



FRANKLIN PUBLIC SCHOOLS RESOURCE LIST

Feel stressed, worried, or depressed...
Or know someone who is?
Having problems with friends, family members...?
Need someone to talk to?

Help is available – There are many people who care!

School Resources

Parents, Teachers, Coaches, Guidance/Adjustment Counselors, School Psychologists, School Social Worker, Administrators

Community & State/National Resources

Franklin Police.....Emergency 911.....508-528-1212

Suicide and Crisis Lifeline - call/text 988 or visit www.988lifeline.org

SAFE Coalition - www.safecoalitionma.org - SAFE Support Hotline.....508-488-8105

Arbour Counseling Services, Franklin.....508-528-6037

Riverside Community Care Services, Milford.....508-634-3420

Wayside Youth & Family Services, Milford.....508-478-6888

Williams James College Interface Referral Service.....617-332-3666

Substance Abuse and Mental Health Services Administration (SAMHSA).....1-800-662-4357

www.samhsa.gov/find-help/national-helpline

Al-Anon and

AlaTeen.....www.ma-al-anon-alateen.org

Massachusetts Substance Abuse Helpline –

24/7.....1-800-327-5050

Massachusetts Smokers’

Helpline.....1-800-QUIT-NOW

Drug and Alcohol Rehab Resources and Support.....Help.org

Vaping and Electronic Cigarettes.....Vaping Info: Franklin Public

[Schools](#)

American Pregnancy

Association.....1-800-672-2296

Multi-Service Eating Disorders Association (MEDA).....617-558-1881

Psychiatric Emergency Services - Advocates, Framingham.....508-628-6300

National Domestic Violence Hotline –

24/7.....1-866-331-9474

Trevor Lifeline-for GLBTQ Youth –

24/7.....1-866-488-7386