

Nourishing the Flame



Lisgar Collegiate Institute

29 Lisgar Street | Ottawa, Canada

613-239-2696 | LisgarCI.ocdsb.ca

17 October 2024 

News and Information

Reminder: Parent-Teacher Interviews Today 4:00-7:30pm

In-person parent-teacher interviews will take place at Lisgar this afternoon and evening. Interviews are ten minutes in length and can be booked online using [this link](#), which is open until 3:00pm. In order to respect other people's schedules, we ask that you please honour the ten-minute time limit. If you would like to book a telephone or virtual interview with a teacher, please reach out to them by email. Ongoing communication between the school and home is an important component of student success. Please feel free to reach out to teachers any time before or after interviews as well.

Earn Your English Credits in Ireland

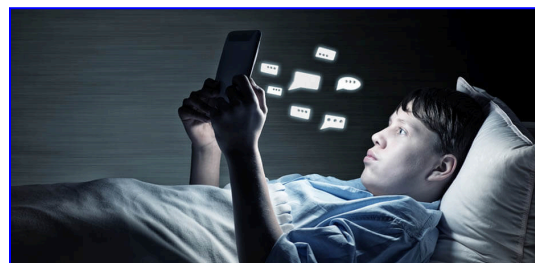
After a very successful program this past July, the Irish Experience is, once again, offering students the opportunity to take their grade 11 or grade 12 English credits in Ireland next summer. There will be an information meeting for interested students and their parents in Room N124 at Lisgar on Wednesday October 23rd at 7:30pm. For more information about this exciting opportunity, please visit www.IrishExperience.com



The Irish Experience 

Managing Digital Technology

Digital technologies can support learning and skill development, connections with others, and access to help. With limits and balance, these tools can offer meaningful experiences for children and youth, beyond their educational use. However, excessive screen use can impact your child's mental health and well-being. It is important to consider your child's relationship with digital technology. School Mental Health Ontario has prepared [this information brochure](#) to guide parents on their children's use of digital technology.



We respectfully acknowledge that we learn, work, and play on the unceded and unsundered homelands of the Algonquin Anishinabe People.

Media Permission Forms

We are proud of our students, and showcasing their talents and abilities demonstrates our commitment to supporting them while they learn and grow. Through our website and other communication channels, we celebrate our students and their work. To share a student's work, photos, and/or videos on the OCDSB's communication platforms, we need the consent of parents/guardians which they can provide by signing the [digital media permission form](#). It only takes a moment to complete. Please contact the Main Office if you have any questions about this form.

Ottawa-Japan 2-Week Exchange

Since 2016, students from the OCDSB and Yamate Gakuin High School in Yokohama, Japan have participated in bi-annual cultural exchanges. Japanese students will come to Ottawa from **April 11 - 25, 2025** to stay with host families (2 students / family who may share a room), attend school for 4 days, and participate in various tours and activities in and around the Ottawa area. Participating students from Lisgar would then travel to Japan from **July 18 - August 2, 2025** to stay with host families and participate in various activities in and around the Tokyo area. More details and the application (due October 28) [can be found here](#).



Prime Minister's Awards

Consider nominating an educator for a 2025 Prime Minister's Award!

Download your nomination package today by visiting this [website](#). Help us celebrate those who go above and

beyond to create safe spaces for their students, continue to work hard to make learning fun, and inspire the next generation to be bold innovators and creators. Prime Minister's Awards recipients can receive:

- A certificate from the Prime Minister
- National recognition and promotion of their best teaching practices



Attendance Reporting

If a student must be home from school with parent permission, we ask that you email the school at:

lisgarattendance@ocdsb.ca

In your message, please provide the student name, grade, and reason for absence.

Grade 9 Students → Take Our Kids to Work Day: November 6, 2024

Grade 9 students are encouraged to participate in Take Our Kids to Work day where they have the opportunity to shadow a parent/guardian or family friend in their place of work for a day. Paper field trip forms (both [TOKTW Consent](#) & [OCDSB TOKTW Field trip form](#)) OR [Laserfiche form](#) (combined) must be completed to participate.

Grade 10-12 Students → Launch 2024! - November 6, 2024

Grade 10-12 students are encouraged to participate in Launch 2024!, a virtual post-secondary exploration opportunity which showcases a variety of post-secondary pathways and options available to students. [Paper field trip forms](#) OR [Laserfiche form](#) must be completed to participate.

Voluntary Student Fees

Each year, parents and guardians are asked to contribute to school life by paying a small voluntary student fee. These funds are used to support a number of activities that directly benefit students:

- Our Student Council runs many events that contribute to school spirit;
- Students are recognized for academic, athletic, and extracurricular achievement at our undergrad and grad awards ceremonies;
- The New Student Orientation in August;
- Leadership activities and assemblies;
- Supporting students in financial need;
- and much more!

All that to say, we are happy to accept the voluntary student fees and assure you that the funds will be put to good use for our students. You can pay the Voluntary Student Fee using [SchoolCash Online](#).

Walk a Block

Did you know that walking all or part way to school helps create safer school zones by reducing vehicle congestion? If you live too far away from school to walk the whole way, consider being dropped off 5 to 10 minutes away from the school and walking the rest of the way. Take this small step to help make school zones safer for everyone. [Download](#) your Walk-a-Block map today! For more information about OSTA's **#GetYourWalkOn** programs and resources please visit OSTA's [website](#)!

Volunteer Opportunity at Ottawa Public Library

The Ottawa Public Library is currently recruiting teen volunteers for their Teen Advisory Group. Any youth interested in doing their volunteer hours at the Main Branch of the library are invited to apply at [this link](#), or by consulting the "Volunteer" page on the Ottawa Public Library website. See the poster at the end of this newsletter for more information.

Did you know...

Twenty years ago, Lisgar's *Vox Lycei* yearbook included this quote from Mark Twain:

"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

Do you think the Class of 2005 remembers this quote?
Will the Class of 2025 look back at this in 2045?

Celebrating Student Success

Level Up!

Grade 11 and 12 students from Lisgar recently had the opportunity to participate in the Level Up career exploration fair at the EY Centre, where they gained hands-on experience in skilled trades. The event featured a variety of interactive workshops and demonstrations, allowing students to explore fields such as plumbing, electrical work, masonry, crane operation, and carpentry. Attendees had the opportunity to engage directly with industry professionals, gaining valuable insights into potential career paths. This immersive experience aimed to inspire students and help them discover the diverse opportunities within the skilled trades sector. Thank you to all who participated!



Lisgar Brings Music to the Community

Students in Lisgar's small ensembles participated in an evening concert for the residents at Perley Health on September 16th. This outreach project was initiated by music students **Nieve Xiao** (grade 11) and **Kate Huang** (grade 11). They have started a volunteer organization called "Sound of Life (Sol)" connecting young musicians with nursing homes and the elderly across Ottawa. The concert at Perley Health was enjoyed by all and many residents sang along to the musical selections. The Lisgar



Music Department was proud to bring music to members of our community who may not be able to come to our school concerts.



OTTAWA-CARLETON
DISTRICT SCHOOL BOARD



Community Connection

Join us for an evening of information, conversation, and collaboration!



DATE:

October 24, 2024

TIME:

5:30 p.m. - 7:00 p.m.

VENUE:

Elgin Street Public School [310 Elgin St.](#)

The Community Connection, hosted by the OCDSB's Family and Community Engagement, is an opportunity for all students, their families and staff in Ottawa's downtown area to discover the various resources available in the community and the Ottawa-Carleton District School Board.

What to look forward to:

- Know more about what the OCDSB has to offer, including academics, extracurricular activities, and special education services.
- Get an overview of local community resources, like public libraries, educational programs, and after-school activities.
- Engage in informative discussions about educational topics relevant to the community.



SCAN
ME

Click Here
to Register



Learn More: ocdsb.ca/CommunityConnection



Family and
Community
Engagement
Ottawa-Carleton District School Board

JOIN THE TEEN ADVISORY GROUP!! REJOINGEZ LE GROUPE CONSULTATIF D'ADOS!!

Need to fulfill your volunteer hours?

If you live or go to school downtown,
you can apply to be a **teen volunteer** at the Main
Branch (120 Metcalfe)!



Besoin de compléter vos heures de bénévolat?

Si vous vivez ou allez à l'école au centre-ville, vous
pouvez soumettre votre candidature pour devenir un
bénévole ado à la Succursale Centrale (120 Metcalfe)!

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