

SIMON TIME

1. Download this document
2. Edit this document to your preferences
3. Find Polish translations (if you want)
4. Create examples of use to remember the words more
5. Print the list and put it on a wall
6. Look at it every day
7. Finally remember new words

ENG	PL	EXAMPLE
Abuse		
Addiction		
Agreeable		
Anxiety		
Assessment		
Attention		
Aware		
Behavior		
Bias		
Biological		
Bipolar		
Cognitive		
Compulsion		
Compulsive		
Conscious		
Coping mechanism		
Counseling		
Disorder		
Exposure		
Extravert		
Hotline		
Instinct		
Mental health		

SIMON TIME

Mind		
Mindful		
Need (noun)		
Neuroscience		
Neurosis		
Neurotic		
Openness		
Perception		
Personality		
Perspective		
Phobia		
Psychiatrist		
Psychoanalysis		
Psychotherapy		
Punishment		
Relaxation		
Self-help		
Session		
Stressor		
Support group		
To memorize		
To motivate		
To perceive		
To reinforce		
To trigger		
Trait		
Trauma		