

## **March Retreat Agenda** (times are approximate)

### **A Phase 1 Trial of a Second Experience March cohort**

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#### **Tues March 25 – Retreat Day 1** (Facilitators will arrive the night before)

**11:00 – Participants arrive.** Covid tests, sign a new consent, check in.

**12:00 - Lunch** in the Dining Hall.

**12:40 – Orientation**

**13:20** Program officially begins. (Thomas Berry Hall)

**17:00 – Individual Meetings** (Rooms to be announced)

**18:00 – Dinner**

**19:00 Evening listening session** (Thomas Berry Hall)

**20:15 - Integration** (Farmhouse)

**20.30 - Bedtime**

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#### **Wednesday, March 26 - Retreat Day 2 (Psilocybin Session)**

**8:00 – Breakfast** (Participants to eat very lightly or fast)

**9.00 – Labyrinth walk**

**9:30 – Psilocybin session** in Thomas Berry Hall

**15:00 –** Snack platters available as participants are ready

**17:00 – Closing Circle**

**18:00 – Dinner** (Dining Hall)

**20:00 – Bedtime**

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#### **Thursday, March 27 – Retreat Day 3**

**8:00 – Breakfast** (Dining Hall)

**9:00 – Opening** (Thomas Berry Hall)

**9:15 – Individual meetings** (locations to be announced)

**10:30 – Integration Circle** (Thomas Berry Hall)

**12:00 – Lunch**

**13:00 – Individual check out meetings** (locations to be announced)

**13:30 – Closing Circle** (Thomas Berry Hall)

**14:30 – Participants depart**