## Stonewall Project Services Schedule 6/3/2024 to 10/1/2024

The Stonewall Project is a state-certified drug and alcohol treatment program. We provide harm reduction based counseling with substance use, mental health, and HIV prevention & education. Counseling and group sessions are available in person and virtually. Call (415) 487-3100 or email <a href="mailto:stonewall@sfaf.org">stonewall@sfaf.org</a> for more info.

Our services center queer, gay, bisexual, and same-gender-loving men; and other men who have sex with men, and trans and nonbinary folx. We aim to support community members who have concerns about their drug and alcohol use and are thinking about making changes.

All goals are welcome and can range from complete abstinence, targeted abstinence, or safer use based on a desire to improve health, relationships, and overall quality of life.

We welcome you wherever you're at and do not require abstinence for you to receive services.

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# Walk-in/Virtual Counseling Call (415) 487-3100 for more info or to schedule a session.

# **In-Person Groups**

# Over the Influence Book Club

(On hiatus)

Join anytime on any chapter. Check out this amazing book by the Harm Reduction Therapy Center.

#### Yoga for All

(On hiatus after 11/28/23)

Yoga for All is a new all-levels class for participants looking to foster or deepen their mind-body-spirit connection. Yoga mats and props will be provided.

#### **Targeted Abstinence Group**

Wednesdays, 6 pm to 7:30 pm Strut, 470 Castro St, San Francisco

A group for participants who have a substance use goal to abstain from the drug(s) that they find to be most problematic, while continuing to use others.

# Trans Substance Use Support Group

Thursdays, 6pm to 7:30pm Strut, 470 Castro St, San Francisco

Drop-in harm reduction group for transgender, nonbinary and gender expansive folks. All substance use goals are welcome.

#### Express Yourself (new location 6/3)

Mondays 2:30 pm to 4 pm 940 Howard St. San Francisco

Join us in this art therapy group and Express Yourself! All you need is an open mind and willingness to play.

#### **Off Mute**

Tuesdays, 2:30 pm to 4 pm 470 Castro St., San Francisco

A substance use support group focusing on sharing and reconnecting after much time apart; open to folks with all substance use goals.

#### **Abstinence Support Group**

Wednesdays, 6 pm to 7:30 pm Strut, 470 Castro St, San Francisco

A safe space for people with abstinence goals to support one another, share knowledge, & learn skills. We help you achieve and maintain abstinence from all substances.

#### TGIF!

Fridays, 2 pm to 3:30 pm 470 Castro St., San Francisco

Complete your week with us at TGIF!, a harm reduction, peer support group where folks can openly discuss their journeys towards managing substance use and related topics

## **Virtual Groups**

#### **Harm Reduction Skills Group**

Mondays, 6 pm to 7:30 pm

Stay connected, get and give support, and talk about substance use and harm reduction. All substance use goals welcome.

#### Managed Use Skills

Wednesdays, 6 pm to 7:30 pm

Connect, support and share harm reduction skills to safer, controlled, and/or reduced use of problem substances.

# Friday Night Harm Reduction Support Group

Fridays, 6:00 pm to 7:30 pm

Stay connected, get and give support, and talk about substance use and harm reduction before heading into the weekend.

#### **Emotions and Mindfulness**

Group Tuesdays, 6 pm to 7:30 pm

Connect with others while you learn & practice new mindfulness strategies to reduce risk of harm due to substance use.

#### Damn, Daddy!

Wednesdays, 1:30 pm to 3:30 pm

A space for gay, bi, and trans men who are 50 and older to talk about sex, drugs, health, family, and more.

#### **Adventures in Abstinence**

Saturdays, 11:30am to 1:00pm (On hiatus)

Wondering what abstinence has to do with harm reduction? We invite people with all substance use goals to identify and pursue adventures which support a holistic quality of life and more human connection.

## En Español

#### El Salón

Jueves de 12:30 pm – 2:00 pm 940 Howard St, San Francisco

Reúnete con nosotros para hablar de tu relación con alcohol y drogas y como usar de manera más saludable. Este será un espacio relajado y libre de juicios para conversar acerca de varios temas que nos afectan incluyendo las relaciones personales, familia, inmigración, cultura y más

Para otros servicios en español por favor llame a Aníbal Mejía al (415) 699-8160.

### **Additional Services**

#### PROP & PROP for All

Structured community, counseling, referrals, and support for all people interested in addressing their use of meth or cocaine. Any and all goals are supported.

PROP centers gay, bi and trans men and other men who have sex with men, and trans women. Please contact Tyrone Clifford at <a href="mailto:tclifford@sfaf.org">tclifford@sfaf.org</a> or (415) 699-2930 with any questions and to get enrolled.

PROP for All is open to all adults. Please contact Wayne Rafus at <a href="wrafus@sfaf.org">wrafus@sfaf.org</a> or (415) 487-3124 for more information.

### **JumpStart (formerly Cheers Queers)**

Incentive-based risk-reduction program for gay, bi and trans men who have sex with men and like to drink and/or use drugs. Contact us at (415) 487-3100 for a consultation to determine if you are eligible.