



SELF- ADVOCACY PROGRAM OVERVIEW

Students completing the first two modules or **To High School and Beyond** will have a complete transition assessment. Schedule your training today by calling (574)234-7101 or emailing youthteam@insource.org. [Click here to enroll.](#)

MY IEP: LEARNING THE BASICS

Group Session

Students learn the answers to these questions:

- What is an IEP?
- What is a case conference meeting?
- Who is on my IEP team?
- Why is it important for me to participate in my own case conference?
- How can I be involved in creating goals for myself?

Individual Session

Students will discover their strengths and identify their accommodations.

Teachers/ Parents will receive:

- Worksheet of Concerns for Students
- Accommodation worksheet
- Certificate of Achievement

HEY, WHERE'S MY TRANSITION PLAN?

Group Session

Students learn the answers to these questions:

- What strategies improve my self-advocacy skills?
- What are my options after high school?
- How do I access community activities?
- How do I plan for my living arrangements after I leave high school?

Individual Session

Students use **Charting the LifeCourse** framework to explore self-advocacy across life domains.

Teachers/ Parents will receive:

- List Your Strengths worksheet
- Rate Your Self-Advocacy Skills form
- My Housing Choices form
- Things You Do in Your Community form
- Certificate of Achievement

TO HIGH SCHOOL AND BEYOND

Individual Sessions

Designed to help students on an alternate diploma track learn the answers to these questions:

- What are my strengths?
- What accommodations do I need now and after high school?
- Who can help me?
- How do I plan for my living arrangements after I leave high school?
- How do I access community activities?
- Who is on my IEP team?
- Why is it important for me to participate in my own case conference?
- How can I help create goals for myself?

Teachers/ Parents will receive:

- Strengths form
- When Do I Need Help form
- Who Helps You form
- My Housing Choices form
- Things You Do in Community form
- Certificate of Achievement