



	<u>Personal Development</u>  Know and Grow	<u>Community Connections</u>  Consider and Connect	<u>Innovative Thinking</u>  Explore and Discover	<u>Effective Communication</u>  Engage and Communicate
	"I know myself and grow."	"I consider and connect to community."	"I explore and discover."	"I engage and communicate."
Strand: Thoughts and Emotions	Students know their thoughts and emotions and grow by deepening their understanding of how they think and feel.	Students consider others' thoughts and emotions to connect to community with empathy, flexibility, and boundaries.	Students explore questions, thoughts, and emotions to discover patterns and solutions.	Students engage and communicate effectively.
Strand: Identities and Values	Students know their identities and values and grow by integrating their values with their actions.	Students consider others' identities and values and connect to the diverse aspects of community.	Students explore the assumptions and biases in their questions and approaches to discover logical and equitable solutions.	Students engage with intention and communicate directly with integrity, adjusting for context, purpose, and equity.
Strand: Decisions and Responsibilities	Students know that their thoughts, emotions, identities, and values may change and grow by making responsible decisions.	Students consider the role of social and ethical norms and connect to community using social skills and restorative practices.	Students explore with focus and creativity to discover their power and responsibility to act and/or make change.	Students engage and communicate responsibly, using evidence and reasoning to justify thoughts and claims.
Strand: Resources and Progress	Students know their strengths and grow by making progress towards academic and personal goals.	Students consider the resources in families, schools, and communities and connect to others by collaborating and seeking/offering help.	Students explore resources and use innovative thinking to discover solutions.	Students engage with resources and communicate to diverse audiences using a variety of strategies.
Strand: Feedback and Reflection	Students seek feedback and reflect on their personal development.	Students seek feedback and reflect on their community connections.	Students seek feedback and reflect on their innovative thinking.	Students seek feedback and reflect on the effect of their communication.