STONE RIDGE
School of the Sacred Heart

Middle School Physical Education Supply Information 2026-27

For the 2025-26 school year, specific information on what to expect for MS PE & Athletic programming will be sent out to families by the beginning of August. Sports activities vary in the required equipment, but all students should plan to wear navy blue athletic shorts or sweatpants, and a white t-shirt for all PE or Athletics activities. For team sports that require a uniform, a uniform will be issued by the Athletic Department. Sweatshirts are permitted on colder weather days, but should comply with the guidance for Middle School sweatshirt requirements. SR-branded navy blue shorts, sweatpants, and white t-shirts, as well as sweatshirts, are available from the Gator Gallery.

Middle School Athletics Physical Education Uniform (Grades 5-8):

- Shirts: Either a solid white t-shirt or a white Stone Ridge t-shirt, many options are available at Gator Gallery.
- Shorts: Any Stone Ridge navy shorts or solid navy athletic shorts/sweatpants, purchased at sporting goods stores.
- Sweatshirts: Sweatshirts are allowed as described above
- Shoes: Athletic sneakers/shoes with good support