

## **Feasting on God's Grace: Living Bread and Water**

*Kristin Tabb, January 2025*

### Resources for growing in being nourished by God:

*Habits of Grace*, by David Mathis

*Help for the Hungry Soul, Eight Encouragements to Grow Your Appetite for God's Word*, by

Kristen Wetherell

*Women of the Word*, by Jen Wilkin

*The Word Made Fresh*, by Dale Ralph Davis

*Lessons from the Upper Room: The Heart of the Savior*, by Sinclair Ferguson

### Resources that help me reflect on Jesus

*Valley of Vision*

*The Heidelberg Catechism*

Ruth Chou Simons' *Beholding and Becoming or Pilgrim*

### Ideas for depth in the Word:

ESV Study Bible

Romans study at TNC

Bible Study Fellowship

Crossway's *Knowing the Bibles* series

9 Marks Bible studies

### Ideas for breadth in the Word:

One Year Bible Reading Plan (You Version app, Discipleship Journal plan)

ESV App (contains audio of the whole Bible, as well as plans, note-taking, etc)

ESV Reader's Edition

### Kristen Wetherell's Questions for finding Jesus in a passage of Scripture:

- Is there a promise that Jesus has fulfilled, or will fulfill?
- Is there a terrible person that Jesus is the opposite of, or a wonderful person that Jesus is the perfect version of?
- Is there a command that Jesus has fully obeyed?
- Is there a sin, pattern of sin, or problem that Jesus has conquered?
- Is there a need, longing, or hunger that only Jesus can meet?

### Ideas for prayer:

- Frequency—pray out loud—anytime, anywhere! ☺
- Structure: 3 A's: Adore God's character, Align yourself with his will, Ask him for what you need
- Consistency—long-term, sectioned prayer journal (Crossway has one), PrayerMate, Echo app, other prayer apps
- Essence (Scriptural prayers)—*Praying with Paul*, D.A. Carson and Brian Tabb (The Gospel Coalition)
- Community: Small Group