

Name \_\_\_\_\_ Date \_\_\_\_\_ Block \_\_\_\_\_

## Childbirth Options PowerPoint Notes

- Learning Objective: To identify and explain the various child birth options

### Key Terms

- **Prepared Childbirth-** \_\_\_\_\_ during the birthing process through education and the use of \_\_\_\_\_
- **Labor-**The baby gradually moving out of the uterus and into the vagina \_\_\_\_\_
- **Delivery-** \_\_\_\_\_

### Healthcare Professionals

- **Obstetrician-**Qualified to handle any \_\_\_\_\_ that may occur
- **Family doctor-**Some family doctors \_\_\_\_\_ - if problems arise they may call in an obstetrician.
- **Licensed Midwife-**A health care professional trained to assist women in childbirth-Midwives have advanced training in \_\_\_\_\_

### Traditional Hospital Birth:

- Move from \_\_\_\_\_ depending on the stage of labor you're in
- Example: Labor and Delivery is in one room, \_\_\_\_\_, and then you move into a semi private room for the rest of the stay
- Your baby may be brought to your room for \_\_\_\_\_ but stay in the hospital nursery the rest of the time.
- Not all hospitals follow the same routine, so ask what you can expect during your stay.

### Question #1: Pros and Cons of traditional hospital birth?

**Pros**

**Cons**

### Family Centered Care

- Many hospitals now offer \_\_\_\_\_ where you can go through labor, delivery, and recovery all in the same room. Often your partner can stay with you. These rooms are often decorated with

pictures on the walls, soothing colors, and cabinets that hide medical equipment when it's not in use.

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### **Question #2: Pros and Cons of Family Centered Care**

**Pros**

**Cons**

### **Birth Centers**

- Offer childbirth, parenting, and lactation support
- \_\_\_\_\_
- Only for healthy women with normal pregnancies because they lack medical support
- Offer \_\_\_\_\_ with little medical intervention where your needs and desires come first.
- Provide a comfortable, home-like environment with \_\_\_\_\_
- Eating and drinking what you want is encouraged, as well as \_\_\_\_\_ your own clothes
- \_\_\_\_\_ can come with you and attend your delivery.
- Many have Jacuzzis or tubs where you can relax during labor or have a water birth.
- Offer minimal medical support, such as handheld Doppler ultrasound to monitor your baby, IV fluids, oxygen, local anesthesia, \_\_\_\_\_, and \_\_\_\_\_

### **Question #3: Pros and Cons of Birth Centers**

**Pros**

**Cons**

**Question #4: If you or significant other were having a baby, which childbirth option do you think would work best for you or them? Explain why.**

**Birth Options Exit Slip** Name \_\_\_\_\_ Date \_\_\_\_\_ Block \_\_\_\_\_

1. Compare family centered care and traditional hospital birth.
  
  
  
  
  
  
  
  
  
  
2. Distinguish between family centered care and traditional hospital birth.
  
  
  
  
  
  
  
  
  
  
3. Explain what makes having a child at a birthing center is very different than family centered care and traditional hospital birth.
  
  
  
  
  
  
  
  
  
  
4. Which option or options would be the best for a mother who has several serious complications during her pregnancy? Explain why.