WASILLA STAKE TREK 2027

TREK PACKING LIST

June 9–12, 2027 • Pack light. Pack smart. Be prepared.

IMPORTANT Youth are responsible for their own clothing, sleeping gear, personal items, and mess kit. Trek leadership will provide tents and Dutch ovens/shared cooking equipment.

WHAT YOU ARE RESPONSIBLE FOR

Each youth should be prepared to care for and carry their own personal belongings. Keep your personal gear compact and practical.

- ☐ Clothing and pioneer clothing
- ☐ Sleeping bag
- ☐ Sleeping pad
- ☐ Personal hygiene items
- ☐ Personal medications
- ☐ Water bottle(s) / hydration system
- ☐ Personal mess kit
- ☐ Small personal day-use items
- ☐ Any required medical or accessibility equipment

REQUIRED CLOTHING

Bring clothing that is comfortable, modest, durable, and appropriate for changing weather. Avoid bringing more than you need.

- ☐ Pioneer clothing appropriate for trek
- ☐ Comfortable walking shoes or boots — broken in before trek
- ☐ Extra socks — bring enough to change if feet become wet
- ☐ Underwear
- ☐ Sleepwear / comfortable sleeping clothes
- ☐ Long pants or equivalent trail-appropriate clothing
- ☐ Shirts / base layers

- ☐ Warm layer such as fleece, sweatshirt, or light jacket
- ☐ Rain jacket or other reliable rain protection
- ☐ Sun hat / warm hat as appropriate
- ☐ Extra clothing appropriate for changing weather

A Note About Pioneer Clothing

Pioneer clothing should be practical rather than elaborate. Choose materials and layers that allow you to walk comfortably, stay modest, and adapt to weather. Test the complete outfit before trek so you know it works.

SLEEPING GEAR

- ☐ Sleeping bag rated appropriately for expected nighttime conditions
- ☐ Sleeping pad
- ☐ Small pillow or compact pillow alternative, if desired
- ☐ Sleeping bag liner or extra blanket, if desired

KEEP IT COMPACT You will be sleeping outdoors. Your sleeping system should be warm enough for the conditions but compact enough to transport with your other personal gear.

MESS KIT

Each youth should bring a personal mess kit. The trek will provide shared cooking equipment such as Dutch ovens; you do not need to bring your own.

- ☐ Reusable plate or bowl
- ☐ Cup / mug
- ☐ Fork
- ☐ Spoon
- ☐ Knife, if needed and permitted by trek leadership
- ☐ Small cloth or towel for drying
- ☐ Reusable water bottle(s) or hydration container

Choose durable, lightweight items that are easy to clean. A simple camping mess kit is ideal.

PERSONAL HYGIENE & HEALTH

- ☐ Toothbrush and small toothpaste
- ☐ Deodorant
- ☐ Small soap / biodegradable soap if directed
- ☐ Hairbrush / comb
- ☐ Sunscreen
- ☐ Lip balm

- ☐ Insect repellent
- ☐ Small personal towel / washcloth
- ☐ Toilet paper or personal hygiene supplies as directed
- ☐ Prescription medications in original/appropriate containers
- ☐ Any required personal medical supplies

MEDICAL NEEDS Make sure trek leadership has been informed about allergies, medications, medical conditions, dietary restrictions, mobility concerns, or other needs before trek.

PERSONAL ITEMS

- ☐ Small flashlight or headlamp + extra batteries
- ☐ Sunglasses
- ☐ Personal scriptures, journal, or small notebook
- ☐ Pen or pencil
- ☐ Small personal comfort item, if needed
- ☐ Identification / required paperwork, if directed by leaders
- ☐ Cash only if specifically requested by trek leadership

OPTIONAL / RECOMMENDED

- Lightweight gloves
- Bandana or neck gaiter
- Small sit pad
- Small packable rain cover or waterproof bags
- Blister prevention supplies
- Small personal first-aid items
- Electrolyte packets, if approved and appropriate
- Earplugs, if helpful for sleeping
- Camera, only if permitted by trek leadership
- Family-history story, photo, or small item to share during family activities

WHAT NOT TO BRING

- ☐ Tent — tents are provided
- ☐ Dutch oven — shared cooking equipment is provided
- ☐ Large camping stove or cooking setup
- ☐ Large cooler
- ☐ Large chairs or bulky camp furniture
- ☐ Excess clothing
- ☐ Large suitcases or hard-sided luggage
- ☐ Valuable jewelry or unnecessary valuables

- ☐ Anything you would be upset to get dirty, wet, dusty, or lost
- ☐ Unapproved electronics

Electronics

Trek leadership should provide the final policy for phones, cameras, smart watches, and other electronics. Unless specifically authorized, plan to spend trek disconnected from normal technology and focused on the experience.

HOW TO PACK

- ☐ Label your personal gear with your name.
- ☐ Use waterproof bags or sturdy plastic bags to protect clothing and sleeping gear from rain.
- ☐ Group similar items together so they are easy to find.
- ☐ Keep rain gear, water, and other frequently needed items accessible.
- ☐ Pack the minimum you actually need.
- ☐ Test your packed gear before trek by carrying it on a practice walk.
- ☐ Keep your personal gear compact enough to fit within the storage/carrying system designated by trek leadership.

THE GOAL If you can comfortably carry it, identify it, keep it dry, and explain why you need it, you are probably on the right track. Pack for the experience—not for every possible scenario.

Personal Packing Checklist

Use this page while packing. Check items off as they go into your gear.

- ☐ Pioneer clothing
- ☐ Walking shoes / boots
- ☐ Extra socks
- ☐ Underwear
- ☐ Warm layer
- ☐ Rain gear
- ☐ Sleeping bag
- ☐ Sleeping pad
- ☐ Mess kit
- ☐ Water bottle(s)
- ☐ Toiletries / hygiene items
- ☐ Sunscreen
- ☐ Insect repellent
- ☐ Medications
- ☐ Flashlight / headlamp
- ☐ Personal items
- ☐ Scriptures / journal
- ☐ Family-history item or story, if desired