Full Moon Function Playbook

By Vic

Playbook Purpose: document process and align helpers for the event

Overview



Bring the community together for a time of reflection under this special moon. Celebrate my time in Houston and my solar return. Acknowledge Rakhi.

Location (Google Map)

5301.18a Art & Culture Lab 5301 Polk St #18a, Houston, TX 77023 Houston, Texas (\$50/hr rental)

Time

7:30 pm arrival - 9:30 pm departure

Roles

Everyone who has a role will be compensated depending on profit made.

Vic - Lead

Name & name- Helpers

Astrology

- ★ Full moon in Pisces moving from Aquarius- peaks around 8:30 pm CST
- ★ Blue Moon (2nd full moon in a month)
- ★ Super Full Moon (Moon is the closest it can get to Earth appearing larger and brighter)
- ★ Vedic: Leo Sun/Season
- ★ Western: Virgo Season
- ★ Mayan Calendar:

Spiritual Associations

- 8th month of the Gregorian year.
- Tarot Justice (8/11), Empress (30), Strength (11/8)
- Tlazolteotl Aztec deity of filth and purification (jaguar, 13,14)
- Rakhi Day

Further Reading and sources

- https://www.azteccalendar.com/god/Tlazolteotl.html
- https://www.timeanddate.com/moon/phases/usa/houston
- To be continued

i Items required (Vic to Bring)

 ∀ic's business cards ✓ Vic's flyers ✓ Sign in Form Pens (20) ✓ Notebooks (what's on hand) ☑ Clipboard (1) Candles (6) ☐ Flowers ☑ Bluetooth speaker ☑ Bluetooth speaker charger ✓ Dream Sign ✓ Singing bowls ☑ Rug for singing bowls ☑ Rug for altar ✓ Yoga Mat

☑ Lighter



• 7:00 pm Arrive

- o Vic Everyone park in the back not the front
- Carlos there to open up
- Water in kitchen 5 gallon water jug dispenser Put in dispenser
- o Communicate with people to bring their own water bottle Less trash

• 7:15 pm | Team Arrival.

Helpers and Lead arrive at the place. Lead sets up the bluetooth tooth speaker and community altar space. Helpers stand by door completing the below tasks:

- Signing people in Clipboard with names + acknowledgement of waiver
- Sharing payment information People can pay before or after the event. It's pay-what-you-can with a suggestion of \$15-25 to help us cover the cost of the venue, supplies, and labor.
- Pirecting folks to where the bathrooms and room are and where to take off their shoes (small room at entrance of larger room)

• 7:30 pm | Arrival.

Doors open, we get settled in and greet friends new and old. People may place things at the community altar. Vic will greet folks as they come in.

• 7:45 pm | Slow Flow Yoga.

A 45-minute astrologically influenced beginner-friendly slow flow.

- Vic's introductions
 - Phones off
 - Follow your body first
 - Restrooms
- o Ice breaker -Hello neighbor
- o Warm Up
- Moon salutation
- Standing Goddess & Star flow
- o Yin

• 8:30 pm | Crystal Sound Bath. - NO ENTRY AFTER THIS

30-minute sound bath after savasana

- Reminders
 - If you need to leave early please do so now now to disturb the class
 - Phones off

• 9:00 pm | Individual & Community Reflection.

Time for individual journaling and community share out

- o First 10 minutes alone
- o 10 minutes together (groups of 3)
 - Vic share's gratitudes
- 9:30 pm | Departure.

Our last goodbyes as we leave and shepard people out the doors/

@ Getting to the Venue, Parking, and Getting inside



These Directions on Google Map should take you directly to the venue (Google Maps 5301.18a Art & Culture Lab, 5301 Polk St #18a, Houston, TX 77023).

The venue exists in a warehouse like space and has a flamingo out front, red-brick, and is labeled fig. "5301 Polk No.18A". Pull around to the back and park anywhere back there.



Do not park in the front. Various freight goes through the streets near here. Park anywhere in the back.

You will enter through the back. A handicap sign is near the back entrance. Once you enter, be sure to sign in.









N/A



- ☐ Email Reminder (TUESDAY)
 - **✓** Parking
 - ✓ Mat
 - ₩ater
 - ✓ Journal
 - ✓ Altar