

A multi-disciplinary student-run health initiative to promote all aspects of health: physical, mental, social, & spiritual

Executive Team Member Application 2025/2026

Please follow the application instructions carefully, and submit the application and any additional questions to: raisethebar@clubs.queensu.ca

DUE: **September 14th, 2025 at 11:59 p.m.**

We are currently hiring the following positions:

Events Coordinators (2-3)

- Report to Head of Events
- Continual idea generation and advancement
- Not scared to try new things and learn!
- Good social skills and superb communication and organizational skills
- Communicating with members in the Queen's and Kingston community
- Organizing and planning events

Social Coordinators (2-3)

- Lead and organize social events
- Continual creative and fun idea generation and advancement for social events
- Good social skills and superb communication and organizational skills
- Communicate with members of the club and the Queen's community

Research Coordinators (3)

- Report to Marketing and Communications Head
- Collaborate with the marketing coordinators
- Collection of up-to-date and relevant articles for various forms of health
- Help create and write monthly article posts for facebook
- Organize and maintain documents and articles from research
- Continual idea generation and advancement
- Good critical thinking and communication skills



Marketing Coordinators (2-3)

- Report to Marketing and Communications Head
- Create social media posts and aid in the innovation of social media platforms
- Continual idea generation and advancement
- Superb organizational abilities and communication skills

Please fill out the following general information:

Name:

Email:

Phone number:

Where are you residing for the semester:

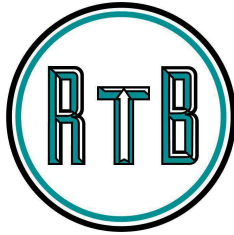
Program/year:

Application Questions (New to the Raise the Bar) (250 word max per questions):

- 1. What does health mean to you?**
- 2. What aspects of health do you think require more awareness/promotion at Queen's? What are some creative, engaging ways to enhance promotion of health both online and in person?**
- 3. If you could live anywhere in the world, where would it be and why?**
- 4. What sparked your interest in applying to Raise the Bar?**

Application Questions (Returning Members) (250 word max per question):

- 1. What position were you in last year and what do you think we could improve in that position specifically?**
- 2. If you are applying for a new position, what are your reasons? If you are keeping the same position, what has motivated you to return?**



3. What aspects of health do you think require more awareness/promotion at Queen's? What are some creative, engaging ways to enhance promotion of health both online and in person?

4. If you could live anywhere in the world, where would it be and why?

5. What sparked your interest in re-applying to Raise the Bar?

Position Specific Questions (All Applicants):

Only complete this question if applying for a Marketing Coordinator position:

What are some things that you suggest we implement to increase our social media presence/ engagement such as instagram likes, Facebook following etc.)? Please be sure to check out what we have already and follow us on instagram and like us on facebook!

Only complete this question if applying for an Events Coordinator position:

What are some suggestions for events that we can host that promote multidimensional health? (similar to Raise a Glass and Dodgeball- something super fun)

Only complete this question if applying for a Research Coordinator position:

Traditionally, the research position gathers information from studies, papers, and media. Suggest other methods of gathering information around campus.

- **Also, please submit an article about mindfulness (include a source) and explain why the article is applicable to RTB**

Only complete if applying for an Social Coordinator position:

What are some suggestions for social events for the executive members of the club? (something fun for the members to become more familiar with one another)

Thank you for applying!