2026 Verve Retreat Schedule (as of 8/31/26)

All classes are 50 minutes unless noted otherwise

See Class Descriptions Here

Tuesday September 15

9:00 AM : Buses depart partner JCCs

12:00-2:00 PM: Check-in, lunch available in dining hall

2:00 PM-5:00 PM: Lake and pool open for boating and watersports (with lifeguard)

3:00 PM:

Centering All Levels Yoga class with Bari

Acrylic painting with Janine

4:30 PM: Seasonal cocktail/mocktail making workshop

5:30 PM: Happy Hour

6:15 PM: Dinner, Welcome to Camp!

7:30 PM: Trivia

9:00 PM: S'mores and singing around the campfire with Adam Hart

Wednesday September 16

7:00 AM- Noon: Espresso cart available

7:15 AM: Morning Meditation with Bari (20 mins)

8:00 AM: Hatha Yoga All Levels with Bari

8:00 AM –9:30 AM: Breakfast, morning announcements at 9 am

9:00 AM-5:00 PM: Pool, lake, pickleball courts open for the day

10:00 AM:

Advanced Movement and Tone with Jen

"High Holiday Concepts in Secular Music" lecture/performance with Adam Hart

11:00 AM:

Aqua Aerobics with Audrey (weather permitting)

Resin Jewelry Making Workshop with Janine

$18 per person; limited to 15 ppl

12:30 PM-1:30 PM: Lunch

2:00 PM: Holiday challah and muffin making workshop with Debra (90 mins)

$18 per person; limited to 15 ppl

2:15 PM: Stretch and Strength with Jen

3:30 PM: Dance Jam for the Soul with Bari

6:00 PM: Dinner, evening announcements

8:00 PM: Itay Dayan Band (klezmer, world music, and storytelling)

9:00 PM: Campfire and s'mores

Thursday September 17

7:00 AM- Noon: Espresso cart available

7:15 AM: Morning Meditation

8:00 AM: Hatha Yoga with Bari

8:00 AM – 9:30 AM: Breakfast, morning announcements at 9 am

9:00 AM: Lake, pool, pickleball courts are open

9:45 AM: Torah study with Rabbi Moshe

10:30 AM: Book Club discussion: "The Only Woman in the Room" by Marie Benedict

11:30 AM: Yoga Flow Express with Bari (30 mins)

12:00 PM: BBQ Lunch, group photo

2:00 PM: Checkout / Board buses for home