



Lemongrass Essential Oil

Feel refreshed and ready for anything with Lemongrass. For centuries, Lemongrass has been cherished across Asia for its aromatic essence and diverse applications. Today, Lemongrass Essential Oil continues to be a staple ingredient in skin care, home care, and aromatherapy. Its astringent qualities find their place in facial toners, promoting a natural and radiant complexion.

Lemongrass' uplifting aroma is harnessed in contemporary settings to create soothing bath experiences. Similar to Citronella, Lemongrass Essential Oil's innate ability to repel insects is a tradition that continues to serve as a solution for outdoor gatherings.

Botanical Name: *Cymbopogon flexuosus*

Plant Part: Leaves

Main Constituents: Citral: 60-82%

Origin: India

Processing Method: Steam Distillation

Color/Consistency: A thin yellow to brownish yellow liquid.

Aromatic Summary / Note / Strength of Aroma: Fresh earthy, citrusy scent.

Blends With: Pine, Thyme, Lavender, Rosemary, Marjoram, Cedarwood, and Lemon.

Benefits

Natural Cleaning Ingredient: Lemongrass Essential Oil contains high levels of citral and limonene, making it a natural choice for purifying the air and surfaces.

Skin Care Wonder: When used in skin care, Lemongrass is believed to help tone and rejuvenate the skin, while its astringent properties can also help control excess oil, reducing the appearance of blemishes.

Lighten the Mood: The naturally refreshing, citrusy aroma of Lemongrass Essential can help uplift your mood and boost mental clarity.

Soothe Away Soreness: Lemongrass Oil is known for easing tightness and discomfort, offering relief and relaxation when massaged into the affected areas.

Sour to Insects, Sweet to You: Like Citronella, Lemongrass Oil's aroma acts as a natural bug repellent, keeping those pesky insects at bay.

Directions and Uses

- **Lemongrass Glow Up:** Lemongrass Oil is a natural antiseptic, making it an excellent addition to lotions, soaps, and bath bombs. It helps purify the skin and provides a refreshing, uplifting scent. Add 1-2% Lemongrass Essential Oil to your DIY creations for optimal benefits.
- **Buzz Off Bugs:** Blend Lemongrass Essential Oil with a carrier oil and apply it to your skin to deter insects and keep those unwanted guests away.
- **Outdoor Oasis:** When hosting outdoor gatherings, diffuse Lemongrass Essential Oil to create an aromatic barrier against bugs and enhance your outdoor experience.
- **Zesty Vibes Only:** Add 3-5 drops of Lemongrass Essential Oil to your diffuser. The invigorating, citrusy aroma can promote a sense of well-being and reduce stress and anxiety.
- **Toning Serum:** Mix 2-3 drops of Lemongrass Oil with a carrier oil and apply the blend to your face after cleansing for a serum that can help rejuvenate your skin.
- **Shampoo Booster:** Add 3-4 drops of Lemongrass Oil to your shampoo to stimulate your scalp and control excess oil production.

Size & Price: Contact Us