

# Kohala Complex School **Breakfast** 2025-2026 (December)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>12/1</b> Mini Blueberry Pancakes OR Cereal w/ milk + Toast Fruit Cocktail Strawberry Apple Crunchables	<b>12/2</b> Breakfast Chicken & Waffle OR Yogurt Cup w/ Granola Orange Wedge Veggie Juice	<b>12/3</b> Pumpkin Bread w/ Turkey Sausage Patty OR Yogurt Cup w/ Granola Pineapple Chunks Sour Blueberry Raisins	<b>12/4</b> Cheese Stuffed Breadsticks w/Marinara OR Cereal w/milk + Toast Apple Wedge Pineapple Chunks	<b>12/5</b> Cinnamon Bread Pudding w/ Turkey Breakfast Sausage links OR Cereal w/ milk + Toast Fruit Cocktail Sliced Peaches
<b>12/8</b> French Toast Sticks OR Cereal w/ milk + Toast Apple Sauce Blueberry Crunchables	<b>12/9</b> Scrambled Egg + Cheese breakfast tacos + salsa OR Yogurt Cup w/ Granola Mandarin Oranges Pineapple Chunks	<b>12/10</b> Maple Pancake Sausage + Cheese Sandwich OR Cereal w/ milk + Toast Orange Wedge Pineapple chunks	<b>12/11</b> Plain Bagel OR Yogurt Cup w/ Granola Diced Pears Strawberry Fruit Gel	<b>12/12</b> Portuguese Sausage + Rice OR Cereal w/ milk + Toast Orange Wedges Pineapple Chunks
<b>12/15</b> ‘Uala Bread + Turkey Breakfast Sausage Patty OR Cereal w/ milk + Toast Fruit Cocktail Diced Pears	<b>12/16</b> Ham & Cheese Croissant OR Yogurt Cup w/ Granola Apple Wedge Pineapple chunks	<b>12/17</b> Breakfast Chicken Patty w/ Rice OR Yogurt Cup w/ Granola Applesauce Cran-Raspberry Juice	<b>12/18</b> ‘Uala Dragon Fruit Yogurt Bowl w/granola OR Cereal w/ milk + Toast Strawberry Crunchables Pineapple chunks	<b>12/19</b> Cinnamon Roll + Turkey Breakfast Sausage links OR Cereal w/ milk + Toast Orange Wedge Sliced Peaches
<b>WINTER BREAK</b> <b>12/22-1/5</b> <b>Happy Holidays!</b>				

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# Kohala Complex School **Lunch** 2025-2026 (December)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>12/1</b> Chicken Pasta Florentine Green Salad with diced tomato Cucumber Sliced Peaches Diced Pears	<b>12/2</b> Plant Powered Bites Rice Whole Grain Roll Broccoli Baked Beans HS ONLY: Chicken Caesar Salad Strawberry Cream Sidekicks Cup Fresh Apple	<b>12/3</b> Kalua Pork Sandwich Baby Carrots + Cucumber Purple Sweet Potato Mash Blueberry Apple Crunchables Sliced Peaches	<b>12/4</b> Hot Dog w/ Bun Tater Tots Celery Sticks HS ONLY: Dorito Salad! Pineapple chunks Fresh Apple	<b>12/5</b> Chili Cheese Nachos Green Salad Refried Beans Strawberry Kiwi Juice Fruit Cocktail
<b>12/8</b> Cheese Bites Marinara Sauce Celery Sticks w/ ranch Peach Mango Slushie Apple Wedges	<b>12/9</b> Orange Chicken w/ Rice Whole Grain Roll Fortune Cookie Edamame Broccoli HS ONLY: Chinese Chicken Salad Pineapple Chunks Mandarin Orange	<b>12/10</b> Roasted Turkey w/ Gravy Whole Grain Roll Mashed Potatoes Roasted Zucchini Fresh Pear Sour Blue Raspberry Raisins	<b>12/11</b> Creole Macaroni w/ Cheese Whole Grain Roll Green Salad Cucumber HS ONLY: Chicken Caesar Salad Sliced Peaches Diced Pear	<b>12/12</b> Cheeseburger Baby Carrots Crinkle Fries Sour Watermelon Raisins Orange Wedges
<b>12/15</b> Pre K: Crisp up Tacos Elem-HS: Pollo Verde Burrito Green Salad Salsa Cup Orange Fruit Gel Orange Slices	<b>12/16</b> Chicken Patty Sandwich w/ lettuce + tomato Wedge Cut Fries HS OPTION ONLY: Taco Salad Sliced Peaches Fruit Punch	<b>12/17</b> Hamburger Curry w/ Rice Asian Coleslaw Edamame Mandarin Oranges Pineapple Chunks MS ONLY: SACK LUNCH (TURKEY SANDWICH) FOR FIELD TRIP	<b>12/18</b> Chicken Noodle Stir Fry Cucumber Slices Broccoli HS ONLY: Chinese Chicken Salad Tropical Punch Raisins Diced Pears	<b>12/19</b> Kalua Pork w/ Cabbage Rice Lomi Tomato Okinawan Sweet Potato Pineapple Chunks Orange Wedges
<b>WINTER BREAK</b> <b>12/22-1/5</b> <b>Happy Holidays!</b>				

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# Kohala Complex School Breakfast 2025-2026 (January)

Monday	Tuesday	Wednesday	Thursday	Friday
1/5  TEACHER WORK DAY - NO SCHOOL	1/6 French Toast Sticks OR Cereal w/ milk + Toast Applesauce Blueberry Apple Crunchables	1/7 Maple Pancake Sausage + Cheese Sandwich OR Cereal w/ milk + Toast Fruit Cocktail Applesauce	1/8 Plain Bagel OR Yogurt Cup w/ Granola Diced Pears Strawberry Fruit Gel	1/9 Portuguese Sausage w/ Rice OR Cereal w/ milk + Toast Fresh Orange Pineapple Chunks
1/12 Pancake Bites (Poffitz) w/ maple syrup OR Cereal w/ milk + Toast Fruit Cocktail Diced Pears	1/13 Ham & Cheese Croissant OR Yogurt Cup w/ Granola Apple Wedge Pineapple chunks	1/14 Breakfast Chicken Patty w/ Rice OR Yogurt Cup w/ Granola Applesauce Cran-Raspberry Juice	1/15 Cinnamon Bread Pudding w/ Turkey Breakfast Sausage links OR Cereal w/ milk + Toast Fresh Orange Sliced Peaches	1/16  WAIVER DAY - NO SCHOOL
1/19  MLK JR. DAY - NO SCHOOL	11/18 Ham & Cheese Croissant OR Yogurt Cup w/ Granola Apple Wedge Pineapple chunks	11/19 'Uala Dragon Fruit Yogurt Smoothie Bowl w/granola OR Hot Oatmeal w/toast Strawberry Crunchables Pineapple chunks	11/20 Breakfast Chicken Patty w/ Rice OR Yogurt Cup w/ Granola Applesauce Cran-Raspberry Juice	11/21 Cinnamon Bread Pudding w/ Turkey Breakfast Sausage links OR Cereal w/ milk + Toast Fresh Orange Sliced Peaches
11/24 Guava Pastry with Sausage Patty OR Cereal w/ milk + Toast Diced Pears Sliced Peaches	11/25 Blueberry Bagel OR Yogurt Cup w/ Granola Pineapple Chunks Fresh Orange	11/26 Portuguese Sausage and Rice OR Cereal w/ milk + Toast Fresh Orange Blueberry Apple Crunchables	11/27  THANKSGIVING NO SCHOOL	11/28  NO SCHOOL

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# Kohala Complex School **Lunch** 2025-2026 (January)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1/5</p> <p>TEACHER WORK DAY - NO SCHOOL</p>	<p>1/6</p> <p>Orange Chicken w/ Rice Whole Grain Roll Fortune Cookie Edamame Broccoli HS ONLY: Chinese Chicken Salad Pineapple Chunks Mandarin Orange</p>	<p>1/7</p> <p>Roasted Turkey w/ Gravy Whole Grain Roll Mashed Potatoes Roasted Zucchini Fresh Pear Sour Blue Raspberry Raisins</p>	<p>1/8</p> <p>Creole Macaroni w/ Cheese Whole Grain Roll Green Salad Cucumber HS ONLY: Chef Salad Sliced Peaches Diced Pear</p>	<p>1/9</p> <p>Sloppy Joe Sandwich w/ lettuce and tomato Crinkle Cut Fries Baby Carrots Sour Watermelon Raisins Fresh Apple Wedge</p>
<p>1/12</p> <p>Chicken Patty w/ Rice Gravy Corn Sunbeliveable Sidekicks Frozen Cup Sliced Peaches Fruit Punch</p>	<p>1/13</p> <p>Pollo Verde Burrito Green Salad Salsa Cup HS ONLY: OR Taco Salad Orange Fruit Gel Orange Slices</p>	<p>1/14</p> <p>Chicken Veggie Gyoza w/shoyu dipping sauce Cucumber Namasu Broccoli Tropical Punch Raisins Mandarin Oranges</p>	<p>1/15</p> <p>Korean Beef Bowl w/ Rice Asian Coleslaw Edamame Mandarin Oranges Pineapple Chunks</p>	<p>1/16</p> <p>WAIVER DAY - NO SCHOOL</p>
<p>1/19</p> <p>MLK JR. DAY - NO SCHOOL</p>	<p>1/20</p>	<p>1/21</p>	<p>1/22</p>	<p>1/23</p>
<p>11/24</p> <p>Pepperoni Pizza Baby Carrots Celery Sticks Apple Wedges Sliced Peaches</p>	<p>11/25</p> <p>Fish Fillet Sandwich w/ tartar sauce + lettuce + tomato Baked Chips Cucumber Strawberry Fruit Gel Applesauce</p>	<p>11/26</p> <p>Chicken Tenders w/ Mac + Cheese Carrots Edamame Fruit Cocktail Apple Wedge</p>	<p>11/27</p> <p>THANKSGIVING NO SCHOOL</p>	<p>11/28</p> <p>NO SCHOOL</p>

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