REQUEST TO BE EXCUSED

Dear Parents/Guardians,

We are pleased to announce the revision of the district's Health and Physical Education curriculum in accordance with the New Jersey State Learning Standards in Comprehensive Health and Physical Education, as required by the NJ Department of Education. We value the importance of partnering with families as we educate students in the knowledge and skills they need in order to lead a healthy, active life.

Although we strongly encourage families to have their student participate in these essential health topics, we want to acknowledge that Parents/Guardians do have the option of excluding their child from any portion of sexuality/family life education instruction if it is in conflict with their conscience, morally, or religiously held beliefs. Please fill out the exclusion form below, and return to your child's principal if this is the case. Students who are excused will be assigned to a separate classroom for the duration of those identified lessons.

Family Life Topics (Please check off the topic that you would like your student excused from for the 24-25 SY.)	
Hygiene, Anatomy & Reproductive System	
Emotional/Social Changes & Stress in the Co	ommunity
Relationships, Quality of Relationships & Pee	er Pressure
Student Name	Homeroom Teacher
Parent/Guardian Signature	Date

*Please return this form to the building principal