

[\[Deutsche Beschreibung\]](#)



The Hidden Memory Certification Program

Unravel the Past, Transform the Present: Hidden Memory Mastery with Tamar Brosh

Master the power of your subconscious mind to reliably release and transform even the deepest blocks and patterns at the root and awaken hidden potentials and talents.

March 1 - June 14 2024

How This Works

The goal of The Hidden Memory Certification Program is simple:

Embark on an enlightening journey starting March 1, 2024, with our unique training course rooted in the principles of the Expansion Method. Designed to unlock and transform deep-rooted memories and patterns in your subconscious, it addresses both negative and positive levels, serving as a powerful catalyst for your transformation.

Conventional inner work often falls short in resolving these issues. By delving deeper into our past and employing more sophisticated techniques, we can unravel the complexities of our subconscious and understand its profound impact on our lives.

Through the Hidden Memory Techniques we will learn to access and work with both the negative and positive subconscious realms, acting as a dynamic catalyst for change.

This method is particularly relevant for individuals engaged in self-healing and self-development, as well as for therapists and coaches. Often, we encounter stubborn patterns, ingrained beliefs, or irrational thoughts and behaviors that resist resolution with conventional techniques. These deep-rooted imprints and patterns, lodged in the subconscious (be it personal or collective), are inaccessible to our conscious mind. Despite earnest efforts, certain issues remain unchanged and immovable.

In such scenarios, we typically confront a hidden memory—be it trauma, aggression, or desire. With the appropriate tools to delve into the subconscious and access these memories, we can effectively remove redundant imprints and conclusions, thereby facilitating breakthroughs in our healing process. My extensive experience working with numerous clients has consistently shown that accessing these hidden memories, regardless of their nature, leads to significant relief, liberation, and healing. Moreover, my own journey of healing and transformation would have been unachievable without the ability to access and reconfigure these memory systems.

During our training, we will explore the depths of self-understanding. Often, we attempt to comprehend ourselves through early life experiences, overlooking the influence of deeper, hidden memories. These memories are crucial for understanding recurring situations, conflicts, persistent fears, and patterns that seem inherent to our being. Conventional inner work often falls short in resolving these issues. By delving deeper into our past and employing more sophisticated techniques, we can unravel the complexities of our subconscious and its impact on our lives.

How do we do this?

1. We will learn to approach early life traumas and pre-birth traumas, utilizing two major techniques. This exploration reveals recurring soul themes and the interconnectedness of cause and effect in our lives. It also suggests that the negative subconscious, once transformed, holds positive potential.

2. Furthermore, we will explore two additional aspects of the negative subconscious: aggression and desire. This will introduce us to the concept of karma and how it embeds itself in us through these three aspects—victimhood, aggression, and desire.
3. To prepare for this challenging work, we will study principles of power psychology, equipping us to take responsibility for our actions in both the recent and distant past.
4. The training culminates in awakening the positive subconscious, focusing on the Expansion of Hidden Memory of Skills and Abilities. We will unearth and enhance inherent soul skills and abilities, often deeply buried or suppressed. These capacities don't require development but rather rediscovery. Once released from the subconscious, they illuminate our present being and prime us for full manifestation in the world.

This is the only program in 2024 that will teach the advanced Hidden Memory level of the Expansion Method techniques.

Who It's For

This method is particularly relevant

1. For individuals engaged in self-healing and self-development,
2. Practitioners of the Expansion Method
3. For therapists and coaches.

What You Get

Live Sessions & Practice: Engage in insightful and interactive live sessions.

Couple Practice: Deepen your understanding and application through practical couple practices.

Supervision Calls: Benefit from expert guidance and personalized feedback in our bi-weekly supervision calls.

After the program ends you will get 24 months full access to all the materials and recordings in our Online Campus.

Weekly Course, March 1, 2024 - June 14, 2024

Live sessions + practice + couple practice + supervision call

Each lesson between 16:00 - 19:30 (Portugal Time zone)

Each couple practice - independently handled by the participants (16:00 - 20:00)

1 supervision call once every two weeks (after practice) 17:00-19:00

In-Depth Course Outline

Week 1: Introduction to Hidden Memories

Week 2: Exploring Hidden Memories of Trauma

Week 5: Unveiling Hidden Memories of Aggression

Week 8: Deciphering Hidden Memories of Attachment and Desire

Week 11: Harnessing Hidden Memories of Skills and Abilities

Final Week: Supervision Call and Summary

Special Features for an Enhanced Experience

Week 1 - Lesson 1 Hidden Memories - Introduction 1-3-24

What are hidden memories?

Memory connections

The structure of the subconscious

Working with the subconscious level with clients

Practice - memory connection

Week 2 - Lesson 2 - Hidden Memories of Trauma 8-3-24

Learning the technique

Practice - forming the initial connection

Week 3 *Couple practice - The Hidden Memory of Trauma 15-3-24*
16:00 - 20:00 CET

Week 4 - supervision call 28-3-24

Week 5 - Lesson 3 - Hidden Memories of Aggression 5-4-24

Power psychology - the primordial wish

Learning the technique

Practice - will precede suffering

Week 6 *Couple practice - The Hidden Memory of Aggression 12-4-24*
16:00 - 20:00 CET

Week 7 - supervision call 26-4-24

Week 8 - Lesson 4 - Hidden Memories of Attachment 3-5-24

The dynamics of attachment

Learning the technique

Practice - how to identify attachments and desires

Week 9 - Couple practice - The Hidden Memory of Attachment 9-5-24

Week 10 - supervision call 17-5-24

Week 11 - Lesson 5 - Hidden Memories of Skills and Abilities - The Positive Subconscious 31-5-24

The positive subconscious and positive therapy

Learning the technique

Practice - positive traumas

Week 12 - Couple practice - The Hidden Memory of Skills and Abilities 7-6-24

Week 13 - supervision call and summary 14-6-24

Bonus materials

Recording of demonstrations

- Hidden Memory of Trauma
- Hidden Memory of Aggression

- Hidden Memory of Skill and Abilities

Extra lessons

- Recording of Subtle Fields
- Recording of Power Psychology

Each participant can book one hidden memory session with Tamar Brosh for a special price (220 instead of 260), or at a special fee with one of our certified instructors.

What does the Certification Include?

- Working with one client (not a training participant) and doing at least 3-4 sessions and write the reports
- Recommendation: while going through this training, and giving sessions to one-another, to book some sessions with a certified instructor

Price

Standard Course: Early bird offer at €1350, regular price €1500.

Certification Course: Early bird offer at €1500, regular price €1650.

[The Early Bird Offer is valid until January 26, 2024]

It is possible to pay in 3-5 installments.

Let's grow and transform together

With a minimum of 15 participants, this course is an opportunity to not just learn but also connect with like-minded individuals on a similar path of self-discovery and growth.

Next Steps

If you have any questions about the program please reach out to Carlos (carlos@shaitubali.com).

Once paid you'll be given access to the section with the bonus materials on the online campus and more details about the course outline.

[You can directly book the training Here.](#)