

2024-2025 Wellness Events

Clark Wellness Fair Tuesday May 13th



Clovis High School Wellness Fair Wednesday May 7th hosted by the Peer Counselors



Clovis High School Peer Counselors Are Ready for Mental Health Month

CHS Mental Health Fair



Wednesday, May 7th in the Amphitheater at lunch

Cocal agencies and swag hand-outs available!

All students and staff welcome!

CHS Mental Health Month

Week 1: Wear Green or your MHAW shirt for the Wellness Fair! (May 7)

Week 2: "Wear your own"
Wear outfits from your favorite show, movie, music artist, etc. (May 14)

Week 3: "Wear your future"
Dress as your future career or what you aspire to be when you grow up (May 21)

Week 4: "Mix-Match" Know that it's ok to not be ok: Dress as your own, unique self in mix-matched clothing such as stripes/polka dots, etc. (May 28)

Clovis East Peer Counselors Prepare for Wellness Week on their Campus



1st Annual Reggie McLean Heart of Peer Counseling Award Recipient

The Words on the Perpetual Plaque

When you think about Peer Counseling in Clovis Unified, you think of Reggie McLean. Reggie was a passionate advocate for her junior high students over her 30+ years of teaching at Kastner Intermediate School. Reggie's heart for others overflowed to her students, inspiring them to care for those around them. Reggie was compassionate, strong, kind, genuine, and always ready to listen. When you were with Mrs. McLean you felt safe, valued and loved.



Peer Ambassadors Advocated for Peer2Peer Supports at the LCAP Parent Night 3/31/2025



CSI Students Advocated for CSI at the LCAP Parent Night 3/31/2025



Clovis North Peer Counselors Team up with Riverview Elementary for SEL Week Activities

RIVERVIEW SOCIAL EMOTIONAL LEARNING WEEK





**A LITTLE
SPOT**

GOALS



**WITH CN PEER
COUNSELORS**

- Foster a supportive school environment.
- Enhance students' emotional regulation and empathy.
- Promote collaboration and communication skills.
- For students to be able to spot and recognize their feelings, so they are able to help spot them in others.
- Help students to understand others.

March 17th-21st

DAILY FOCUS WITH POSITIVITY PROJECT (P2) AND LITTLE SPOT

Monday

Little Spot-Emotion Detective, Celebration
P2- OPM: Identifying and appreciating the goodness in others

Tuesday

Little Spot- Empathy
P2- OMP: Supporting others when they struggle

Wednesday

Little Spot- Bravery & Anxiety
P2- Open-mindedness & Bravery

Thursday

Little Spot- Social Skill & Friendship
P2- Teamwork & Curiosity

Friday

Little Spot- Kindness
P2- Kindness & Gratitude

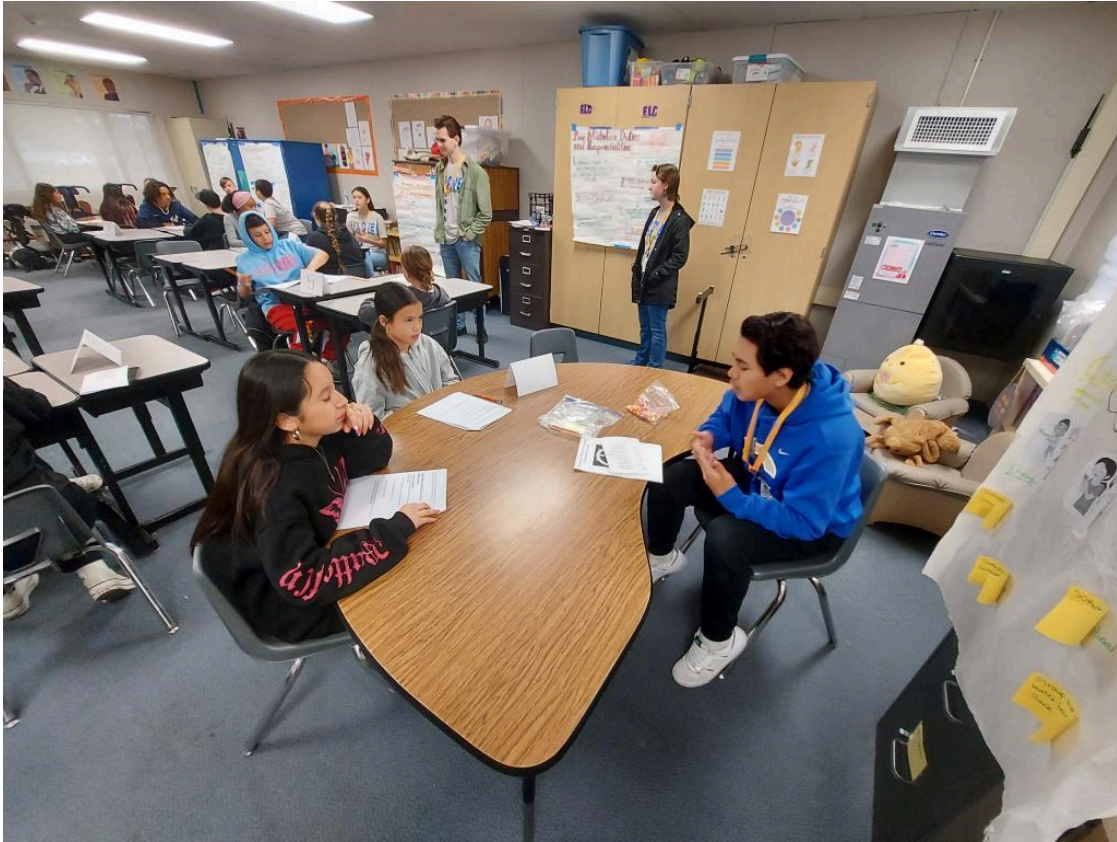


**RAM
NATION**





Clovis High School Peer Counselors Trained 5th & 6th Grade students from Weldon Elementary in conflict resolution skills to become Mediator Mentors Wednesday March 5th, 2025.



Mickey Cox Mediator Mentors Speak to Parents and Administrators at IDAC





Clovis North Peer Counselors Trained Mountain View students to be Mediator Mentors

Conflict Resolution Skills 2/4/2025



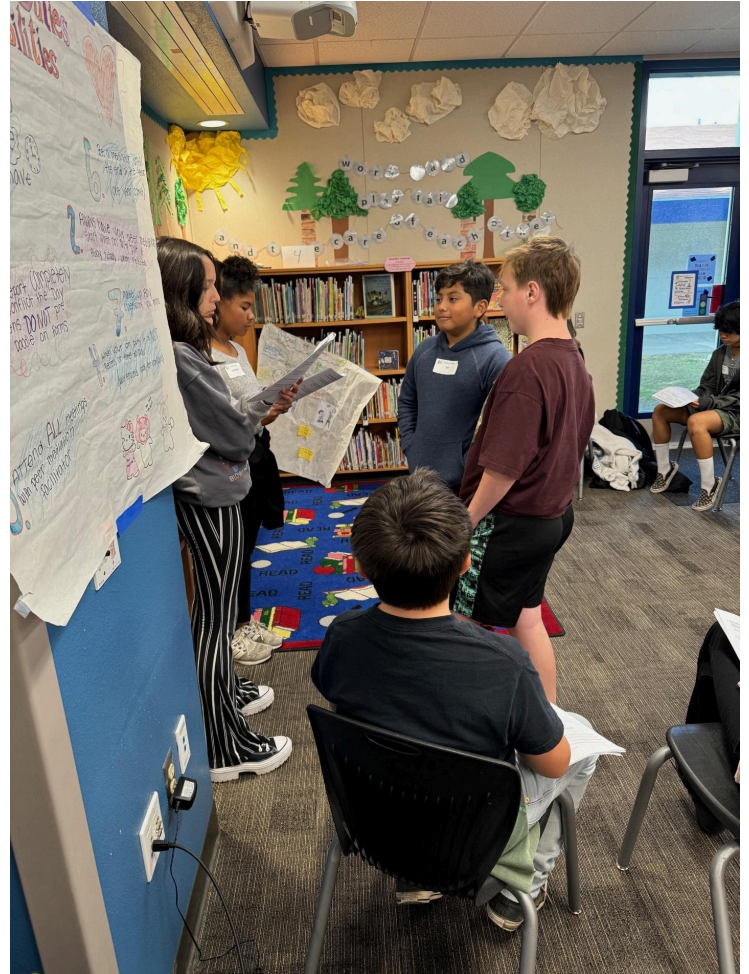
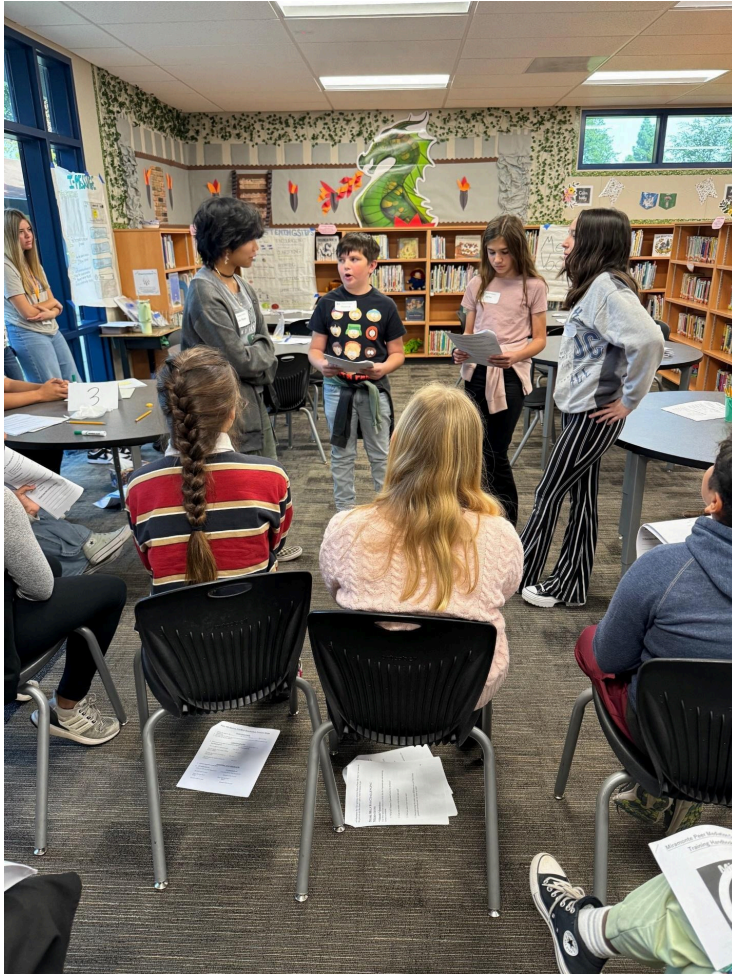
**Peer Ambassadors Advocated for Peer2Peer Supports at the LCAP Parent Night
2/3/2025**



CUSD Comprehensive Wellness Meeting Friday January 24th, 2025



Clovis High Peer Counselors Trained Mickey Cox 5th & 6th Graders in Conflict Resolution Skills. Mickey Cox Elementary Now Has Mediator Mentors!



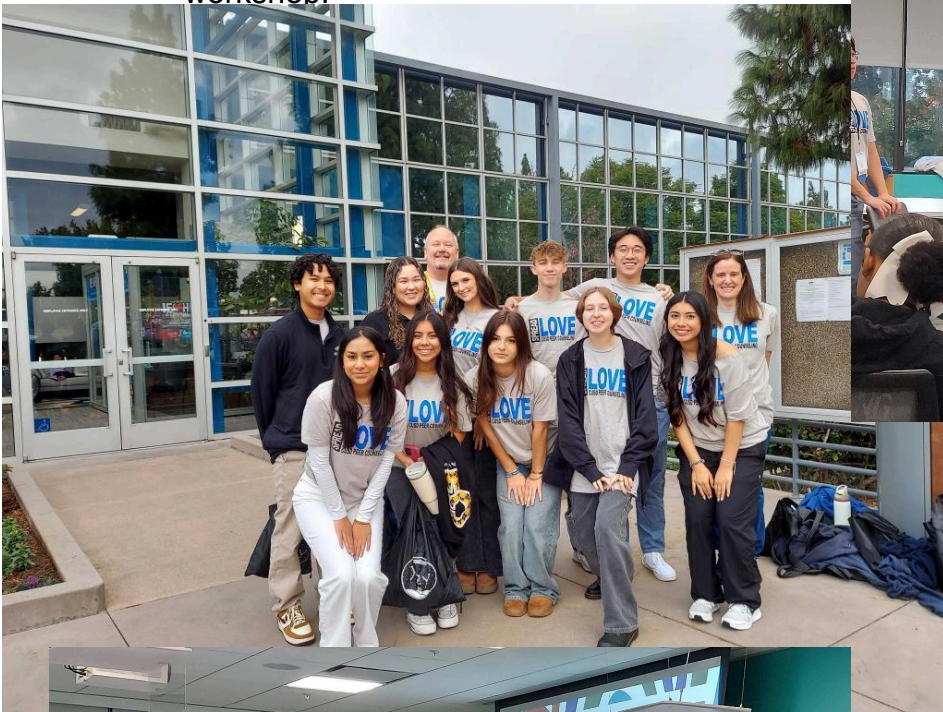
Peer Counseling Summit 2024

On Monday November 18, 2024, all our Peer Counselors 7th - 12th participated in the 4th Annual Peer Counseling Summit at the Veterans Memorial Building. Participants learned from a panel of 6 former Peer Counselors who are CUSD employees. All actively participated in five workshops representing each of our high schools that were run by Peer Ambassador students.



Youth 2 Youth StateWide Conference Friday November 15, 2024

10 Peer Counseling Ambassadors traveled to F... statewide conference. Six of the Ambassadors workshop.



Red Ribbon V
The Peer Cour
this week.

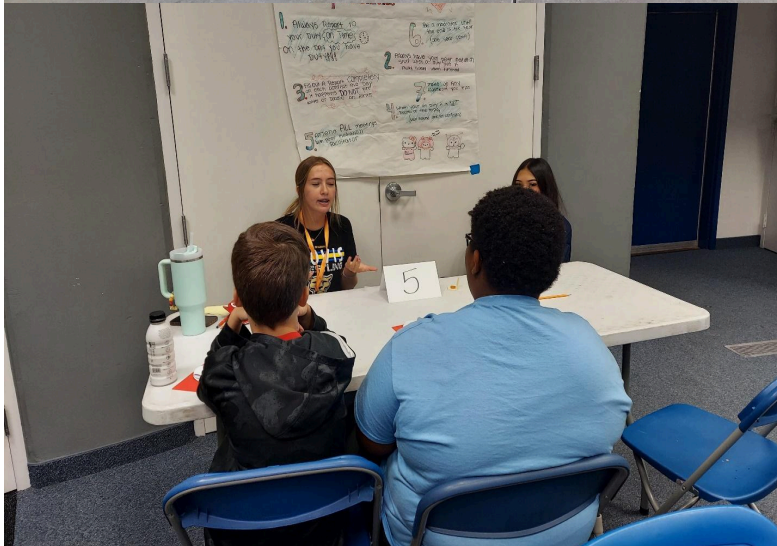
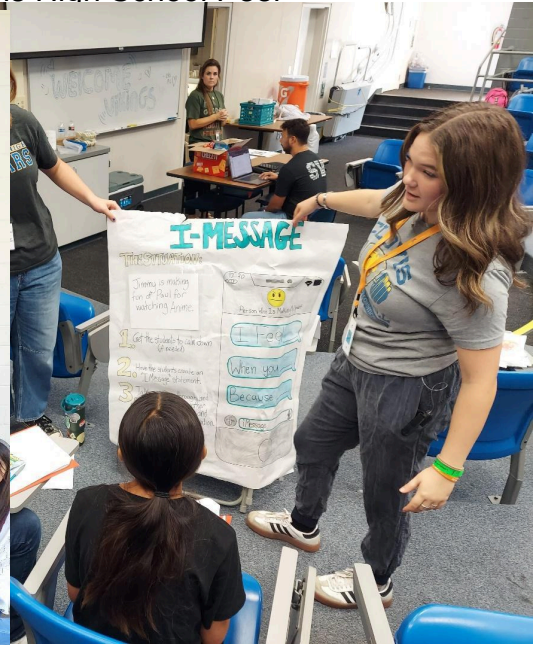


ivities at lunch time



Mediator Mentor Training at Clovis High School Wednesday October 9th, 2024

Sierra Vista Elementary School Students were trained by Clovis High School Peer



CSI (Clovis Support and Intervention) Training October 2-4, 2024

Thirty-Five CUSD employees completed three full days of training last week to become CSI Facilitators able to run CSI groups at their school sites. CSI groups are social, emotional connecting groups and a Tier 2 Intervention available to all CUSD students. Each school has a CSI program.



NAMI CA Conference in Anaheim

Three Clovis West Peer Counselors: Baylee McPherson (12th), Larissa Gastelo (11th), and Khloe Magdaleno (10th) and Gianna Ruth (12th) who is our ASB Mental Health representative. Sessions included topics on Youth Suicide Prevention, Heartbroken and Happy which focused on how to support caregivers, Engaging Spirituality to help build coping and resilience, Peer Workforce Investment, and Cultivating Youth Leadership through NAMI clubs. It was a busy two days with lots of information to take it! Our girls learned a lot, shared in some new experiences, and are excited to bring information back to our campus to make a difference! We will be sharing with our Yoga and Mental Health Club on campus, which is a NAMI on Campus club.



For the 4th year, Clovis West Peer Counseling has volunteered with CA Mother's Against Drunk Driving for the "Walk like MADD" event on Sept 14th. Our students this year helped to set up the memory mile, provided information about MADD, worked the teen scene, passed out water/snacks, helped take pictures, and our Baylee McPherson performed the National Anthem at the beginning of the ceremony. It is great seeing our students be impacted by the mission of MADD.



This year Human Relations and our CTE Education Pathway students to push into every classroom during our Golden Hour periods (intervention) during the 3rd and 4th week of school. Prior to the school lessons, Lori Hurley worked with the PC/Leadership kids to teach them the lessons so they would be able to then teach them to the students. Students mostly

worked with partners, but in order to serve every classroom we had some of our stronger leaders work independently.



Clovis West Peer Counselors trained Lincoln, Valley Oak, and Pinedale Peer Mediators over the course of two Wednesdays. Elementary school students came over to CW and spent the morning going through stations led by CW Peer Counselors. After lunch with the high schoolers, the elementary students were able to practice their peer mediation skills and discuss how they could be used on their own school sites. We

hope to visit each site quarterly to follow up with our peer mediators and to continue the conversations about helping our peers.

Former Clovis North Peer Counselor Siena Smith (pictured far right) and students in her Fresno City College Communications class were assigned a project in which they presented information about an organization that has made an impact on the world.

ear and dear to Siena and her research to find cures for childhood raised over \$5,000 in donations! sed more than \$70,000. Thank you, difference in our community!



Clovis High School Peer Counseling Hosted their Annual Suicide Prevention Wellness Fair at Lunch on Wednesday September 18th at Clovis High School.



Internet & Social Media Awareness

The internet is a growing part of our lives, and students are being exposed to a wide range of content as they work and play online. As a school district we are continuing to educate students about the risks posed by irresponsible use of the internet. We encourage every parent to be a part of proactive efforts to help our youth use their social media accounts in a safe and responsible way. Students also play an important role in alerting their parents and school administrators to any suspicious online behavior that they witness.

[Click here for resources and tips for students and parents to keep in mind as they spend time online.](#)

Student-Produced Videos

Other Videos

FresnoCares.org PSA

You Can Make a Difference