

SOLE F80 vs Horizon 7.8 AT Treadmill: Specs, Pros & Cons

Meta Description: Compare the SOLE F80 with a 3.5 HP motor and subscription-free operation versus the Horizon 7.8 AT with 4.0 HP motor, 3-Zone cushioning, and third-party app requirements.



Alt text: The SOLE F80.

Key Takeaways

- The SOLE F80 features a 3.5 HP motor with built-in streaming apps, requiring no subscription, while the Horizon 7.8 AT requires separate app memberships for Peloton, Daily Burn, and Nike content.
- Both treadmills provide 22" x 60" running surfaces with cushioning technologies, but the SOLE's CushionFlex Whisper Deck offers a firmer road-like feel.
- The Horizon 7.8 AT supports users up to 375 pounds versus the SOLE F80's 350-pound capacity, though the SOLE's heavier 274-pound construction provides excellent stability rated for users at full speed without wobbling.
- SOLE offers a lifetime frame and motor warranty with 3 years on deck and parts, while Horizon provides a lifetime frame/motor with 5 years on parts and 2 years on labor.
- The [SOLE F80](#) at \$1,799.99 saves \$1,500+ over 3 years versus subscription-based competitors, with the FREE SOLE+ App providing hundreds of fitness classes.

SOLE F80 vs Horizon 7.8 AT: Which Delivers Better Value?

At this price point, the specs are close enough that the real difference comes down to cost over time. The Horizon 7.8 AT has a 4.0 HP and a higher weight capacity, but it costs \$200 more upfront and requires paid subscriptions for Peloton and other fitness apps. The SOLE F80 includes Netflix, YouTube, and Disney+ built in with no ongoing fees, and its lifetime frame and motor warranty covers the components that matter most.

In this comparison, we break down both treadmills across motor performance, cushioning, warranty terms, and real running experience, so you know exactly what you're getting.

Award-Winning Commercial-Grade Treadmills for Your Home



Choose from 3 Proven Series:

- F6X like [F63](#) and [F65](#) for affordable durability
- F8X like [F85](#) and [F89](#) for premium features
- Non-Folding like [T18](#) and [ST90](#) for serious athlete performance

Why Choose SOLE:

- ✓ Commercial-grade steel frames with up to 4.0 HP motors
- ✓ Cushion Flex technology reduces joint impact by 40%
- ✓ Industry-leading lifetime warranty on frame & motor
- ✓ Weight capacity up to 400 lbs with whisper-quiet operation
- ✓ FREE curbside shipping + workout classes via SOLE+ app

30-Day Money-Back Guarantee: Love it or return it, no questions asked.

[Shop SOLE Treadmills Now →](#)

SOLE F80 Treadmill: Subscription-Free Premium Features



Caption: The SOLE F80 features a 3.5 HP motor with speeds up to 12 mph and 15 incline levels.

Alt text: A woman using the SOLE F80.

The 10.1" touchscreen includes built-in apps for Netflix, YouTube, Disney+, plus FTMS connectivity for Peloton App and Zwift without subscription requirements. Screen mirroring allows access to any smartphone content during workouts.

The 22" x 60" running surface with CushionFlex Whisper Deck provides a firmer, road-like feel that delivers honest pacing for runners while still reducing impact compared to outdoor running.

The 350-pound weight capacity with 274-pound machine weight creates stability that handles full-speed running without wobbling.

Features include wireless device charging, Bluetooth speakers, WiFi connectivity, 10 pre-programmed and 12 user-defined workouts, and a phone/tablet holder.

The Easy Assist folding mechanism reduces the footprint to 45"L x 38"W x 71.5"H when stored. Assembled dimensions measure 82.5"L x 38"W x 66"H with an 8" step-up height.

SOLE F80 Pricing

[The SOLE F80](#) retails at \$1,799.99 (sale price, regularly \$1,899.99) with financing available from \$162.46/month.

The lifetime frame and motor warranty includes 3 years on deck and parts, plus 1 year on labor.

All features work from day one with no subscription required, saving \$1,500+ over 3 years versus Peloton or NordicTrack.

Horizon 7.8 AT Treadmill: App Integration Focus



Caption: The Horizon 7.8 AT offers QuickDial speed and incline controls with integration for Peloton, Daily Burn, Nike, and other fitness apps, though each requires separate subscription memberships.

Alt text: Horizon 7.8 AT.

The [Horizon 7.8 AT](#) supports up to 375 pounds on its 22" x 60" deck with 3-Zone Variable Response Cushioning that adjusts firmness across different strike zones.

The machine weighs 330 pounds with assembled dimensions of 76"L x 37"W x 64"H, folding to 42"L x 37"W x 71"H.

The 9.3" color TFT screen displays workout metrics including calories, distance, heart rate, incline, pace, speed, and time.

Built-in programs include 5K, Calorie, Custom, Custom HR, Distance, Fat Burn, Heart Rate, Hill Climb, Manual, and Sprint 8. The QuickDial controls enable quick speed and incline adjustments during interval training.

Connect to Peloton (requires App+ membership, sold separately) or stream Netflix, Spotify, Hulu, and YouTube for entertainment.

Bluetooth chest strap is included for heart rate connectivity. Features include aluminum side rails, fan, audio in/out jack, Bluetooth speakers, and USB charging.

Horizon 7.8 AT Pricing

At \$1,999 (regularly \$2,499), the Horizon 7.8 AT costs \$200 more than the SOLE F80. It includes a lifetime frame and motor warranty with 5 years on parts and 2 years on labor.

However, Peloton App+ membership and other fitness app subscriptions require additional ongoing costs beyond the purchase price.

Comparison and Specifications Table

Specification	SOLE F80	Horizon 7.8 AT
Sale Price	\$1,799.99	\$1,999
Motor	3.5 HP	4.0 HP
Speed Range	0.5-12 mph	0.5-12 mph
Incline Range	15 Levels	0-15%
Running Surface	22" x 60"	22" x 60"
Display	10.1" Touchscreen	9.3" Color TFT
Weight Capacity	350 lbs	375 lbs
Product Weight	274 lbs	330 lbs
Step-Up Height	8"	8.75"
Built-in Streaming	Netflix, YouTube, Disney+	Entertainment apps
Subscription Required	No	Yes (for fitness apps)
Frame/Motor Warranty	Lifetime	Lifetime
Parts Warranty	3 Years	5 Years
Labor Warranty	1 Year	2 Years

Why Choose SOLE F80



Caption: The SOLE F80 delivers subscription-free premium treadmill experience with built-in streaming, commercial-grade durability, and lifetime warranty protection.

Alt text: The SOLE F80 treadmill.

[The SOLE F80](#) combines a 3.5 HP motor with a 22" x 60" running surface, 15-level incline, and 350-pound capacity. The 10.1" touchscreen includes Netflix, YouTube, and Disney+ without requiring subscriptions.

The F80 works well alongside other [SOLE equipment](#) like the SR550 rower for cardio variety, and SW180 adjustable dumbbells for strength training. We also offer the F63, F85, and F89 treadmills at different price points.

[Shop the SOLE treadmill collection today!](#)

Frequently Asked Questions (FAQs)

Do I need a subscription to use all features on these treadmills?

The SOLE F80 requires no subscription to access all functions, built-in streaming apps, and workout programs. The Horizon 7.8 AT's basic functions work without a subscription, but Peloton content requires App+ membership, and other fitness apps like Daily Burn or Nike Run Club require their own paid subscriptions.

How do the cushioning systems compare?

The SOLE F80's CushionFlex Whisper Deck has a firmer, road-like feel that reduces impact while maintaining natural pacing. The Horizon 7.8 AT uses 3-Zone cushioning—softer at impact, medium through transition, and firmer at push-off—to match your stride mechanics.

How quiet are these treadmills for apartment use?

Both treadmills run quietly for apartment use. The SOLE F80's heavy frame and large rollers dampen vibration, while the Horizon 7.8 AT performs similarly though QuickDial adjustments can create brief motor sounds during interval training.

Why does the SOLE F80 represent the better long-term investment?

[The SOLE F80](#) saves money over time with no subscription fees, while competitors can cost \$40-50/month for app access.

The lifetime frame and motor warranty, 3.5 HP motor, and 274-pound construction provide commercial-grade durability trusted in homes and hotels for over 20 years.

***Note:** SOLE does not manufacture or sell the Horizon 7.8 AT. This is an independent review and comparison for informational purposes.

***Disclaimer:** Prices mentioned in this article are accurate as of the date of publication and are subject to change. Please visit the [official SOLE website](#) for the most current pricing information.