

I have been working diligently with the SH Executive as a Nursing delegate and then as Secretary for 2 years and am interested in representing nurses from “any other department” for another term. In my role at Veterans Affairs over the past 14 years I have had the chance to collaborate with nurses from various federal departments, in addition to serving as a local steward in Edmonton. I am also active on the National OH&S policy committee and work closely with my local OH&S groups. I was recently given the chance to participate in the PIPSC Steward facilitator training, and I am eager to pursue avenues for advancing the labour movement in Canada through educational initiatives and mobilization events. I am bilingual, family-focused, empathetic, and I am working on my facilitator skills. I am a passionate advocate for workers' rights and am committed to finding strategies to improve working conditions. I strive to promote transparency from the employer, endorse diversity and equity for members, foster healthy and productive relationships, address mental health, and support work-life balance.