

6th Form Outdoor Learning Curriculum Overview

Stomping Grounds

FUSE	2024/2025					
Term	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Topic/ Skills	Topic: Grounding - Skills: developing emotional confidence in the woodland and with the lead practitioner at Stomping Grounds - exploring & sensory activities.	Topic: Team building - Skills: group activities and challenges to encourage everyone to mix with and communicate with each other. Reflections and discussion about team working skills.	Topic: Resilience - Skills: coaching in coping strategies for emotional and physical discomfort. Fires and campfire cooking, solo challenges, active group games.	Topic: Self-awareness - Skills: reflection and noticing physical and emotional internal experiences. Contemplative time + large variety of group and solo woodland activities.	Topic: Nature connection - Skills: sensory activities, crafts and conservation activities to build emotional connection with the woodland space and nature more broadly.	Topic: Celebration - Skills: facilitated reflection and celebration on improvements in connection to self, each other and nature. Group games, group cooking, natural art.

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