

2024 NMBTF Annual Hospital and Clinic Summit: Strengthening the Perinatal and Lactation Ecosystem: A collaborative approach
FINAL Agenda

Date: Saturday Aug 3, 2024

Location:

Albuquerque UNM Continuing Education Building: 1634 University Blvd NE, Albuquerque, NM 87131

Farmington Sycamore Park Community Center 1051 Sycamore Street, Farmington, NM 87401

Las Cruces Memorial Medical: 2450 S Telshor Blvd, Las Cruces, NM 88011

*Sessions in Green are tri-site virtual connection

*Sessions in Purple are site only connection

<i>Time</i>	Session Title	<i>Leading Session/About</i>
7:45-8:15 am	Registration	
8:15-9:00	Welcome and Centering	Monica Esparza Casandra Stouder
9:00-10:15	Milk Expression Early Postpartum: When, Why & How?	Anne Eglash Objectives: <ul style="list-style-type: none"> • Discuss indications for pumping early postpartum • Explain the role of hand expression in supporting lactation early postpartum • Identify ways to support lactation when a breastfeeding neonate is not gaining weight well
10:15-10:30	Break	
10:30-12:00 pm	Counseling the lactating parent & their family	Anne Eglash Objectives: <ul style="list-style-type: none"> • Identify the role of breastfeeding education among healthcare providers who support lactating families • Explore the importance of support within healthcare in breastfeeding duration • Describe counseling strategies to support breastfeeding

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		<ul style="list-style-type: none"> Identify common booby traps that can unintentionally undermine breastfeeding success
12-1:00pm	Working Lunch Community Mapping: Who is in the room? How do we support families in communicating their needs?	Facilitators: Las Cruces: Carolina ABQ: Monica Farmington: Jessica L.
1:00-2:15	Community Building Part 1	Las Cruces: Carolina ABQ: Monica Farmington: Jessica L.
2:15-2:30	Break	
2:30-3:15	Community Building Pt 2	FACILITATORS Las Cruces: Carolina ABQ: Monica Farmington: Jessica L.
3:15-3:25	Guided Stretch	FACILITATORS Las Cruces: Carolina ABQ: Monica Farmington: Jessica L. Guided group stretch, mindful of mobility.
3:25-4:00	Virtual Connection-larger group sharing	FACILITATORS Las Cruces: Carolina ABQ: Monica Farmington: Jessica L.

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4:00-4:15	Closing/Breathwork Commitment Making	FACILITATORS Monica Cassandra
4:15	Evaluation and Certificate Receiving	All attendees must Complete the evaluation to receive Certificate of Attendance

*The AAFP has reviewed Strengthening the Perinatal and Lactation Ecosystem: A Collaborative Approach and deemed it acceptable for up to 2.75 Live AAFP Prescribed credit(s). Term of Approval is from 08/03/2024 to 08/03/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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