

Sunday OODA - Loop 2/18/2024

1. Lessons Learned

This last week was a great week! Finishing the Agoge program was both exciting and really challenging! Monday, reaching out in person to some businesses got me the first client! Here are some lessons from this week:

- a. Just take a small step at the time and you will figure it out as you go!
- b. I am able capable of much more that I had previously thought;
- c. Reading every day my Driving purposes and Agoge Identity is a powerful reminder to keep me on track and working hard;
- d. The moment I start 'relaxing' and 'taking it easy', I am not as productive and I start wasting time.

2. Victories Achieved

- First big one is landing my first client!
- Everyday I did a few hundred pushups and Friday reached 1100!
- I woke up early and studied everyday;

3. How many days you completed the #1 daily-checklist last week

- 6 days out of 7. One day I missed reviewing my notes or studying copy

4. Goals for next week:

- Monday I will have a meeting with my client to learn about them, their goals, problems etc. My goal is to get the information I need in order to come up with an effective plan!
- By the end of the week to have at least the first draft of my plan;
- I started learning JavaScript so this coming week I want to take 2 hours everyday for that
- Doing my checklist

5. Top question/challenge

My challenge right now is obviously dealing with my client. I want to do a thorough job researching and finding the problems and roadblocks they have. They have mentioned that they have tried some things in the past and that they started to lose heart, because it did not bring the results they had hoped

for. SO this is my chance to deliver good results and bring back the hope and joy that they had lost! It is challenging and scary but a great opportunity at the same time.