SIERRA COLLEGE

COURSE SYLLABUS – Fall 2026 - Mrs. Jennifer Jarrett Evans

Course Name:	● Sierra College - PSYC 0100 - General Principles of Psychology / DE Psychology 3-unit class
Course Description:	Introduction to the scientific study of behavior and mental processes. Explores major psychological theories and concepts, methods, and research findings. Topics include the biological bases of behavior, perception, cognition, and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology. Meeting M-F 208-3:30 (CSU, UC). This is a 3-unit class.
Materials:	● Textbook - **Experience Psychology** 5th Edition 2022, by Laura King (provided by Del Oro) ● Charged Chromebook with charger; I do not have chargers available ● Notebook or Binder with paper ● Pens and Pencils *optional: highlighters, colored pencils ● *Cell Phones will be put away during the class because they can be disruptive to learning.
Instructor Info. and Contact Information:	Being a fellow Golden Eagle graduate, I am excited to be a member of the Del Oro Social Science Department. I joined the Golden Eagle teaching staff in 2007. Before Del Oro, I spent some time working at Rio Linda High School. Following high school, I pursued a BA in History, a minor in Social Science, an MS in Psychology, and received my teaching credential at CSUS. This will be my fourth year teaching Psychology for Sierra, and **I am psyched** about the opportunity. In my spare time, I am out walking, running, enjoying a podcast, and traveling. Check out my Welcome Letter Link!
	● E-mail: jjarrettevans@sierracollege.edu ● Phone Number: (916) 652-7243 ext 1065 ● Del Oro Campus Room #: 1005 ● Office Hours T-F 11:30-12:04
Course Objectives and Student Learner Outcomes:	**Psychology 100** ● Using knowledge of research methods (e.g., experimental, correlational, case study) and ethical guidelines, evaluate the scientific evidence for psychological claims. ● Apply and critique psychology's major perspectives (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic, and sociocultural) as they relate to behavior and mental processes. ● Demonstrate knowledge and understanding representing breadth and depth in several content areas of psychology (e.g., but not limited to): 1) research methods; 2) biological bases of behavior and mental processes; 3) sensation; 4) perception; 5) cognition; 6) social processes
Course Expectations, Communication, and Philosophy	
The expectations I have for you are the same as you should have for me. o **Be Prepared:** Bring textbook, pencil, paper, and necessary materials. o **Be Respectful:** Everyone has a right to learn; I have the right to teach. o **Be On Task:** Class time is an opportunity for you to learn-- use it wisely.	
Professor Responsibilities	I enjoy an interactive class atmosphere and have a genuine desire to see you do your best. I communicate assignments ahead of time with the expectation of assignment completion so the class can engage in discussions, interactive lessons, and activities to enrich students' learning. I also strive for the course material to be engaging and meaningful to the students, beyond the classroom.

	● Work is typically graded within 1-2 weeks to provide feedback on learning and studying. ● I typically respond to emails within 24 hrs during the work week. I cannot guarantee a response over the weekend, so please plan ahead. ● My responsibility is to provide an environment that is conducive to learning. If I feel a particular conversation is becoming more distracting than productive discussion, I will certainly intervene. Everyone has the right to a constructive and safe learning environment.
Student Responsibilities	The class will consist of a variety of activities, including lectures, interactive lessons, research, partner/group work, and other activities. In order for the learning environment to be engaging, intellectually stimulating, and safe for everyone, student cooperation and assistance from every student is necessary to make this possible. ● Each student is responsible for monitoring his/her college email and announcements account 3 or more times a week using Canvas. This is the primary email account used to correspond with you directly by Sierra College; imperative program information is sent to this email account, specifically from the campus and program office. ● Students are expected to take the examinations on the designated dates. If you are unable to take the exam on the scheduled date, you are to make arrangements before the designated date. ● Your responsibility is to attend class, participate constructively, complete assignments, ask questions, and have fun! ● Your responsibility is to ask questions regarding your learning or concerns. When you need support, please reach out. Student Rights and Responsibilities Handbook
Dual Enrollment Information: **-Student Accessibility Services** **-FERPA**	Dual Enrollment is an opportunity to earn college and high school credits simultaneously. Because this course is a college course, several distinctions are important to understand. ● The college has full discretion in the course objectives, curriculum, textbooks, and materials. If the course material, objectives, or textbooks are of concern, please remember this is an elective course, and you can enroll in a non-dual enrollment course as an alternative. ● Dual Enrollment courses will be a part of your official college transcripts and will follow you after high school. ● If a student has an IEP or 504 Plan with accommodations, not all of those accommodations may be available. You will need to contact the college and register with Student Accessibility Services (SAS). ● The Family Educational Rights and Privacy Act (FERPA) protects the privacy of students and prevents instructors from providing information to parents and others unless a student signs a FERPA Waiver. If you wish to have your parents and/or others have access to your grades and progress in the course, please fill out a waiver form. ● Sierra College Canvas will be the grade reporting system and means of communication for this class.
Course Requirements and Grading	
Course Assignment and Evaluation	A student will be evaluated/weighted on the following basis: **Smartbook, and Connect Homework Assignments: (20%)** These assignments are skill-building interactives that provide feedback on expected student learning outcomes. ● Homework readings with textbook Connect questions are assigned nightly. ● Review Smartbook Assignments are assigned before Chapter quizzes. ● The assignment due dates are posted and expected to be submitted on time. ● Missing or late Smartbook, Connect Assignments, and Projects cannot be submitted late or made up for points. They are assigned to support learning and assessments. Please plan or contact me ahead of any due dates if there is a conflict with the assignment submission. **Quizzes: (20%)**

	Each Chapter's material will be assessed to provide information on the student's learning. ● Approximately 10 Quizzes are given over the term; please expect one every week ● The quizzes typically cover the most recent material, but can combine recent and review topics. ● A missed quiz will result in a score of 0. The only time to make up a quiz is with ***prior arrangements in advance***. The quiz can be made up the day before the assigned quiz during intervention. The two lowest quiz scores will be dropped. **Exams/Assessments/Projects: (60%)** Exams are based on 3-4 chapters of readings and material presented in class. ● Approximately ***5** Exams will be given throughout the semester and will be based on the information found in the textbook and presented in class. ● The exams will be both multiple-choice and a short writing prompt. ● There are NO make-up exams. An absence/missed exam will result in a score of 0 for that exam unless prior arrangements are ***made in advance.*** **Cell phones, smartwatches, earbuds, or smartglasses are NOT allowed** during exams, quizzes, or any other assessment, and you will not be able to leave the room during an exam.
Grading Scale:	Graded work will receive a numeric score reflecting the quality of performance as given above in evaluation methods. The overall course grade will be determined according to the following scale: *I do not round up. **DO grades will be the same as Sierra's, except for a 97%, which will result in an A+ on the Del Oro (DO) transcript. ● A= 90% - 100% ● B= 80% - 89% ● C = 70% - 79% ● D = 60% - 69% ● F < Below 59% *DE Psychology has a weighted GPA bump for your Del Oro transcript (5-point scale; A=5.0, B=4.0, & C=3.0 GPA)
Academic Honesty:	Cheating, submitting work that is not your own, or copying another student's work is contrary to the learning process and will NOT be tolerated. ● Cheating includes but is not limited to: o submission of work that is not your own o getting help on an exam or helping someone else on an exam o copying someone else's work or answers during a test, exam, quiz,\\ or assignment o using technology-based apps, cell phones, or any other online program (unless otherwise indicated that it is acceptable for it to be used) to submit work as your own. ● Cheating on an assignment/assessment will result in a zero for that assignment and possibly the failure of the course, and academic probation or suspension from the college per the Sierra College Academic Honesty Policy. Please see Sierra College Board Policy No. 5515 (Honesty in Academic Work) in the Student Handbook and the PUHSD/Del Oro Student Handbook for more information regarding cheating. **It's not worth it.**
Links to Support:	Student Services Sierra College Academic Calendar Sierra College Campus Life Sierra College Health and Wellbeing
Title IX	Sierra College is committed to providing a safe learning environment, free of harassment and discrimination, as described by Title IX, federal and state law, and District policies found on our website. It is my goal that you feel you can share information related to your life experiences in classroom discussions, in your written work, and in our one-on-one meetings, and I will seek to keep the information you share private to the greatest extent possible. However, as an instructor, I'm encouraged to connect students who share information about incidents of gender-based discrimination, violence, and harassment with a Title IX Campus Advocate who is a trained counselor. Through a referral to the Campus Advocates, students receive the best information possible regarding appropriate on- and off-campus support, services, resources, and options for filing a complaint. Additionally, our local community organizations provide confidential support

	and resources to survivors of sexual assault and intimate partner violence and are available 24/7. ● STAND UP PLACER (Placer County) (800) 575-5352 ● Community Beyond Violence (Nevada County) (530) 272-3467 ● Sierra Community House (Tahoe/Truckee) (800) 736-1060 ● WEAVE (Sacramento County) (916) 920-2952
Emergency Numbers and Procedures	Fire Medical, Police Emergencies Del Oro Campus Office 916-652-7243 Placer County Sheriff's South Placer Fire District Dial 911 IN THE EVENT OF A FIRE: If a fire or smoke is present, pull the nearest fire alarm. Anytime you hear a fire alarm, listen to instructions given and begin evacuation procedures. Instruct students to gather personal belongings. Gather attendance records. Using the evacuation routes available, proceed with class to the established gathering point in the opposite direction of smoke or fire. Wait with class at the gathering point until given further instructions by the appropriate emergency personnel or Del Oro Admin. DO NOT RE-ENTER THE BUILDING until instructed to do so. IN THE EVENT OF A COMMAND TO EVACUATE: Instruct students to gather personal belongings. Gather attendance records. Proceed with class to the established gathering point. Report to emergency staff assigned to supervise the gathering point. Wait with class at the gathering point until given further instructions by the appropriate emergency personnel. IN THE EVENT OF A COMMAND TO “LOCK DOWN” Close all doors and lock. Closer all blinds and drapes. Turn off any unnecessary equipment. Keep everyone away from all windows. Instruct students to remain as quiet as possible. Do not allow anyone to leave until notified by emergency personnel. Ask students to turn cell phones off to free up frequencies for emergency personnel. IN THE EVENT OF A COMMAND TO SHELTER IN PLACE Follow all steps identified for lockdown. Ensure that all ventilation is either closed or shut down. PLEASE REPORT ANY SPECIAL CIRCUMSTANCES OR LIMITATIONS THAT MAY INTERFERE WITH YOUR ABILITY TO EVACUATE IN AN EMERGENCY.

Syllabus Disclaimer :

This syllabus is intended as a set of guidelines for this course, and the instructor reserves the right to make modifications in content, schedule, and requirements as necessary to promote the best education possible within conditions affecting this course. Any changes to the syllabus will be discussed with the students.