March Retreat Agenda (times are approximate)

A Phase 1 Trial of a Second Experience March cohort

Tues March 25 – Retreat Day 1 (Facilitators will arrive the night before)

11:00 – Participants arrive. Covid tests, sign a new consent, check in.

12:00 - Lunch in the Dining Hall.

12:40 – **Orientation**

13:20 Program officially begins. (Thomas Berry Hall)

17:00 – Individual Meetings (Rooms to be announced)

18:00 – Dinner

19:00 Evening listening session (Thomas Berry Hall)

20:15 - Integration (Farmhouse)

20.30 - Bedtime

Wednesday, March 26 - Retreat Day 2 (Psilocybin Session)

8:00 – Breakfast (Participants to eat very lightly or fast)

9.00 – Labyrinth walk

9:30 – **Psilocybin session** in Thomas Berry Hall

15:00 – Snack platters available as participants are ready

17:00 – **Closing Circle**

18:00 – **Dinner** (Dining Hall)

20:00 – Bedtime

Thursday, March 27 – Retreat Day 3

8:00 – Breakfast (Dining Hall)

9:00 – Opening (Thomas Berry Hall)

9:15 – Individual meetings (locations to be announced)

10:30 – **Integration Circle** (Thomas Berry Hall)

12:00 – **Lunch**

13:00 – Individual check out meetings (locations to be announced)

13:30 – **Closing Circle** (Thomas Berry Hall)

14:30 – Participants depart