

|  | <u>Personal Development</u><br><br>Know and Grow      | <u>Community Connections</u><br><br>Consider and Connect            | <u>Innovative Thinking</u><br><br>Explore and Discover | <u>Effective Communication</u><br><br>Engage and Communicate |
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|  | "I know myself and grow."  | "I consider and connect to community."  | "I explore and discover."   | "I engage and communicate."   |
| <b>Strand:</b><br>Thoughts and Emotions  | Students <b>know</b> their thoughts and emotions and <b>grow</b> by deepening their understanding of how they think and feel.          | Students <b>consider</b> others' thoughts and emotions to <b>connect</b> to community with empathy, flexibility, and boundaries.                      | Students <b>explore</b> questions, thoughts, and emotions to <b>discover</b> patterns and solutions.                                      | Students <b>engage</b> and <b>communicate</b> effectively.  |
| <b>Strand:</b><br>Identities and Values  | Students <b>know</b> their identities and values and <b>grow</b> by integrating their values with their actions.                       | Students <b>consider</b> others' identities and values and <b>connect</b> to the diverse aspects of community.  | Students <b>explore</b> the assumptions and biases in their questions and approaches to <b>discover</b> logical and equitable solutions.  | Students <b>engage</b> with intention and <b>communicate</b> directly with integrity, adjusting for context, purpose, and equity.               |
| <b>Strand:</b><br>Decisions and Responsibilities                                 | Students <b>know</b> that their thoughts, emotions, identities, and values may change and <b>grow</b> by making responsible decisions. | Students <b>consider</b> the role of social and ethical norms and <b>connect</b> to community using social skills and restorative practices.          | Students <b>explore</b> with focus and creativity to <b>discover</b> their power and responsibility to act and/or make change.            | Students <b>engage</b> and <b>communicate</b> responsibly, using evidence and reasoning to justify thoughts and claims.                         |
| <b>Strand:</b><br>Resources and Progress   | Students <b>know</b> their strengths and <b>grow</b> by making progress towards academic and personal goals.                           | Students <b>consider</b> the resources in families, schools, and communities and <b>connect</b> to others by collaborating and seeking/offering help. | Students <b>explore</b> resources and use innovative thinking to <b>discover</b> solutions.   | Students <b>engage</b> with resources and <b>communicate</b> to diverse audiences using a variety of strategies.                                |
| <b>Strand:</b><br>Feedback and Reflection  | Students seek feedback and reflect on their personal development.  | Students seek feedback and reflect on their community connections.  | Students seek feedback and reflect on their innovative thinking.  | Students seek feedback and reflect on the effect of their communication.  |