

the Venues

Go Deep

Christmas For The Whole Self

Slow Down and Hope

12.4.2022

What kind of Christmas are you dreaming of?

What kind of day do you want to have?

When have you experienced a sense of hopelessness and despair?

Read [Proverbs 23:18](#) and [Psalm 9:18](#)

How can you relate to these passages?

Dr. Chan Hellman, Professor at the University of Oklahoma defines hope as:

“the belief that the future can be better than the present...along with the belief that you have the power to make it so.”

How is that definition of hope different from wishful thinking?

Read [Romans 15:13](#)

Break this verse down.

How does Paul describe God?

How can you overflow with hope in the middle of your hopelessness?

What steps can you take to move out of desperation into hope?

What steps can you take to help someone else move out of desperation into hope?