through the main office. Any late collections will be noted and if a child is collected late on more than two occasions, the player may be banned from playing their following fixture.

7. No Spectators

Siblings, other family members and friends of players are not permitted to attend the sessions as the coach will not be able to supervise them. Siblings must be picked up at the end of the school day at 3:15 pm.

8. Collection

Players must be collected promptly at the specified time by parents or carers. If players are collected late, they may not be able to continue to attend.