# **Health and Safety Policy**

#### Athronydd Research and Consulting

**Applies to:** All activities undertaken by Athronydd, including research, consulting, media production, and visits to schools, offices, or public venues. Also applies to the use of home-based workspaces and freelance collaborators.

#### 1. Statement of Commitment

Athronydd Research and Consulting is committed to maintaining a safe, healthy and supportive working environment for its partners, associates, contributors and participants. Although we are a small, home-based partnership, we take a proportionate and preventative approach to risk management — especially when working with schools, the public, or vulnerable groups.

### 2. Legal Context

This policy complies with the **Health and Safety at Work etc. Act 1974** and is informed by HSE guidance for:

- Small businesses and low-risk working environments
- Home working
- Educational visits and public venues

We also align with school/host organisation H&S policies when working on-site.

#### 3. Scope

This policy applies to:

- **Home-based working** (e.g., computer setup, wellbeing)
- Travel to/from school or venue-based work
- Delivery of sessions or filming on-site (schools, libraries, studios)
- Public-facing activities (e.g., consultations, workshops, co-production)
- Involvement of contributors, freelancers or contractors

#### 4. Responsibilities

Role	Responsibilities
Partners	Maintain safe working environments (home or on-site), carry out risk assessments, report incidents
Contractors	Follow this policy and raise any H&S concerns when working on Athronydd's behalf
Hosts (e.g., schools)	Maintain safe premises and communicate risks or rules clearly

### 5. Risk Assessment

Athronydd will carry out proportionate risk assessments for:

- Visits to unfamiliar venues (e.g., schools, studios, libraries)
- Activities involving equipment, public interaction, or movement of items
- Work involving potentially sensitive content or wellbeing-related topics
- Any filming, performance or co-production work

We document basic H&S risk factors in our **Safeguarding & Risk Assessment Template** and adapt it for each context.

## 6. Home Working Safety

Both partners work primarily from **home offices**, and will:

- Maintain safe desk/chair/computer setup (DSE awareness)
- Take regular breaks to avoid fatigue or musculoskeletal strain
- Ensure good lighting, posture and air flow
- Keep walkways and cables clear to prevent slips and trips
- Maintain secure access to digital systems and data (see Cyber Security Policy)

We encourage contractors and associates working remotely to apply similar safe practices.

### 7. Visiting Other Settings (e.g., Schools)

When visiting host settings:

- We follow the venue's own health and safety rules, including fire safety and safeguarding protocols
- We sign in/out and wear any required ID or visitor badges
- We check in advance for:
  - Access needs (lifts, toilets, parking)
  - Emergency exits and procedures
  - Any on-site hazards or construction
  - First aid and incident contacts

If bringing equipment or media kit, we ensure it is safe, stable, and does not obstruct access.

### 8. Lone Working

Athronydd does not typically conduct unsupervised lone working in public or school settings. However:

- If either partner visits a site alone, the other is informed of **location**, **time and expected** return
- We check in after visits and report any concerns or incidents
   We do not work alone with children, ever

#### 9. Accidents and Near Misses

Any accident, injury, or near miss during Athronydd-related work must be:

- Reported to both partners as soon as possible
- Logged in our Incident and Concern Log
- Reviewed to update risk procedures if needed

In serious cases, we may inform the host venue, commissioning body, or insurance provider.

### 10. First Aid and Emergencies

- When working at a school or host venue, we use the site's first aid provision
- We familiarise ourselves with the venue's emergency exits and assembly points
- For any co-production, studio or public-facing work, we ensure:
  - o First aid access is available
  - Emergency contacts are logged and accessible
  - Contributors know how to raise a concern

#### 11. Insurance

Athronydd maintains appropriate:

- Public liability insurance (for work in venues or with the public)
- **Professional indemnity insurance** (for research and consulting work)

Copies available on request.

## 12. Training & Awareness

- Both partners are aware of HSE guidance for low-risk working and site visits
- Associates are briefed on expectations around equipment use, public space awareness and venue protocols
- Where required (e.g. if handling youth groups), we follow any school/LA training requirements

## 13. Review Cycle

This policy is reviewed **annually** or after any incident, concern or substantial change in activity (e.g., new types of venue, large events, new kit).

### 14. Version Control

Version	Date	Author	Summary
1.0	26/07/2025	Athronydd	Initial Issue

Sign-Off

• Partner 1: Date: 27/07/2025

Partner 2: Date: 27/07/2025

## **Risk Assessment Template**

For visits, co-production sessions, media shoots, consu	ultations, etc.

#### **Athronydd Risk Assessment Template**

Project/Activity Name:	
Date:	
Location:	
Load Dartner	
Other Staff/Contributors Involved: _	

#### 1. Activity Overview

Brief description of session, location, audience (e.g., "Research consultation workshop with teachers at Ysgol Example – hosted on-site in staffroom").

#### 2. Hazard Identification

Hazard	Who Might Be Harmed?	Risk (Low/Med/High)	Control Measures	Residual Risk
e.g. Trip hazards (cables, bags)	Facilitators, participants	Med	Keep floor area clear, tape cables	Low
e.g. Emotional discomfort (sensitive topic)	Participants	Med	Content warning, opt-out offered, debrief	Low

e.g. Lone working	Staff member	Med	Notify second partner, check-in protocol	Low
e.g. COVID/illness risk	All	Med	Hand sanitiser, ventilation, follow site guidance	Low
(Add or remove rows as	s needed.)	•		,
<ul><li>Yes □ No −</li><li>Is the venue ac</li><li>□ Yes □ No (r</li></ul>	y with <b>children or</b> If yes, follow Safe  cessible and safe  note adjustments	eguarding Policy e?	or?	
4. Emergency Planning  • Venue lead contact:  • First aid available on-site? □ Yes □ No				
• Fire exit and evacuation plan confirmed? ☐ Yes ☐ No      ———————————————————————————————				
Signed by lead partner completing this assessment:  Name:				

Signature: Date:
2. Lone Working Protocol Form
Use this if either partner or an associate will be <b>attending a site alone</b> (e.g., filming recce, school visit, or interview).
Lone Working Log & Protocol
Name of Staff Member Working Alone:
Date of Visit: Estimated Start Time:
Estimated End Time:
Location:
1. Purpose of Visit
Brief description (e.g., "Site visit for filming prep – no contact with students").
2. Venue Contact (if applicable)
Name:
Phone/email:
3. Emergency Contact Protocol
Designated check-in partner:
Expected check-in time:
Method (e.g. text, call):

If no contact received by [set time], the designated partner will attempt to:

1.	Call the lone worker
2.	Contact venue
3.	Escalate if necessary (police/welfare concern)
4. Ri:	sk Notes (Optional)
□ No	anticipated risks
	dditional notes:
Signa	ture:
Date:	<u> </u>