



DENVER CHRISTIAN INVITATIONAL

Schedule

8:00 AM Track & Field Events open for Warm-Up

8:15 AM Coaches Meeting near the Start/Finish Line

8:30 AM Meet Dedication

8:45 AM Prayer

8:50 AM National Anthem

9:00 AM 1st Track Event followed by a rolling schedule

Girls Sprint Medley

Boys 4 x 800 Relay

Girls 4 x 800 Relay

Boys 110 M Hurdles

Girls 100 M Hurdles

Boys 100 M Dash

Girls 100 M Dash

Boys 4 x 200 Relay

Girls 4 x 200 Relay

Boys 1600 M Run

Girls 1600 M Run

Boys 4 x 100 Relay

Girls 4 x 100 Relay

Boys 400 M Dash

Girls 400 M Dash

Boys 300 M Hurdles

Girls 300 M Hurdles

Boys 800 M Run

Girls 800 M Run

Boys 200 M Dash

Girls 200 M Dash

Boys 3200 M Run

Girls 3200 M Run

Boys 4 x 400 Relay

Girls 4 x 400 Relay

CO-ED Throwers 4x100 Relay Presented by Yummy's Donuts*

8:30 AM Boys' Shot Put, Girls' Discus, Boys' High Jump, Girls' Pole Vault, Boys' Long Jump, Girls' Triple Jump

Field events will reopen for warm-up immediately after the completion of the first session for 30 minutes.

Second Field Events Session: Girls' Shot Put, Boys' Discus, Girls' High Jump, Boys' Pole Vault, Girls' Long Jump, Boys' Triple Jump