June 19, 2025

Recipes

Click on each meal for links to original recipe

- 10 Minute Healthy Macaroni with Chicken
- Apple & Brie Stuffed Chicken with Wild Rice
- Cheesy Tex-Mex Rice
- One Pot Cajun Style Smoked Sausage and Orzo
- Potsticker Noodle Bowls

Grocery Lists

Click HERE for per meal grocery lists and one for the full week's line-up

Feeding A Famished 5