

Nicaragua

First 3 Weeks: All Squad

Ministry Name: CICRIN Orphanage

Ministry Location: Ometepe Island, Nicaragua

The ministry's vision is to provide for the children a home of Christian love and support; proper clothing, food, education and living care; a safe environment; education and vocational paths; an exit strategy allowing independence in Nicaraguan society. The ministry helps the neediest children of Ometepe, which is an isolated island community. Adventures has been working with CICRIN since 2013.

Ministry

**Semesters' primary ministries will potentially include:*

- Working with the Christian school
- Serving in the cafeteria
- Serving with the chores around the home
- Kids programs
- Planting in the garden
- Prayer walking
- House visits

Schedule

One day with this ministry might look like serving at the school, while the next day might be working on a construction project at the schools or local homes. Other days might look like helping with small projects and chores around the orphanage home.

**The team will get a finalized ministry schedule upon arrival.*

Lodging

The team will be staying in dorms with beds. There are bathrooms. **The team will need to bring a sleeping bag or blanket.** Laundry can be done by hand or the team can pay for laundry to be done by locals. The team can use local cafes to access wifi.

Transportation

The team will use private and local transportation to get around town.

Food

The ministry host will prepare all meals for the team.

Safety

Always stay in groups when traveling around town. The local doctor is 20 minutes from the orphanage by car.

Extra Packing Needs:

Bedding: sleeping bag or blanket/sheets, pillow, towel, and mosquito net.

Cultural Guide:

This [link](#) has information specific for Nicaragua.

Nicaragua

Second 3 Weeks: Team 1

Ministry Name: 516 NOW Inc

Ministry Location: Palacaguina, Nicaragua

The squad will be split between two ministries for the second half of your time in Nicaragua.

516NOW exists to help build holy, prosperous, sustainable communities in every country of the world. We are inspired and driven by Matthew 5:16 - letting our light shine through good works so people will recognize and glorify their loving heavenly Father. We remove obstacles that prevent people from seeing the saving grace of Jesus Christ and the transforming power of the Holy Spirit. Adventures has been working with 516NOW since 2012.

Ministry

**Semesters' primary ministries will potentially include:*

- Construction projects
- Teaching kids in schools
- Evangelism
- Painting
- Vacation Bible School activities with local kids

- Worship at churches

Schedule

Ministry will look different from day to day!

**The team will get a finalized ministry schedule upon arrival.*

Lodging

The team will be staying in dorms with bunk beds. The team will need to bring sleeping bags or blankets, and a personal towel. There are toilets and showers in each dorm. Laundry can be done by hand or the team can pay for laundry to be done by locals. The team can use local cafes to access wifi.

Transportation

The team will use taxis or buses when walking isn't an option for getting around town.

Food

The ministry host will prepare all meals for the team.

Safety

Always stay in groups when traveling around town. The local doctor is 5 minutes from lodging by car.

Extra Packing Needs:

Bedding: sleeping bag or blanket/sheets, pillow, towel, and mosquito net.

Cultural Guide:

This [link](#) has information specific for Nicaragua.

Nicaragua

Second 3 Weeks: Team 2

Ministry Name: Light & Salt Ministries

Ministry Location: Ciudad Dario

The squad will be split between two ministries for the second half of your time in Nicaragua.

The mission of Salt & Light Ministries is to disciple, help, train, and empower Nicaraguans to break their cycles of mental, spiritual, and physical poverty. Their vision and what they hope to accomplish through their services is to provoke a reform in Nicaragua through the Christian education and poverty relief. Their main ministry is an all-boys formation school where they do a variety of things with them & their families. They provide breakfast & lunch & supper everyday for the kids, teach second trade skills, educate parents, provide jobs for locals, and a lot of community outreach as well. All people served come from extreme poverty; many from abusive situations. Their secondary ministries are a sewing course for women and a mercy based program for the elderly.

Ministry

You may be involved in working with the boys school, with trade classes, with the sewing ladies, or in the Mercy in Action program. You may also be involved in evangelism efforts to the poor, administrative projects, and/or manual labor.

Schedule

Ministry will look different from day to day!

**The team will get a finalized ministry schedule upon arrival.*

Lodging

The team will be staying at the ministry host home or ministry center. **You will need to bring a tent and sleeping pad OR a hammock, sleeping bag, and a pillow.** If you want, you can buddy up in the tents, so only half the number of tents are needed instead of everyone on team 2 bringing their own individual tent. The ministry site has one bathroom and shower. The ministry host's house has 2 bathrooms and showers. Wifi is at the center. Laundry can be done by hand. The team might be split in half staying at the center and half with the host.

Transportation

The ministry will provide needed transportation around town.

Food

The ministry host will prepare all meals for the team.

Safety

Always stay in groups when traveling around town, and do not go out after dark. The local doctor is walking distance from lodging.

Extra Packing Needs:

Bedding: tent/sleeping pad or hammock/mosquito net, sleeping bag/blanket, pillow, and towel.

Cultural Guide:

This [link](#) has information specific for Nicaragua.

Guatemala

Last 6 Weeks: Team 1

Ministry Name: New Generation Centroamerica

Ministry Website: newgeneration.gt.com

Ministry Location: Chichicastenango, Guatemala

New Generation Centroamerica has a vision to reach, equip and send young people around the world to preach the Gospel of Jesus Christ.

Ministry

**Semesters' primary ministries will potentially include:*

- Kids & youth ministry
- Community outreach
- Preaching/teaching in local schools
- Soccer ministry
- Construction

Schedule

A sample day might look like eating breakfast together in the mornings. Going to the school and having a group devotional. Eating lunch. Visiting the local church and praying for the families. Teaching English. And then eating dinner together.

**The team will get a finalized ministry schedule upon arrival.*

Lodging

The team will be staying in the church and sleeping on the floor. **You will need sleeping pads.**

The team can wash their clothes where they will be staying, or they can pay to wash their clothes at a laundromat. There are coffee shops that have wifi near where they will be staying.

Transportation

The team will be able to walk to all necessary places.

Food

Meals will be prepared by the ministry host.

Safety

Be careful to watch your belongings and keep valuables out of sight. Be aware of your surroundings at all times. The ministry site is about a 10 minute walk from the local hospital.

Extra Packing Needs:

Sleeping pad, sleeping bag, pillow, and towel.

Cultural Guide:

This [link](#) has information specific for Guatemala.

Guatemala

Last 6 Weeks: Team 2

Ministry Name: YWAM

Ministry Website:

Ministry Location:

YWAM Guatemala City has a vision to raise up young leaders with Biblical principles who will transform nations. YWAM Guatemala is committed to:

1. Evangelism, Training and Mercy Ministries.
2. To support the local church and influence young Christians of this nation in order to train, equip, and send them to the world.
3. Influencing spheres of society to bring the nation biblical transformation in all areas and structures.

Ministry

YWAM Guatemala has a big heart for kids and young people, so while you are there you could expect to work with youth and kids from low income backgrounds. We also believe that the Bible is key in discipling a nation and are committed to eradicating Biblical poverty by making sure every home has a Bible.

Schedule

Morning: devotional or sitting in on DTS Bible class

Prayer walking or bible distribution

Lunch

Chores around DTS base

Visiting local daycare - kids ministry

Dinner

Team time

**The team will get a finalized ministry schedule upon arrival.*

Lodging

The team will stay at the YWAM guesthouse. There will be showers and limited WiFi access.

Laundry can be done at the local laundromat around the corner for very cheap.

Transportation

The ministry will provide needed transportation around town.

Food

The team will share in preparation of the meals with the staff.

Safety

Be careful to watch your belongings and keep valuables out of sight. Do not bring valuables on the busses. Be aware of your surroundings at all times. The ministry site is about 10 minutes from the local hospital.

Cultural Guide:

This [link](#) has information specific for Guatemala.

Packing List

Luggage

- 1 small carry-on (backpack or smaller)
- 1 suitcase, duffel or backpack (your choice)
 - Everything you take must fit into **ONE** suitcase, duffel or backpack
 - Must weigh 50 lbs or less

Bedding

- Tent (Team 2 only)
- Sleeping pad
- Sleeping bag or sheets/blanket
- Pillow
- Mosquito net

Clothes

****See clothing guidelines below**

- Modest clothing for daily ministry
 - * *This varies depending on your trip's ministry. The following are good general rules-of-thumb, but ministry-specific information will come closer to launch.*
 - Ladies: knee-length skirt/dress, ankle-length skirt/dress, capris or knee length shorts, and shirts that cover your shoulders.
 - Men: pants, knee-length shorts, and shirts that cover your shoulders.
- Church outfit
 - Ladies: skirts, dresses, covered shoulders
 - Men: khaki dress pants and a collared shirt
- Semi-casual outfit (jeans and a nice shirt)
- Clothes appropriate for outdoor activities
- Lightweight jacket, sweatshirt (for Training Camp and airports)
- Rain jacket
- Athletic shoes
- Chacos/sport sandals/Rainbows
- Shower shoes are a must! (Old Navy flip flops are great)
- Modest pajamas
- Swimsuit

- Must be a 1-piece or tankini (stomach must be fully covered)
- Some places will require shorts as well

NOTE: Be sure to check the average weather for your location and time of year!

Clothing Guidelines

You are expected to maintain a clean, modest appearance that represents Adventures in Missions and local missionaries well. Here are some guidelines:

LADIES:

- Skirts and dresses must be at least knee length. In some countries, dresses and skirts will need to be floor length, so make sure to also bring long options as well.
- Pants are also appropriate for some ministry opportunities.
- Shorts must end no more than 5" above the top of your kneecap (about a palm's width). Shorts that hit the 5" mark should be loose fitting, as most cultures do not wear tight fitting clothing.
- Leggings may only be worn for warmth or under shorts or skirts that would meet the requirements without the leggings
- Yoga pants can be worn in private quarters if there are no locals or ministry partners around or staying with you. You should never work out in public in yoga pants.
- Bathing suits must be full coverage (one piece or full length tankini). In some countries you may be required to wear shirts and pants to swim. A tank top and shorts are great options for this.
- Bring modest clothing to sleep in. If your sleeping location is connected to a ministry host/family, your sleeping attire should model dress code.
- Sheer or see through clothing is not appropriate at any time.
- Be cautious of loose, flowy clothing that hangs off shoulders, shows bra straps or falls down when you bend over. Undergarments, including sports bras, should never be visible. Racerback tank tops are not allowed.
- For ministry, shirts should have a minimum of a cap sleeve. If it is appropriate to wear sleeveless shirts during ministry downtime or private time, a wide strap is appropriate. Spaghetti straps are never appropriate. Ministry hosts will communicate whether shoulders can be shown during ministry.
- If you can't raise your arms above your head without showing your stomach, leave it at home.

Do NOT bring the following:

- Nike running shorts or anything similar (You should not workout in clothes that do not fit dress code). Basketball shorts are a great alternative to bring.
- Leggings (to be worn as pants) or yoga-type pants
- Tight or immodest clothing of any kind
- Any top with spaghetti straps
- Bikini or two-piece swimsuit

MEN:

- Bring at least one pair of nice pants or slacks and a collared shirt.
- Pack regular swim trunks (no speedos or very short swim shorts).
- Keep your chest covered. No tanks cut very low or with large armholes.
- You should wear a shirt at all times unless sleeping or at the beach (even when doing manual labor, working out, etc.)
- Shorts must end no more than 4" above the top of your kneecap (about a palm's width). Shorts should only be worn when deemed appropriate by your ministry host. Men need long pants in most cultural situations (otherwise you will be viewed as a boy in the community and not an adult).

Toiletries

- Personal hygiene items - toothbrush, deodorant, soap, baby wipes, etc.
**Small/travel-size recommended, as these can also be purchased overseas*
- Personal medications with refills
- Basic first aid - sunscreen, mosquito spray, medicine for stomach issues, headaches, allergies (including seasonal), bug bites, band-aids, anti-bacterial wipes and ointment.
- *Note: You will need personal money to pay for your own toiletries and laundry soap.*

Other

- Passport
- A photocopy copy of your passport
- 2 extra passport/visa photos (you can get these taken at CVS or some place similar)
- Water bottle – unbreakable. Nalgene bottles work best.
- Headlamp or flashlight
- Bible, journal, pens

- Spending money for possibly eating out, spending fun time with your team, adventures, souvenirs, etc. (\$100-\$200 recommended)

** Check out your team blog for more details on spending money*

- Outlet converter
- Camera and batteries
- Bug spray (at least two bottles)
- Towel and shower stuff. Showers may be outdoor and/or cold.

Note from ministry hosts: It can be nice to bring some **small** gifts (something that your hometown is known for - local honey, tea/coffee, ties for men also go over well!) to give to hosts/special people you encounter.